



GREWALLA

protecting your rights 517.393.3000







Choose Well. Live Well. Presentation

Seniors and their adult children are invited to learn about the various senior care options over a complimentary luncheon or dinner, and an informal Q and A with an area expert.

Tuesday, May 21, 11:30AM with complimentary luncheon

Wednesday, May 29, 5:30PM with complimentary dinner

held at at the NEW Courtyard at Delta Temporary Sales Center located at 635 East Saginaw Hwy. in Grand Ledge.



for the presentation or schedule an appointment by contacting SarahKate at (517) 775-6217 or by emailing svanauker@encorecares.com.



Currently under construction at 350 South Marketplace Blvd. in Lansing, MI, tucked in behind The Marketplace at Delta Township.









Entertainment on Friday

East Lansing School of Rock. Live Painting with Ari Simone. Dancing with the Nordés. JP & The Energy.

FRIDAY 5.17.2024 | LANSING SHUFFLE | 11:00 AM - 11:00 PM Come celebrate the art, food, and music of the 517 at Lansing Shuffle, located at 325 Riverfront Drive, Lansing, MI 48912.

Entertainment on Saturday

All of the Above Hip Hop Academy. Celebrating 50 years of Everett Dance. Sean Mic. Black Barn Band. Starfarm.

SATURDAY | LANSING CAPITOL | 5.18.2024 | 11:00 AM - 7:00 PM
Come celebrate the Best of Lansing at the State of
Michigan Capitol, brought to you by Lansing 5:01 and
City Pulse.

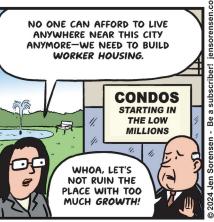
One Area Code, Two Days, Lots to Celebrate

A family-friendly, free-to-attend event full of fun, music, & great food, celebrating what's great in the 517 www.517Day.com

GROWING HYPOCRISY WE LIKE TO SEE MARKETS GETTING BIGGER AND BIGGER! INFINITE GROWTH, YAY!







CityPULSE

(517) 371-5600 • Fax: (517) 999-6061 • 1905 E. Michigan Ave. • Lansing, MI 48912 • www.lansingcitypulse.com

16



LSO to tackle Mozart, Rachmaninoff and more at season finale



Vocalist Ben Hall talks upcoming Bob Seger tribute show



How to deal with long-forgotten frozen meat

Cover illustration by Dennis Preston

ADVERTISING INQUIRIES: (517) 999-5061 or email citypulse@lansingcitypulse.com CLASSIFIEDS & OBITUARIES: (517) 999-6704

EDITOR AND PUBLISHER • Berl Schwartz

publisher@lansingcitypulse.com ● (517) 999-5061

GENERAL MANAGER ● Steve Underwood

steve@lansingcitypulse.com • (517) 999-6704

ARTS & CULTURE/EVENTS EDITOR ● Nicole Noechel

nicole@lansingcitypulse.com ● (517) 999-5066

SENIOR STAFF WRITER ● Lawrence Cosentino

lawrence@lansingcitypulse.com ● (517) 999-5065

STAFF WRITER • Tyler Schneider

tyler@lansingcitypulse.com • (517) 999-5063

STAFF MEMBER • Chris Silva

chris@lansingcitypulse.com • (517) 999-6706

SALES EXECUTIVE ● Lee Purdy

lee@lansingcitypulse.com ● (517) 999-5064

Contributors: Dedria Humphries Barker, Bryan Beverly, Taylor Blair, Rob Brezny, Capital News Service, Bill Castanier, Ryan Claytor, Mary C. Cusack, Lizy Ferguson, Roxanne Frith, Mark Gmazel, Ari LeVaux, Gabrielle Lawrence, Audrey Matusz, Kyle Melinn, Joan Nelson, Tessa Paneth-Pollak, Tom Perkins, Dennis Preston, Chelsea Lake Roberts, Jen Sorensen, Nevin Speerbrecker, Rich Tupica, David Winkelstern

Delivery drivers: Quill Blankenship, Cindy Heistand, Curtis Lauck, Terri Paine, Diane Scofield





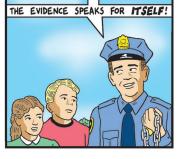
WELL KIDS, WE LAW ENFORCEMENT PROFESSIONALS CAN'T TAKE ANY CHANCES! PUBLIC SAFETY IS OUR TOP PRIORITY-AND THESE PROTESTS SEEM TO BE ATTRACTING SOME PRETTY NEFARIOUS CHARACTERS!



by TOM TOMORROW

LOOK--HERE'S A SPECIAL KIND OF CHAIN THEY USED TO LOCK THE DOORS OF THAT BUILDING AT COLUMBIA! ONLY PROFESSIONAL PROTESTERS KNOW HOW TO GET AHOLD OF SOMETHING LIKE

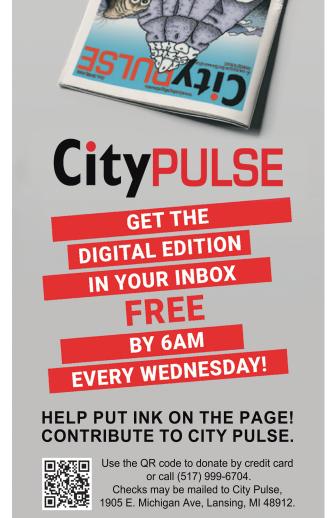












PULSE TANAL NEWS & OPINION

Three Dems vie for Meridian Twp. clerk post with incumbent sidelined

With the incumbent out of the race, three candidates are running for the Democratic nomination for Meridian Township clerk in the Aug. 6 primary election.

Republican Patty McPhee is running unopposed in the Republican primary, but given the township's swing to blue in the last 10 years, the Democratic outcome is likely to determine the next clerk.

Angela Demas, Mike McCurdy and Emily Stivers are the three Democrats vying to be on the General Election ballot Nov. 5.



Guthrie

The field shrank by one in mid-April when Deborah Guthrie, who was elected clerk in 2020, formally withdrew a writein bid for reelection to a third term.

Ingham County Clerk Barb Byrum disqualified Guthrie in early April, saying she had not paid \$175 in a required fee and submitted an affidavit that said she had paid. Guthrie said she had misinterpreted a portion of the affidavit, according to WLNS Channel 6 News.

Guthrie's post-election plans are up in the air, and she's OK with that, she told City Pulse.

"There could be a mass exodus of clerks," Guthrie said, "and there could be a mass exodus of boomers retiring from corporations and government."

Guthrie, who is serving her first term after defeating incumbent Brent Dreyfus in the 2020 Democratic primary, is mulling those possibilities as she sharpens her resume and crafts a cover letter.

"I believe and know there is life out there after being at Meridian for almost 30 years," she said, chuckling when she recalled telling township interviewers in 1998 she planned to stay five years. Guthrie served as communications director before she was elected clerk.

Guthrie's would-be successors draw on experience gained both close to home and far away.



McPhee

R e p u b l i c a n McPhee is running unopposed.

McPhee, a self-described fiscal conservative, said her decision to run for clerk came not long before the fil-

ing deadline.

"I decided to run after watching the chaos at Meridian with current clerk Guthrie and (former manager) Frank Walsh," McPhee said. Walsh recently resigned as township manager with a short-term agreement to consult.

"Something needs to change in this township of 100% Democratic voices. I was asked to step up, and I said yes."

The township has had two formidable Republican clerks in recent memory: Virginia White (1972-97) and Mary Helmbrecht (2000-12). Dreyfus won the post in 2012. The Clerk's Office has been in Democratic hands ever since.



McCurdy

Lansing.

McCurdy, 49, comes from a nonprofit background that has taken him from remote settlements in South America to the woods of northern California to East

The longtime township resident said he is proudest of his work as an activist and an organizer, especially as part of the Michigan Peace Team between 2000 and 2003.

McCurdy has honed his management and organizational aptitude over a lifetime but especially during 17 years as the facilities director of the Spartan Housing Cooperative. He was able to draw upon skills gained running his own construction firm, including the hiring and management of laborers and subcontractors.

"I learned to manage people, budgets and bureaucracy effectively and efficiently," McCurdy said.

"The skills of managing people and mapping out projects to ensure adherence to strict deadlines are skills I plan to draw on heavily as clerk in Meridian Township."

Interests in environmental issues and human rights proved to be a natural pathway for McCurdy to become involved in grassroots politics. He co-founded the Progressive Caucus of Mid-Michigan and has been an elected member of the executive committee of the Progressive Caucus of the Michigan Democratic Party since 2018.

"The democratic process is precious to me," McCurdy said, "and as clerk I will never fail in my duty to run free and fair elections."



Stivers

Stivers, 42, was elected Ingham County commissioner from Haslett in 2018 for one term and ran unsuccessfully for state representative in 2022. She served

on the township's Zoning Appeals Board of Appeals and the Planning Commission for a total of six years.

Stivers, 42, said she has a "lifelong dedication" to free and fair elections and a background that includes managing both small businesses and large offices and running outreach campaigns at multiple levels.

She holds a master's degree in public policy from the University of Michigan and graduated Phi Beta Kappa from MSU's James Madison College in 2003. She works part time for Michigan State University training health-profession students on patient care.

"I care deeply about election integrity and the issues facing the Clerk's Office," she said.

Stivers said she can spur already high young voter turnout by expanding the township's communications network to include awareness-raising campaigns on sites like Nextdoor. com and Instagram "and continue to simplify the language around, and process for, how we vote."

She is especially concerned with making sure MSU students who live in Meridian Township know where to vote. "In 2022, too many did not realize they vote here, not on campus. The numbers turned away at the East Lansing polls, who did not subsequently bother to figure out where they should go, are disturbing," she

said.



Demas

a 2020 Okemos High School graduate who earned a bachelor's degree from Michigan State University in 2023 and is

Demas, 21, is

an elections assistant in the Delhi Township Clerk's Office.

Her leadership experience includes serving as a representative for the Associated Students of Michigan State University on behalf of the Alliance of Queer and Allied Students and as the Professional Chairwoman for Delta Phi Epsilon Professional Foreign Service Sorority, MU Chapter.

She has been part of voter registration and get-out-the-vote efforts during the last three elections and has worked in communications and the field and on research for many Michigan leaders, including Gov. Gretchen Whitmer, former Sen. Curtis Hertel and Reps. Julie Brixie and Kara Hope

Demas recalls two points in her life that inspired her in public service. The first came as a high-school freshman after Donald Trump won the 2016 presidential election.

"I brought a sign to school protesting his agenda and was bullied by some older students," she said. "But several of my classmates told me my sign made them feel less alone."

The second came in 2023 in the wake of the shooting that left three MSU students dead. Demas had been near Berkey Hall that night, and a friend was injured in the shooting.

The uncertainty of life pushed up Demas' timetable.

"I had thought about running for office someday," she said. "But I think my generation has something to contribute right now."

– DAWN PARKER

6 www.lansingcitypulse.com City Pulse • May 8, 2024

REVIND NEWS HIGHLIGHTS FROM THE LAST 7 DAYS



COMPILED BY STEVE UNDERWOOD FROM LOCAL NEWS SOURCES

Jaquez Moye-Young, a 14-year-old student at Eastern High School, was shot and killed Saturday in north Lansing. He was found on West Oakland near the U-M Health-Sparrow's St. Lawrence campus and was pronounced



dead at Sparrow Hospital on Michigan Avenue. Police have made no arrests as of Tuesday morning. It's Lansing's fifth homicide this year, all since April 10.



Seth Waxman, a vice chair of the Mason Planning Commission, was arrested Saturday in Bluffton, Indiana, on felony charges of child solicitation to engage in sexual intercourse and drug possession. The arrest was livestreamed on Youtube by Predator Catchers Inc. He entered a not guilty plea when he was arraigned Monday and has resigned his position in Mason.

Muhammad El-Amin, 36 and a teacher and basketball

coach at Holt High School, was arrested Thursday in one of several child sex stings conducted last week by multiple Lansing-area law enforcement agencies. He was arraigned Friday in 54-A District Court on one count of child sexually abusive activity, two counts of computers-internet-communi-



cating with another to commit a crime, and accosting children for immoral purposes — all felonies. El-Amin was placed on administrative leave. He will face a probable cause hearing May 17 and preliminary hearing May 24.



Lansing's City Council unanimously approved Monday the appointment of Greg Venker, 41, as city attorney after delaying a vote on Mayor Andy Schor's choice for nearly a month. The Council tabled a resolution to appoint Venker as James Smiertka's successor April 8 after some members wanted more time to meet with the candidate. Venker, who

served as interim city attorney, spent nine years practicing law in Wisconsin, including six as a state prosecutor and three at a private law firm. Smiertka, 78, served from 1994 to 2004 and again from 2016 until March.

The city of Lansing began Monday demolishing the former National Guard building at 2500 S. Washington Ave. to make way for building a \$175 million public safety complex. City officials broke ground last October for the complex, which will



include the Lansing Police Department's new headquarters, its lockup facility for short-term prisoners, a relocated fire station and the 54A District Court. The National Guard building has

housed the city's elections office and the Lansing Public Media Center for more than 14 years. It also features a large mural by Max Sansing that may be reproduced in the future. Bricks are available free at the site.



Meridian Township Supervisor Patricia Herring Jackson submitted her resignation to the township board effective Thursday (May 9) without explanation. Jackson was appointed in 2022 after the death of Ron Styka and elected that fall to serve out his term, but she did not file

death of Ron Styka and elected that fall to serve out his term, but she did not file for reelection this year. Trustee Scott Hendrickson filed for the post and is running unopposed in the August Democratic primary. No Republican has filed.

A new sign reading University of Michigan Health-Sparrow Michigan Medicine was placed 10 stories high on the downtown Lansing hospital Saturday to acknowledge Sparrow Health System's



official 2023 merger with University of Michigan Health network. Universal Sign Systems used two cranes to hoist the sign, which also included the block "M" logo. The name change happened April 1, but it may take another year for all the signage, websites, paperwork and other Sparrow artifacts to be upgraded, officials said.



Costs of the investigation into bullying and misconduct claims by MSU trustees are estimated to be approaching \$2 million. An invoice obtained by the Lansing State Journal shows that Miller & Chevalier billed MSU \$1.4 million for its work through Janu-

ary. The board asked Gov. Gretchen Whitmer in March to consider removing Trustees Rema Vassar and Dennis Denno. The board has been billed for at least \$22,000 in travel and meal costs for attorneys and their staff traveling to interview board members and others.

Eaton County Prosecutor Douglas Lloyd said Friday that three members of the county's Sheriff's Office were justi-

fied in using deadly force when they shot and killed Garrett Freeman on Jan. 11 in a rural area near Sunfield. Freeman, 33, of Mulliken, pointed a gun and fired in the direction of Lt. Preston Dahlgren and deputies Shelby Studley and Randi Lane during the incident. The shooting stemmed from a domestic assault investigation, which followed an altercation between Freeman and his ex-girlfriend in which he drove his vehicle into hers.







MSU Zodiac sculptures

Steve Robinson, president of Lansing Community College and a graduate of Michigan State University, was recently reminiscing on Facebook about one of his earliest memories of visiting MSU and seeing the large modernist art pieces displayed on the sides of two buildings in the Brody Complex.

The sculptures were created in 1957 by two Midwestern artists, Doris Hall and Kalman Kubinyi, a husband-wife team. Their idea was to create 12 sculptures representing the signs of the Zodiac. Three of those sculptures were completed and installed on Butterfield and Bailey halls (Pisces, Aries and Aquarius). But controversy derailed the other nine signs, according to Kurt Dewhurst, a longtime MSU folklife curator and co-author of "Buildings, Places, Spaces: Architecture and the Campus Park of Michigan State University."

Robinson said in his post he first noticed the illuminated sculptures from a car window while driving through campus at night.

I really gave those sculptures little thought when I attended MSU since I lived on East Campus and most of my classes were on Central Campus. I was only in a Brody Complex Dormitory one time in my MSU career.

Today, it is difficult to see the sculptures from Harrison Road since some large trees obscure them when they leaf out.

The Brody Complex and the individual dorms in the complex are named for MSU luminaries from the early days of the college and most of the namesakes were involved in the teaching of agricultural sciences. Brody Complex, which comprises six residence halls, was constructed in the mid-1950s on the site of a former dump.

- BILL CASTANIER

Public Art of the Week is a new feature that rotates with Eyesore of the Week. If you have an idea for either, please email eye@ lansingcitypulse.com or call (517) 999-6704.

East Lansing fair housing reform is needed to protect basic civil rights

(This guest column was written by retired Ingham Court Judge James R. Giddings; attorneys Eric Williams and Patrick Levine Rose; Nell Kuhnmuench, J.D.; and veterinarian Kath Edsall.)

A recent City Pulse story (April 24) accurately described how East Lansing homeowners can face large fines or misdemeanor penalties for inviting long-term guests to live in their homes.

East Lansing defines most unrelated persons occupying or living in a home after 30 days as tenants. A group of residents proposed the following charter amendment to fix the problem.

Our ballot language reads:

Opinion

Opinion

"The Amendment states the City shall not restrict relationships of persons living together as a household or residing in homes, or interfere with rights of owners to live with persons of their choice, so long as they are not rent-paying tenants. The City will make zoning and rental records public. The City must give advance notice of housing penalties. Repeat violations of zoning and rental laws can be a misdemeanor if knowing and intentional. Persons in federal service get a house-sitting exemption from rental laws. The City shall use state law to define "renter, "rental unit," "lease," "tenant" and 'occupancy."

In response, Council member Erik Altmann wrote an April 29 letter stating our amendment "eliminates" the progressive and inclusive definition of family in the City Code. That statement is not true. We emailed Altmann and other city officials on April 17 with our final amendment language, which keeps the current definition of family in the city code. In fact, our amendment strengthens homeowners' ability to decide whom to invite into their homes. Altmann wants to keep a law criminalizing those choices.

The City Code presumes any occupant living in the home over 30 days is a tenant if the individual does not fall within the city's narrow definition of family or domestic unit whether they pay rent or not. Homeowners in some neighborhoods, but not all, can apply for rental licenses for such guests — at a cost of \$1,550. In other parts of the city, no rental license can be

obtained to allow long-term guests to live in your home.

We heard from East Lansing homeowners who cannot help a friend in need under current law. A friend may be trying to escape an abusive spouse. An unrelated, unemployed friend may need a short-term place to live. A family may need a place to live after losing a home to foreclosure. An unrelat-

ed East Lansing High School student or a refugee with asylum status may need a place to live. Homeowners cannot

invite visiting scholars to live as guests. The city currently criminalizes owners and these relationships and subjects them to a fine. The amendment fixes this by allowing unrelated persons who do not pay rent to be lawful guests.

There are narrow exceptions that allow guests to live in homes without a rental license for clergy, prescribed caregivers, exchange students, domestic servants paid 40 hours a week, estate representatives, etc. But these narrow exceptions do not cover the above situations and many others.

Altmann also misrepresented our proposed amendment when he wrote it that "will allow investors to gobble up homes to turn them into student rentals." Our amendment does not change city laws that now prevent single-family homes from being turned into student rentals. Our amendment does not eliminate the city's rental housing license restrictions on persons who pay rent to live in a house.

What Altmann is advocating is continuing to criminalize residents' choice to live with long-term guests who pay no rent. Voters are smart enough to resist fear-mongering by city officials who warn of an explosion of student rentals across the city. We can protect our civil right to decide whom we live with while not charging rent. The ballot proposal will not change much in East Lansing's current zoning law. It is one small step toward a more progressive and inclusive city. This proposal recognizes the rights of property owners to have houseguests of their choice in their homes without being asked to pay thousands in fines to an intrusive city government.

East Lansing rental regs are progressive and necessary: Beware of 'reform'

ERIK ALTMANN and MARK S. MEADOWS

(The writers are members of the East Lansing City Council.)

East Lansing residents should take note of a ballot initiative underway that, if successful, would overturn the rental regulations that have served the city well for the last 25 years.

Our rental regulations rely on a longstanding and progressive definition of a "family" in the City Code. The petition being circulated proposes a charter amendment prohibiting the city from using this definition to regulate rental properties.

If the proposed amendment is adopted, it will overturn the "rental restriction overlay districts" that limit new rental licenses in many of our neighborhoods and the policy that no more than two unrelated persons can live as rental tenants in a single-family dwelling. Our rental occupancy rate, which exceeded 60% in the last census, will rise sharply again.

When these regulations began to take shape in the mid-1990s, neighborhoods close to campus were rapidly converting into rentals. Families were fleeing the noise and congestion, which affected nearby businesses. The children left with their families, which affected the school system. It was a downward spiral, and the proposed amendment would take us right back to that time.

Our regulations were carefully designed to stem this tide of conversions of single-family homes into rentals. They were also designed to protect the growing number of renters, by requiring landlords to follow building and safety codes. Finally, they were designed to accommodate families of all shapes, sizes and configurations to avoid interfering with family life for those who wanted to stay in East Lansing.

In an April 24 article, City Pulse described the proposed charter amendment in misleading and inaccurate terms, accepting the proponents' characterization as an effort at "reform." In fact, the proposed amendment is not about reform at all.

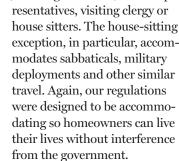
The key provision of the proposed amendment reads, "The City shall not restrict in any way relationships of persons living together as a household or residing in a home" That may sound desirable, but it preempts our definition of family, throwing our rental regulations into chaos.

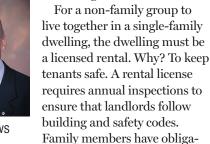
Our definition of family is broadly inclusive and something to be proud of, not preempt. A wide array of legal and biological relationships can be a family — and so

can a "domestic unit," which is any relationship "having a distinct domestic character or a demonstrable and recognizable bond." A domestic unit might include unmarried couples with or without children, adoptees or stepchildren, distant relatives, friends convalescing from an injury or any other committed or mutually supportive relationship you can imagine.

A rental license is expressly not required

for live-in caregivers, live-in childcare providers, live-in housekeepers, exchange students, estate rep-







Altmann

Opinion

Meadows

tions to one another and can take care of themselves without this oversight. The proposed amendment would allow any number of unrelated persons to live in a dwelling without a homeowner present and without a rental license or safety inspections, creating unregulated and dangerous living conditions for tenants.

Our rental regulations are flexible, forward-thinking and effective. They've stabilized neighborhoods, kept people safe and made it possible for a diverse mix of people to benefit from living close to campus and downtown.

If they go away, the intense pressures of a Big 10 community on the local housing market will remain and will determine the outcome. East Lansing will change a lot in a short time to the benefit of no one but landlords. Beware of solutions in search of a problem.

We encourage readers interested in learning more to review the at-a-glance information sheet on the webpage describing East Lansing's rental regulations (https://www.cityofeastlansing.com/696/Residential-Rental-Restriction-Overlay-D).

8 www.lansingcitypulse.com City Pulse • May 8, 2024

University Activities Board presents the

60TH ANNUAL DIAMOND JUBILEE



SPRING

Arts & Crafts Show

Saturday, May 18 | 9 a.m. to 6 p.m. Sunday, May 19 | 10 a.m. to 5 p.m.

MSU Union Grounds | **FREE ADMISSION**

For more information, visit **uabevents.com**.







STATE OF MICHIGAN OFFICE OF THE INGHAM COUNTY DRAIN COMMISSIONER

In the Matter of: Unruh Drain

NOTICE OF MEETING OF BOARD OF DETERMINATION

NOTICE IS HEREBY GIVEN to you as a person liable for an assessment that the Board of Determination, comprised of Paulette Hatchett, John Leonard, Dennis Williams, and Mary Pollock (Alternate), will meet on Monday, May 20, 2024, at 6:30 p.m. at the Meridian Charter Township Hall, 5151 Marsh Road, Okemos, MI 48864, to hear all interested persons and evidence and to determine whether the actions prayed for in the Petition dated April 16, 2024 that the Unruh Drain be located, established and constructed under the provisions of Chapter 4 of Public Act 40 of 1956, as amended, to alleviate drainage issues in the Drainage District is necessary and conducive to the public health, convenience, or welfare in accordance with Section 72 of Act No. 40, PA 1956, as amended.

Proceedings conducted at this public hearing will be subject to the provisions of the Michigan Open Meetings Act. You are further notified that information regarding this meeting may be obtained from the Ingham County Drain Commissioner. Persons with disabilities needing accommodations for effective participation in the meeting should contact the Ingham County Drain Commissioner at the number noted below (voice) or through the Michigan Relay Center at 711 (TTY) at least 24 hours in advance of the meeting to request mobility, visual, hearing, or other assistance. Minutes of the meeting will be on file in the following office: Ingham County Drain Commissioner's Office, 707 Buhl Avenue, Mason, Michigan 48854

YOU ARE FURTHER NOTIFIED that persons aggrieved by the decision of the Board of Determination may seek judicial review in the Circuit Court for the County of Ingham within ten (10) days after the determination. If the actions prayed for in the Petition are determined to be necessary and conducive to the public health, convenience, or welfare, a special assessment may be levied against properties that benefit from the project. A landowner, or party of interest in property to be assessed, or their agent, may appear in person to comment on the necessity of the project.

Dated: May 1, 2024

Patrick E. Lindemann Ingham County Drain Commissioner Phone: (517) 676-8395

CP#24-504

Passing auto insurance reform now can avoid needless complications later

Behind the scenes, some House Democrats have considered withholding their support for the state budget until the majority votes on reforming the state's auto insurance law to assist victims of catastrophic

Multiple sources have confirmed a split in the Democratic caucus over whether the sole focus should be on taking the safe votes needed in an election year to help retain the majority or whether more policy reform votes are needed to bolster the Democrats' political case.

The differences of opinions have resulted in at least one long closed-door caucus, and they come as the House prepares to take votes on next year's spending plan.

Several Democrats are anxious about taking up a partial rollback of the 2019 no-fault auto insurance reform RIGHT NOW

Every day that goes by is another one these critically injured survivors — many of whom are quadriplegic or have limited mobility — are needlessly suffering because the network of care has deteriorated.

They can see what's coming down the pike:

- 1. The budget sucks up all the oxygen in the room for the rest of May.
- 2. The Detroit Regional Chamber's Policy Conference after Memorial Day
- 3. A mad rush to work out a House and Senate budget compromise by June 27
 - 4. Summer break
- 5. A light September: a get-back-together mop-up session
 - 6. Fall campaigning
 - 7. Election
 - 8. Lame duck madness
- 9. The end of the year: Republicans back in charge?

Where would there be time to help the catastrophically injured if not right now? Put up the Senate bills for a vote. According to the Michigan HomeCare and Hospice Association, the votes are there to pass it on the House floor. Why wait?

If it was only that easy.

House Speaker Joe Tate and House Majority Leader Abraham Aiyash are from Detroit. Aiyash said he pays \$3,500 a year (\$291.67 a month) for his auto insurance. Tate and his constituents probably pay something similar.

So, if auto insurance is returned to

the table, their top priority is giving their constituents some legitimate rate relief. The 2019 auto insurance reform didn't do it.

Nearly five years since Gov. Gretchen Whitmer signed the bill, Detroit-area residents still pay twice the premium costs as other Michigan drivers.

Aiyash mentioned a policy that bans setting rates based on geography and credit score. Insurance companies warn that this would spread costs to the suburbs, which could rub other Democratic members' constituents the wrong way and chase away otherwise supportive Republicans.

Suddenly, a quick fix or an easy vote becomes more complicated.

Increasing reimbursement rates for auto accident survivors means higher auto insurance rates. It's a hard pill to swallow for a population already paying some of the nation's highest rates.

Why? According to the state insurance regulators, Michigan remains the only state that offers unlimited benefits to accident victims.

For years, Democrats pointed the fingers at the big, bad insurance companies. They were allegedly getting fat on Michigan consumers. Whitmer's insurance regulators hired actuaries for the first time to flyspeck every auto insurance rate filing.

The upshot? The rates were all "reasonably justified."

Meanwhile, as the Democratic-led House is heading into an election year, the majority would prefer not to pass legislation that Republicans could claim would raise Michigan's already high auto insurance rates even more.

How do you raise reimbursement levels for the catastrophically injured while lowering our auto insurance rates?

If Democrats withholding their support on the budget for an auto insurance reform vote can thread that needle, they'll have accomplished something many, many, many legislators have tried and failed to do: They will have successfully made the case for why Democrats deserve to be in the majority for another two-year term.

Until then, the 56 Democrats will need to hold hands and pass a budget so leadership doesn't have to give away its priorities in order to pass a budget with Republican support.

Now, that's something all Democrats can agree they don't want to do.

(Email Kyle Melinn of the Capitol news service MIRS at melinnky@ gmail.com.)

ARTS & CULTURE TO LANDAL ART-BOOKS-FILM-MUSIC

Girls, boys and toys

Lansing Symphony Orchestra taps into youth in season finale

By LAWRENCE COSENTINO

There are many reasons to be intimidated by the energy and prodigious musicianship of Harmony Zhu, the featured piano soloist at the Lansing Symphony Orchestra's season finale on Friday (May 10).

But she won't let you be intimidated. She just wants to share some great music.

"I'm doing something I really love," she said. "It's not work. I just feel very lucky to be able to do what I do."

She also does uncannily accurate bird calls, a talent she'll readily share, along with her enthusiasm for birding and nature.

But don't let her charm you out of your awe. Every two years, the Lansing Symphony features a young pianist from the biennial Gilmore Piano Festival in Kalamazoo. They've all given spirited and skillful performances, but Zhu is in a class of her own.

At 18 years old, she's been devouring Wolfgang Amadeus Mozart's Piano Concerto No. 23 for almost 14 years, from the profound depths of the slow movement to the brash brio of the finale. She first played it when she was 5—her first orchestral performance. She'll happily tackle it again on Friday.

"I go way back with this concerto," she said. "It's so beautiful, and I feel a special bond with it."

Zhu carved a legend into the classi-

Lansing Symphony

Featured soloist

Harmony Zhu, piano

Wharton Center Cobb Great

750 E. Shaw Lane, East Lansing

Orchestra

Friday, May 10

\$18.50-\$66.50

(517) 487-5001

lansingsymphony.org

7:30 p.m.

cal music world in 2022 when she filled in as a soloist with the Illinois Philharmonic Orchestra on one day's notice, playing Sergei Prokofiev's thundering third concerto. She was 16.

She took the grand prize at the 2015 Chopin International Piano Competition in Connecticut, with the

double distinction of earning the highest score in the history of the competition and being the youngest person ever to win.

She's also a chess prodigy. She started competing in tournaments with adults



ourtesy photo

Pianist Harmony Zhu has been devouring Mozart's Piano Concerto No. 23 since she first played it at 5 years old. She'll happily tackle it again as the featured soloist at the Lansing Symphony Orchestra's season finale on Friday (May 10).

at 6 years old and became a World Youth Chess champion at 7. No wonder she was the subject of intense curiosity at California's Simms/Mann Institute Think Tank, an annual convention of neuroscientists who study brain development in children.

People often ask her if she came from a family of musicians, or if she was forcefed a musical life from an early age.

The answers are an emphatic "no" and "no."

"Nobody in my family is a musician," she said. Her name was intended to connote "peace and harmony" and has

nothing to do with music.

Zhu became fascinated by the piano at 2 years old, when her grandmother retired from teaching and bought an upright.

"I was fascinated by how this big piece of wood could make beautiful sounds," Zhu said. "It was like this huge toy for me."

She climbed onto the bench, "had fun with it and just kept on playing."

She taught herself to read music and started in on a nocturne by Frédéric Chopin at 4 years old.

"I loved that nocturne," she said. "I really connected to Chopin."

Among her teachers was the legend-

ary Emanuel Ax, with whom she shares the rare combination of towering talent and disarming humility.

She recreated a lesson, using her bird mimicry skills to do a note-perfect imitation of Ax's lilting voice. "Why did you play such a polished piece for me?" she asked, à la Ax. "I don't have much to say. It's going to be a very short lesson."

"He's very funny and humble," Zhu said.

Being named a 2024 Gilmore Young Artist has opened a new world to her. At an April 26 recital in South Haven, she rampaged through an ambitious slate of music by feverish mystic Alexander Scriabin, arch-romantic Robert Schumann, classical paragon Franz Joseph Haydn and, of course, her beloved Chopin.

"The audience was so passionate, so kind, and I got to meet a lot of them," she said

Some were Zhu fanatics. One couple told her they took a multi-hour flight to Michigan to catch her recital.

She also played Sergei Rachmaninoff's second piano concerto with the Kalamazoo Junior Symphony Orchestra on April 21.

"I really enjoy the process, getting to meet new people every time I go to a concert or festival," she said.

At Friday's gig, she looks forward to having musical conversations with the orchestra as they toss Mozart's colorful melodies back and forth.

"The second movement is one of the most beautiful and profound things in Mozart's work," she said. "When you hear it, it's something you'll never forget. I love that he follows immediately with one of the most upbeat and energetic things he wrote, a perfect finish."

Friday's concert also features Rachmaninoff's third symphony, but the 20th-century Russian master has gotten more than his fair share of ink over the years. That's not the case with "Luster," a dynamic 2018 work by LSO composer-in-residence Jared Miller, his first orchestral commission.

Longtime Detroit Symphony Orchestra music director Leonard Slatkin celebrated his final season by commissioning young composers to write new works for the orchestra. One of Miller's composition teachers, Pulitzer Prize-winning composer John Corigliano, recommended him to Slatkin.

Zhu called the piano a "huge toy," but Miller got himself a much bigger one. Friday's performance will include all the bells and whistles deployed in the 2018 Detroit premiere of "Luster," including mallet percussion, harp and a water gong.

"The percussionist repeatedly hits a gong and gradually lowers it into water while they're hitting it, and it changes the acoustics, so it sounds a lot like an electronic filter," Miller said. "I love that effect."

"Luster" swells from fragile glimmers and swirls to an overwhelming wave of sound that throbs with strange pulsations, reverberations and other effects. You'd swear the orchestra was being augmented electronically, but Miller asserted that every wow-wow, vleep and eee-beee-bee will be generated acoustically.

He joked that it's "a more expensive way of achieving electronic effects," but there's a serious purpose behind it.

"It's a live performance," he said. "Having all these amazing musicians on the stage putting themselves into it, that's so exciting to me — and, I hope, thrilling to the audience."

New book takes readers back to an era of automotive artistry

By BILL CASTANIER

The new coffee-table-style art book "Mascots in Motion" will sweep readers away with its grandeur and beauty. The more-than-300-page paean to vintage hood ornaments and automotive aesthetics speaks to a time in history when cars were pieces of art.

Author and photographer Steve Purdy, who's been shooting the book's images for more than half his life, takes readers on the ride of a lifetime with this stunning look at an era where cars were a vision of the future and goddesses graced the sweeping hoods.

Purdy will visit R.E. Olds Transportation Museum at 7 p.m. May 16 to share tales and photographs from the book. The event is free, and copies of the book will be available for purchase.

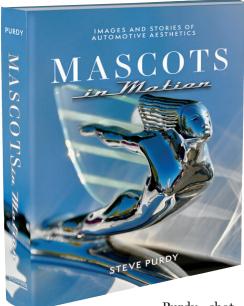
Purdy likes to say the photographs were "shot in the wild," by which he means outside of a studio where he could control the weather and lighting. He also didn't use any editing tools.

"I'm not a techie," he said. Before retiring and becoming serious about photography, he was a child welfare specialist for the state of Michigan's Family Independence Agency.

Now, the camera he's using today is a technological dream for a photographer, but when he started shooting, he was using film cameras and couldn't be sure the photographs were usable until they were developed in a darkroom.

DIVORCE FAMILY LA Divorce Custody • Visitation Child Support Alimony **Property** Distribution Domestic Partnership Agreements / Separation **45 YEARS -AGGRESSIVE LITIGATION EFFECTIVE MEDIATION** LAW OFFICES OF STUART R. SHAFER, P.C. www.stushafer.com

Before adopting an 18-to-200-millimeter lens, he used a fixed 200-millimeter lens, which allowed the primary image to be in sharp focus while the background was blurred, often with a solid color, depicting the ornament in a better light.



Purdy shot

images for his book at car shows like the Detroit Concours

d'Elegance as well as more eccentric locations like a junkyard in rural Tennessee that he stumbled upon on a trip.

The owner gave Purdy a half hour to shoot his photographs, of which about a dozen are used in the book. Some 20 years later, Purdy returned to the same junkyard and retook some of the images.

When he asked the son of the original owner if he could go into a patch

of woods where there were some vintage cars, he was told, "We don't let people go there because there are wild hogs."

Purdy divided the book into 11 chapters, broken down by car brands like General Motors, Chrysler, Ford, independents such as Packard and the Stutz Motor Car Co. and British vehicles like Rolls-Royce.

His favorite ornament is Rolls-Royce's "Spirit of Ecstasy," which is still used today. Within the book, he tells the fascinating story of Eleanor Thornton, the woman it was modeled after. Thornton was the muse and mistress of the second Baron Montagu of Beaulieu, England, who founded a weekly automobile magazine called The Car Illustrated.

Purdy noted that many other ornaments had interesting creation stories, like the 29 art deco-style hood adornments created by French artist René Lalique for luxury brands like Bentley and Bugatti. The crystal ornaments were lit from within.

With each photograph, Purdy also provides a bit of history, like how hood ornaments stemmed from

temperature gauges and radiator caps called MotoMeters that were mounted on the hood above the engine. When gauges moved inside the car, ornaments took their place.

"I enjoyed the research as much as I did the photography," Purdy said.

Throughout his years of photographing ornaments, Purdy has learned to arrive at car shows when the soft morning light provides



Courtesy photo

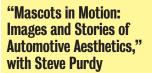
Author and photographer Steve Purdy has spent more than half his life shooting the 320 images of vintage hood ornaments and automotive aesthetics included in his new art book, "Mascots in Motion."

the best image and the crowds of onlookers have yet to turn up.

One of his most amazing photographs is of a 1939 Pontiac hood ornament.

"I was at a car show in Marshall, and I shot the ornament as the sun was setting. It wasn't until I got the photo on the computer that I saw the ornament — a sweeping form of a stylized Indian head — had reflected the sun in its eye. I titled it 'Fire in the Eye."

Hood ornaments faded away in the '60s, and only a few vehicles still include them today. Sadly, contemporary cars have lost most of the ornamentation that made owning a car glamorous.



May 16 7 p.m. R.E. Olds Transportation Museum 240 Museum Drive, Lansing FREE 517–372–0529 reoldsmuseum.org

307 E. Grand River, E. Lansing
Mon.-Sat. 10 a.m.-7 p.m., Sun. 12-5
332-0112 ◆ We validate parking
curiousbooks.com

Curious Book Shop





Quality Used Books at Great Prices!



We have books you always wanted but never knew existed!





LANSING RESTAURANT WEEK 2024

What the 'new normal' looks like for local restaurants

Residual effects of the pandemic still visible in the margins, owners and managers say

By TYLER SCHNEIDER

Like many Greater Lansing restaurateurs, Jacques and Christine Driscoll were forced to close their doors during the peak of the COVID-19 pandemic.

They did so twice, most recently shuttering their Lansing pub and eatery, Green Dot Stables, in mid-2022.

"Our first COVID-related closure was simply because of the pandemic and the mandated lockdowns that came along with it," Jacques Driscoll explained. "In 2022, we were at a point where we may have been able to stay open, but it was just becoming extremely difficult to continue to operate due to staffing issues and lower levels of business.

"It was this two-way street where it was hard to keep people staffed, and students also weren't coming back to the university," he continued. "It seemed like there was no end in sight."

For many restaurants, the end came in the form of permanent closures. But the Driscolls were able to make a successful comeback when Green Dot Stables returned to its same space at 410 S. Clippert St. in February.

Jacques Driscoll, who also owns the original Green Dot Stables in Detroit, plus three other Detroit restaurants, echoed other local restaurant owners and managers in suggesting that the pandemic's impact on the industry can still be seen in the margins. Food prices have risen considerably, for example, while the labor pool seems to have stagnated.

Douglas Mulkey, general manager at the People's Kitchen, said there's been a "noticeable void" in the labor market over the last few years.

"A huge part of the industry's workforce chose to seek new opportuni-



Tyler Schneider/City Pulse

Weston's Kewpee Sandwich Shop suffered an employee exodus during the height of the COVID-19 pandemic, according to Gary Weston, who ran the family-owned restaurant until 2008. He said it staffed 23 employees before the lockdowns, but 20 left during that period. Today, it's back up to seven, but Kewpee's is still looking for help.

ties in other avenues of work during COVID. In my estimation, 30% to 35% of the workforce didn't return to the restaurant scene after the shutdowns," he said.

Carter Phillips, a manager at Coral Gables in East Lansing, said his biggest post-pandemic challenge has also been staffing.

"It's been really hard to find quality workers who show up on time and come prepared to work since we opened back up," he said. The 20-year-old believes this increase in unreliability is "a generational thing."

"I grew up in the countryside, so I'm kind of used to the hustle. But it seems like many younger people just don't want to do this kind of work anymore," he said.

Staffing concerns, plus rising inflation, have created an economic cycle that continues to leave its mark on an industry that represents about 10% of Michigan's total workforce.

According to the United States Department of Agriculture's most recent Food Price Outlook, food prices were 2.2% higher in March than they were the year prior. The National Restaurant Association noted in its 2023 State of the Restaurant Industry report that 92% of operators said the cost of food poses a significant challenge.

"I think we've run into some of the residual effects of COVID. Certainly, supply chain issues have been and continue to be a problem. And that's led to food prices going up across the board," Mulkey said.

Tate Skiba, general manager at Meat BBQ since 2012, said the pandemic's arrival spurred a distinct shift in the industry.

"Everybody was shut down, and people were finding different jobs, which created an even greater demand for everything. Therefore, everyone started to jack up prices as a result," he said.

He called Meat BBQ "an outlier" because it's been fairly successful in retaining its staff in the years since regulations were lifted.

"Once we were able to reopen, twothirds of our staff was willing to come back, so we probably did better than the fair majority of restaurants out there," he said. "For the industry as a whole, though, it's tough. In the Petoskey area, where I'm from, my sister owns a little pizza restaurant, and it's really difficult for them to find people to work up there."

Despite the challenges the pandemic has created, it's also prompted some positive changes in how some restaurants conduct business. Skiba cited the rising popularity of takeout



lyler Schneider/City Pulse

According to the National Restaurant Association, in the wake of the pandemic, "Business conditions have settled into or are on the path to their new version of normal" for 70% of restaurant operators. That "new normal" includes a pivot toward more outdoor dining options, like the popular patio seating at the Peanut Barrel in downtown East Lansing.

orders as one example.

"Takeout definitely kept us going during the pandemic. Since then, our takeout business has stayed a lot busier than it ever was pre-COVID, and that's something we've continued to see through today," he said.

Nick Gavrilides, owner of Soup Spoon Cafe, echoed this sentiment.

"We never did third-party ordering or delivery apps before the pandemic. We've kept that and other aspects of our online presence, like digital menus, QR codes and other things that arose from safety and health concerns during the pandemic, because they're actually kind of convenient," he said.

Skiba said another silver lining for Meat BBQ was that supplier shortages during the pandemic led the restaurant to diversify its approach to sourcing ingredients.

"During COVID itself, we would run out of something just about every week. We used to work with a sole distribution company, but we had to look at different routes to adapt to those shortages because if they were out of something, we had to go somewhere else," he said.

Since then, Meat BBQ has continued to use multiple suppliers to ensure it has everything it needs on hand, Skiba said.

Some of the restaurants that survived the pandemic are also better prepared for similarly unexpected disruptions.

See Restaurants, Page 15

Restaurants the Lansing area has lost since the beginning of the pandemic

102 Pho & Banh Mi — Okemos (Oct. 2022)

American Bistro — Lansing (Feb. 2022) Amanecer Mexicano — Lansing (March 2021) Arcadia Smokehouse — Lansing (April 2023) Atomic Taco — Okemos (June 2023) Black Cat Bistro — East Lansing (Sept. 2023) The Brunch House — Lansing (March 2020) Buddy's Pizza — Lansing (Sept. 2022) Cantina Eastwood — Lansing (March 2020) Champions Sports Bar and Grill — Holt (Feb. 2021) Champp's Kitchen + Bar — Lansing Township (June 2023) Charlie's Bar and Grill — Holt & Potterville (2023) Claddagh Irish Pub — Lansing (September 2020) Crossroads BBQ — Grand Ledge (2023) Cops Cafe and Bakery — Lansing (March 2020) Delicious Delights Cakes — Delta Township (July 2023) Deluca's — Lansing (Nov. 2021) Detroit Frankies — Delta Township (March 2021) Dispatch Sports Pub and Grill — Lansing (Oct. 2021) Edmund's — Lansing (2020) Espresso Royale — East Lansing (July 2020) Finley's Grill and Smokehouse — Lansing (May 2020) Fireside Grill — Dimondale (March 2020) Flap Jack Restaurant — DeWitt Township (June 2023) For Crêpe Sake — Lansing (March 2020) Frandor Deli — Lansing (May 2020) GiGi's Cupcakes — East Lansing (March 2024) Goodfella's Bagel Deli — Lansing (Jan. 2023) Good Slice Pizza Co. — Lansing (June 2020) Grand Traverse Pie Co. — Lansing (Aug. 2023) The Grid Arcade and Bar Old Town — Lansing (Oct. 2023) Leo's Outpost — Lansing (Sept. 2021) Los Tres Amigos — East Lansing (Nov. 2021) Lulu's Louisiana Cookhouse — Owosso (2022) Merindorf Meats — Williamston (Sept. 2023) Mijo's Diner — Lansing (March 2020) Nola Bistro — Delta Township (April 2023) Old Chicago Pizza — Okemos (March 2024) Old Town Diner — Lansing (Nov. 2021) Poppa Roti — East Lansing (May 2023) Punk Taco — East Lansing (Oct. 2021) Red Haven — Lansing (June 2022) Reno's Sports Bar & Grill West — Lansing (Aug. 2020) Snap Custom Pizza — East Lansing (May 2020) Spartan Hall of Fame — East Lansing (Dec. 2021) Stillwater Grill — Okemos (April 2024) Taco Bell — East Lansing (Feb. 2022) Tannin — Lansing (Aug. 2023) Taps 25 — Lansing (June 2020) The Wheel Inn — St. Johns (2021) Wings Over East Lansing — East Lansing (Feb. 2022) YaYa's Flame Broiled Chicken — Lansing (June 2023) Zeus' Coney Island — Lansing (April 2023)

D LANSING RESTAURANT WEEK

Are you ready for a week-long celebration that will leave your taste buds in awe of the culinary magic that exists in the 517?

Lansing Foodies unite for the ultimate self-guided tour of the region's dining scene, MAY 10-17, as participating restaurants offer a mouthwatering creation, all for an unbeatable price of just \$7!

SCAN TO EXPLORE OUR LIST OF **PARTICIPATING RESTAURANTS**



PRESENTED IN PARTNERSHIP BY











ALTU'S ETHIOPIAN CUISINE & BAR KIN THAI

Garlic Lentils or Mild Yellow Peas

ARMS & EMBERS

Pork Belly Bao

ART'S PUB

Art's Pizza Party

BAD BREWING COMPANY

Tommy's Famous Mac & Cheese

BATTER UP BISTRO

Bruschetta

BENTO KITCHEN CRAVINGS

Bulgogi Burrito

BRIDGE STREET SOCIAL

Crispy Brussels Sprouts

DIMES BREWHOUSE

The Shanty Grilled Cheese

EAGLEMONK PUB AND BREWERY

Pizza Bread Sticks

EATON RAPIDS CRAFT COMPANY

Mini Bo Da Ga Tots

EL AZTECO WEST

Combo Plate

ELSA'S CHICKEN AND WAFFLES

Chicken and Waffles

GRAZE CRAZE

Char-Cutie Cup

GROOVY DONUTS

1/2 Dozen Assorted Donuts

GUMPS BBQ

Smoked Pulled Pork Tacos

HARRY'S PLACE

Greek Burger with Fries

HONG KONG RESTAURANT

General Tso's Chicken

HOOKED

Hot Mess

Crab Rangoon Nachos

LA FAJITA

La Fajita Tamal Combo

LANSING BREWING COMPANY

BBO Pulled Pork Slider

MIDTOWN BREWING CO

Fried Banana Peppers

MORNINGLORY CAFE & BAKERY

Homemade Soup Bowl

NIKO'S TAVERNA

Saganaki

ONE NORTH KITCHEN & BAR

Jambalaya

SLICE BY SADDLEBACK

Cheese Pizza

SOCIAL SLOTH CAFE & CATERING

Lentil Soup

SPARTY'S KABOB

Kabsa Rice and Chicken Tandoori

SWEET ENCOUNTER BAKERY

8 oz Cupcake in a Jar

TATSE RESTAURANTS

Yam Porridge and Veggies

THE ENGLISH INN

House Made Desserts

THE PEANUT SHOP

Best Mix

TOSCANA KITCHEN & WINE MARKET

Toscana Pasta Trio

URBANBEAT

Hawaiian Flatbread

VILLAGE ICE CREAM CAFE AND COFFEE

Chicken 'N Waffle Cone

WILLIAMSTON ROADHOUSE

Smoked Pulled Pork Sandwich

LEARN MORE & GET DIRECTIONS AT bit.ly/LansingRestaurantWeek 14 City Pulse • May 8, 2024 www.lansingcitypulse.com



Lansing

Restaurant Week

May 10-17

See Pages 12 and 13

for a list of participating

restaurants and dishes

Send checks to City Pulse, 1905 E. Michigan Ave., Lansing MI 48912. Or use the QR code or go to www.lansingcitypulse.com/ donate to give by credit card.



Explore new eateries and chow down for cheap during Restaurant Week

By NICOLE NOECHEL

Calling all culinary connoisseurs! Starting Friday through May 17, Lansing 5:01 is partnering with Lansing Foodies, City Pulse and WLNS to present Restaurant Week, a self-guid-

ed dining tour of 36 restaurants. Each location will offer a special dish for \$7, and participants can visit as many or few as they'd like. City Pulse chatted with Josh Holliday, director of communications and events at Lansing 5:01, to

provide a more in-depth look at this new foodie festival.

Where did the idea for Restaurant Week come from?

Restaurant Week started as a way to give back to the community and shed light on the food culture in Lansing. A lot of other communities have events where they celebrate either a dish that's popular in their community or their restaurants. To be a great city that attracts other people, we want to make sure we have those things that people love in other cities that make them choose that place as their home. We wanted to remove all the barriers and make it as easy as possible. Restaurants don't have to pay to participate, and people in the community don't need a coupon, they

don't need a book with information, they can just walk into the restaurant and try something.

How did you find restaurants to participate?

Between the list of restaurant

partners with City Pulse's Top of the Town awards and the vendors that Lansing 5:01 works with, we were able to put out calls to restaurants. We also broadcast in the Lan-

sing Foodies group, where a lot of restaurants were able to learn about it and sign up. We broadcast widely to get as many participants as possi-

How do people order the dishes at the restaurants?

The restaurants should be promoting their specials. You should be able to just go to the restaurant and say, "I'd like the Restaurant Week special." Or, if you look at lansing501.com, it says what each item is, so you can always ask for the item and say, "I'm ordering this for Restaurant Week," and they should be able to have that ready for \$7.

Why make the event self-guided? The self-guided aspect was our

idea to get people into restaurants



During Lansing Restaurant Week, running Friday (May 10) through May 17, 36 eateries will offer a special dish for \$7, from pork belly bao at Grand Ledge's Arms & Embers Grill to lentil soup at Okemos' Social Sloth Cafe & Catering.

Courtesy photo

while making it as accessible and easy as possible. You can participate by going to one restaurant all week, or you can do three restaurants a day for seven days, and I think you still wouldn't see all the restaurants that are participating. We wanted to make sure there were a bunch of options to explore. And it's easy on the restaurants. It's hard to run a restaurant, and the last thing they need is one additional complicated thing to make it all work. The self-guided aspect makes it as easy as possible on the restaurants and the customers.

What do you hope participants take away from Restaurant Week?

In other communities where I've participated in restaurant weeks, it's the week I look forward to most. As I was putting together the website with all the listings, I was drooling over all these delicious entrees that the restaurants are going to offer. I hope it brings excitement around the food culture in Lansing and showcases that we have some great restaurants. And that it allows people to shift their perspectives to be positive champions for what Lansing has to offer and be proud of their home.

New culinary creations and destinations boost Greater Lansing's food scene

By BRYAN BEVERLY

Is the Lansing area becoming a food destination? It's well on its way. Several local mainstays are attracting statewide visitors with unique culinary creations, from olive burgers and fried gizzards to crack chicken and pickled tea leaf salad.

The upscale food scene, boosted by the arrival of the Comfort Zone and Toscana, has area residents buzzing about new possibilities — including a second summer of fun at Lansing Shuffle with even more options than before.

In addition to the Allen Neighborhood Center's incubator and accelerator kitchens, there are more tempting tastebud adventures on the horizon. A KPOT franchise opening on West Saginaw Highway and a forthcoming culinary incubator in the Knapp's Centre are both testaments to the burgeoning foodie movement infiltrating the Lansing area.

A few new spots have emerged over the last several months, and some longtime favorites are trying new things. There's a lot to be excited about, but here's what's got my mouth watering right now.

One of my favorite barbecue spots in the area is Delta Township's Smoke N' Pig. Its smoked wings and pulled pork give other popular smokehouses a run

for their money. Give the ribs a shot, and make sure to venture over to the new bar with extra seating. Game days are made even better when cheering on your team with some brisket, loaded mac and cheese or pulled pork nachos on your

Golden Harvest has long been a bas-

tion of flavor in north Lansing, serving up breakfast to lengthy lines of hungry patrons for decades. The restaurant is home to Cap'n Crunch French toast, a Biscuit Mountain and other wild takes on brunchy/ear-

ly-morning fare. One standout is the Loco Moco, a Hawaiian-inspired beef patty on rice with a sunny-side-up egg, all smothered in a rich gravy. Recently, Golden Harvest has expanded to offer pop-up dinner events, with past dishes including meatloaf, four-cheese mac, chicken alfredo and stuffed peppers with Cajun pasta. Check its Facebook page for updates on future pop-ups.

Another breakfast and lunch favorite is El Oasis, the local chain of Mexican food trucks with an eastside location on the corner of Michigan and Francis avenues. El Oasis is known for its hefty breakfast burritos filled with chorizo or bacon, eggs, beans, cheese, pico de gallo and incredible salsa. Others may have





Options for upscale dining in the Lansing area were bolstered by the arrival of Toscana (top) and the Comfort Zone last fall.

known about its desserts already, but I discovered them on a recent visit. The tres leches (three milks) cake is a decadent treat: moist sponge cake saturated in evaporated, condensed and whole milk and topped with rich cream and fruit. If

you think you're frustrated with construction, imagine how the staff at El Oasis feel with the road torn up right in front of them. It's still accessible, so do them and

See Food scene, Page 15

Middle Village welcomes five new businesses to yearlong accelerator program

By TYLER SCHNEIDER



Middle Village

215 S. Washington Square, Lansing 11 a.m.-7 p.m. Tuesday-Saturday (517) 487-1661 middlevillageshops.com

Amid the height of the COVID-19 pandemic in 2020 2021, and early leadership Downtown Lansing Inc. began discussing ways to reverse the negative impacts of business closures decreased and commerce on the local economy. The effort yielded Middle Village, a retail accelerator

program emphasizing women- and minority-owned businesses.

"We were trying to build a program that would not only help us fill the vacancies in the short term but also create a feeder system so that we would never find ourselves in that spot again," Julie Reinhardt, DLI's director of downtown community development, said. "We thought the best way to do it was to create an accelerator program that would help businesses that were already going to open stores by lowering the barriers to entry and giving them business education opportunities."

Sponsored by Lake Trust Credit Union, the Middle Village program has selected a cohort of six small businesses to participate each year since 2021. However, with Middle Village's move last month from its original location at 112 S. Washington Square to a 2,000-square-foot space on the first floor of the historic Atrium Building, this year's cohort was kept to five businesses.

"We've limited ourselves to five because we're now able to give each storefront its own fantastic window frontage, which we know will help them with sales," Reinhardt said.

The new cohort, which celebrated its collective grand opening last week, includes clothing and accessory stores Black Rose Designs, Sedona Wanderlust, Hoddy Collective and CocoBella Boutique and artisan jewelry and pottery shop Ornamaloo.

Reinhardt said the first Middle Village class was more or less "recruited," but DLI began keeping waiting lists in the program's second year. Women and minority ownership are DLI's primary criteria for choosing businesses, but "business readiness" and "group cohesiveness" are also important factors.

The goal is for all the businesses to establish independent storefronts after they "graduate" from Middle Village.

"The marketing dollars in the program help them earn capital, build their brand and grow their customer base. The idea is that, when the year is up, they can take what they've learned and accumulated and expand into their own brick-and-mortar space,"



Tyler Schneider/City Pulsi

From left: Ashleigh Rogers of Sedona Wanderlust, Amara Hoddy of Hoddy Collective, Oscar Peña of Black Rose Designs, Mary Toshach of Ornamaloo and Beeka Monique of CocoBella Boutique celebrated the grand opening of their Middle Village storefronts last week.

Reinhardt said.

Many program alums have done just that.

"One hundred percent of the participants that have graduated from the program are still in business," Reinhardt said, adding that the ones that haven't opened a storefront in Lansing have "either opened other places or taken their business to wholesalers or online shops."

Reinhardt said Middle Village's success has led other organizations like DLI across the state to ask for help

developing their own accelerator programs.

It's also led to the creation of a similar program in Lansing for restaurants, the Macotta Club, a multi-vendor food hall expected to open in Knapp's Centre this winter.

"The food hall environment is a really attractive concept right now. Customers like lots of variety, and the restaurants get a lower cost of entry because their spaces are smaller and shared." Reinhardt said.

Food scene

from page 14

your stomach a favor and stop by soon.

There's been a ton of talk about Noosh in Delta Township. The new Afghan restaurant has been an instant hit with its beef, chicken and lamb kebabs, shawarma and patties. It caters to vegetarians with eggplant and pumpkin dishes, and there's a salmon entrée for those looking for something from the sea. The house burger can be made with beef or chicken, and both are outstanding thanks to the special blend of spices.

Eaton Rapids isn't on my beaten path, but I ventured south of the city recently for a meeting at Robin's Nest. Known for breakfast and brunch, with country-fried steak and French toast highlighting its menu, its omelets use four eggs and include chicken fajitas or corned beef hash among options for fillings. Pack an extra shirt and order the cinnamon roll sandwich, a new item that includes eggs, cheese and bacon between two enor-

mous rolls infused with cinnamon and coated with a glaze of sweet icing. Messy and delicious all at once.

Best bite

The Lansing Mall inhabits the shadow of its former heyday. Our collective shopping habits have shifted online, and social opportunities are such that malls aren't the desired destinations they once were. Today, rentable event space occupies much of the mall, though dark and vacant space dominates. The new Zap Zone XL has started to bring back more foot traffic, and lucky for those guests, there's a new soul food restaurant in the food court. Offering chicken wings and rib tips to pair with collard greens, dirty rice, yams or mac and cheese, The Carter's Family Owned Restaurant is on point with its flavors, including some exotic barbecue sauces — think blueberry, watermelon and pineapple-mango. Give the Soul Rolls a try and get shredded rib-tip meat and your choice of two side items all rolled up in a large wonton wrapper and deep fried. Fridays offer fish fries with a choice of catfish or swai.

Restaurants

from page 11

"I think the biggest thing for us is just knowing that something like that could happen again," Driscoll said. "At this point, world and even local issues can really change in a heartbeat. Nothing like that had ever happened in our lifetime, so whether it's another pandemic or another major unforeseen event like it, we're trying to be prepared for it."

According to the National Restaurant Association, "Business conditions have settled into or are on the path to their new version of normal" for 70% of restaurant operators. That "new normal" includes expanded takeout services, plus a pivot toward more outdoor dining options.

"I wouldn't say that we're fully recovered from the damage. What I would say is that the community around us has supported us as much as possible, which is crucial and has really kept us going," Gavrilides said.

For Mulkey, the end of the COVID restrictions also gave him and his staff a chance to add some creative new ideas to the mix.

"Once restrictions were lifted, when we looked at the pandemic in the rearview mirror, there was this huge demand for people to go out again and be in these community spaces like restaurants," he said. "We saw a real explosion of interest and activity at the People's Kitchen that gave us an opportunity as a staff to present all these great new flavor profiles, dishes and cocktails."

He said he remains optimistic about the years to come.

"We made it through COVID, so we know we can make it through anything," he said. "So, no matter what comes next, I have no doubt we will succeed." 16 www.lansingcitypulse.com City Pulse • May 8, 2024

HEAVY MUSIC RECREATES BOB SEGER'S 'LIVE BULLET' AT THE GREEN DOOR

Local singer Ben Hall celebrates legendary 1975 concert

If you lived in Michigan back in '75, Bob Seger was a certified rock star. The Ann Arbor native had been cutting local hits since the mid-1960s and was known for selling piles of tickets wherever he performed. Unfortunately for the hardworking musician, who played 250 shows a year at the time, he was only known outside his home state in a few small pockets of

the country. That changed with the release of

1976's "Live Bullet" on Capitol Records. The powerhouse double album, recorded live over two nights in September

Heavy Music "Live Bullet" tribute show

May 18 The Green Door 2005 E. Michigan Ave., 8 p.m. doors, 9 p.m. \$15 in advance, \$20 at heavymusic. brownpapertickets.com

1975 at Cobo Hall in Detroit, introduced Seger and his Silver Bullet Band to the whole world. Later in 1976, Seger's "Night Moves" LP sealed his legacy as a platinum-selling artist.

BY RICH TUPICA

Today, Seger has sold more than 75 million albums across his lengthy discography, but the breakthrough live album remains a favorite for many fans,

including local singer Ben Hall. He recently formed Heavy Music, a band created solely to perform "Live Bullet" in its entirety, plus some other favorites. The show is next Saturday (May 18) at the Green Door.

"I'm 49 years old. Typically, adult males reach their vocal peak in their mid-30s. I'm trying to do everything I can while I still can," Hall said. "Live Bullet' is a piece of my musical DNA. That's why I chose it, plus it's one of the greatest live albums of all time."

As for matching Seger's famous soulfully gritty voice, heard on classic-rock staples like "Katmandu," "Ramblin' Gamblin' Man" and the band's namesake, "Heavy Music," Hall said he's not worried about it.

"I do alright when I sing lower, but we approach high notes differently," he explained. "He's a little more Otis (Redding), and I'm a little more Stevie (Wonder).'

Hall, known for his vocal work with local groups the Further Adventures of FatBoy & JiveTurkey and the Black Rock Sextet, is backed by a supergroup of local musicians. Heavy Music comprises Will Rideout of Big Willy on guitar, Andy Callis of Atomic Boogaloo on keyboards, Michael Smalley of Big Willy and Spoonful on bass, Eric Payne of the Jazz Doggs and Kathleen & the Bridge Street Band on drums and Mocha Man of Mixed Flavors and Brotha Earth on saxophone.

One of the most celebrated parts of "Live Bullet" is when the band seamlessly yet epically transitions from "Travelin' Man" into "Beautiful Loser." Hall said recreating that, as well as other tracks like "Turn the Page" and the opener, "Nutbush City Limits," has been both challenging and exciting.

"I love a challenge, and I'm surrounding myself with very capable musicians who enjoy the material as much as I do," he said. "We're really dissecting the music and trying our best to honor it."

As a Michigan-based Seger fan, Hall was introduced to his music at a young age. When asked if Seger has influenced his music, Hall wasn't shy about acknowledging the musician's lasting



Art by Dennis Preston

Local artist Dennis Preston created the poster for Heavy Music's May 18 "Live Bullet" tribute show at the Green Door, illustrating a portrait of vocalist Ben Hall in the style of the album cover.

impact on him.

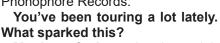
"It's in my heart. 'Live Bullet' is a huge reason why I am who I am musically. First there was Bob Seger, then there was everything else," said Hall, who recalls mimicking Seger as a toddler. "My dad was fairly addicted to the 'Live Bullet' album. It was some of the earliest music I heard. He would play it over and over. The first song I ever learned the words to was 'Turn the Page.'

"I even had the dialogue between tracks memorized," he added. "My dad would put me up on the coffee table like it was a stage, hand me a candlestick and encourage me to sing along. I guess those were some of my earliest performances."

Q&A: MATTHEW CARLSON KICKS OFF NATIONAL TOUR

AT THE ROBIN THEATRE

Matthew Carlson is known locally for his work in the Stick Arounds and Harborcoat and his "What Am I Making" podcast, but in June, he hits the road on a coastto-coast solo tour. Oh. and he has a new solo album in the works, as well as other 2024 releases on his label, Phonophore Records.



Matthew Carlson: I quit my job of 23 years last summer because I was struggling terribly with mental health issues. My job was destroying any chance I had at happiness. When I left that job, I knew I would need to generate at least a portion of my income by playing shows. As such, I toured for two weeks last summer as a solo artist. This summer. I'm back out again for a full month in June. As terrifying as it's been to walk away from a



Matthew Carlson

Road Tour kickoff

7:30 p.m. doors, 8 p.m.

1105 S. Washington Ave.,

therobintheatre.com

The Robin Theatre

Sheddio on the

show

June 5

w/ Deer & Elk, Teutonosaur

steady paycheck, it's lit a fire under my creative output and energies. Touring a bunch is perhaps the biggest outward sign of what a motivator it is for me.

What types of venues are you playing on this tour?

Courtesy photo Generally, I love the variety of spaces on tours like this one. I'll be playing a lot of nonconventional spaces like houses, decks, patios, historic buildings, breweries

> and more. I love that the feel of each room is unique from night to night. And playing solo affords me a chance to lean into the storytelling part of my songwriting. On this trip, I'll make my first visits to Alabama and Mississippi to play. I'm excited to experience the Deep South and play my songs in a place filled with so

much cultural history.

NEW FEST IN TOWN

Rock Lansing set for May 18 at Adado Riverfront Park

A roster of national and regional Patty PerShayla & the Mayhaps.

bands is set to perform on two stages at Rock Lansing, a one-day music festival on May 18 at Adado Riverfront Park. Gates open at 2 p.m., and music runs until 11 p.m. Performing on the main stage are Taproot, Nonpoint, Eva Under Fire, Any Given



Courtesy photo

On the second stage are Of Virtue, Heartsick, the Gasoline Gypsies, JP & the Energy, and Jesse Ray and the Carolina Catfish. Tickets and set times are available at rocklansing.live. General admission is \$50 until May 11 and \$55 the week of the event, and

Sin, the Five 'N' Dime Poets, and VIP passes are \$100.

Jonesin' Crossword

By Matt Jones

"Gather Round, Everyone" -- a special event. by Matt Jones © 2024 Matt Jones

ACROSS 1. Mil. officers 6. Razor guy 11. Really quiet, on sheet music 14. Photoshop creator 15. Damages 16. Before, poetically 17. "Friends' character with a namesake hairstyle 19. Actor Pace 20. Pompousness 21. Co-founder of the Pittsburgh Penguins (with state senator Jack McGregor) 23 " Kleine Nachtmusik" 25. Burpee unit? Field (Mets hallnark) 27. 1976 best-seller that opens in The Gambia 29. "Straight, No Chaser" jazz pianist Thelonious 31. English actor who played Tywin Lannister on "Game of Thrones" 38. High points 41. "1984" superstate 42. Mess of a room 43. Nephrologist played by Hugh Laurie 46. Honeycomb locale 47. Mystik Dan, for one 51. Grocery store area 53. Discover rival 57. Critical hosp. department 58. "Saturday Night Live" alum (2000-2001) who was also on "Mr. Show" and "Arrested

| 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | 10 | | 11 | 12 | 13 |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 14 | | | | | | 15 | | | | | | 16 | | |
| 17 | | | | | 18 | | | | | | | 19 | | |
| 20 | | | | | 21 | | | | | | 22 | | | |
| 23 | | | 24 | | 25 | | | | | 26 | | | | |
| 27 | | T | | 28 | | | | | | | 29 | | | 30 |
| | | | 31 | | 32 | 33 | 34 | 35 | 36 | 37 | | | | |
| 38 | 39 | 40 | | 41 | | | | | | | | 42 | | |
| 43 | | | 44 | | | | | | | | 45 | | | |
| 46 | | | | | | | | | | 47 | | 48 | 49 | 50 |
| | 51 | | | 52 | | 53 | 54 | 55 | 56 | | 57 | | | |
| 58 | | | | | 59 | | | | | | | 60 | | |
| 61 | T | | | 62 | | | | | | 63 | 64 | | | |
| 65 | | | | 66 | | | | | | 67 | | | | Γ |
| 68 | | | | 69 | | | | | | 70 | | | | T |

Development" 60. Course estimate 61. Prefix with raptor 62. Description of the five theme answers? 65. Flying fox, actually 66. Nebraska's largest city

67. Actor Rami 68. Shady 69. Clearance events 70. Detroit soul singer Payne

DOWN 1. Professional path 2. Barber's "_ Strings' Mountains (Appalachian range) 4. "Frankly," in texts

5. Look at 6. "Golly!" 7. A la 8. "Rocky" character Apollo

9. NAFTA part, briefly

10. Ari Melber's network 11. Some exercise bikes

12. Area in a crime drama 13. Cheat at cards, in

a way 18. Stacks of wax 22. L as in "NATO"? 24. "... and so forth"

28. "Get outta here!" 30. It may have a fob 32. Crossworder's dir.

33. Wrestler Mysterio 34. "Well -di-frickin'-

dah!" 35. "Music for Airports" musician Brian

36. Char (Cantonese-style barbecued pork)

37. Morse code symbol 38. "It's so annoying!" 39. Like the earliest life forms

40. What storm levels may indicate

44. Machinery part

45. Many, many millennia

48. Small wave 49. Climbed

50. Cry of epiphany 52. Misbakes like this

53. Like some videos

54. Nip it _ 55. Tofu beans

56. Surrealist sculptor

58. Apple co-founder Steve

59. One of the Berenstain Bears

63. "Unbelievable" group of 1991

64. Rower's paddle

©2020 Jonesin' Crosswords (jonesincrosswords@gmail.com)

Answers on page 20

SUDOKU

Intermediate

8 3 4 5 9 4 6 3 2 4 8 3 2 2 6 3 1 2 5 4

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Free Will Astrology By Rob Brezsny

May 8-14, 2024

ARIES (March 21-April 19): When my friend Jessalyn first visited Disneyland as a child, she was smitten with its glimmering, unblemished mystery. "It was far more real than real," she said. "A dream come true." But after a few hours, her infatuation unraveled. She began to see through the luster. Waiting in long lines to go on the rides exhausted her. The mechanical elephant was broken. The food was unappetizing. The actor impersonating Mickey Mouse shucked his big mouse head and swilled a beer. The days ahead may have resemblances to Jessalyn's awakening for you. This slow-motion jolt might vex you initially, although I believe it's a healthy sign. It will lead to a cleansed perspective that's free of illusion and teeming with clarity.

TAURUS (April 20-May 20): "Keizoku wa chikara nari" is a Japanese proverb that means "to continue is power." I propose you make that your motto for the next four weeks. Everything you need to happen and all the resources you need to attract will come your way as long as your overarching intention is perseverance. This is always a key principle for you Tauruses, but especially now. If you can keep going, if you can overcome your urges to quit your devotions, you will gain a permanent invigoration of your willpower.

GEMINI (May 21-June 20): Do you believe there are divine beings, animal spirits and departed ancestors who are willing and able to help us? If not, you may want to skip this horoscope. I won't be upset if you feel that way. But if you do harbor such views, as I do, I'm pleased to tell you that they will be extra available for you in the coming weeks. Remember one of the key rules about their behavior: They love to be asked for assistance; they adore it when you express your desires for them to bring you specific blessings and insights. Reach out, Gemini! Call on them.

CANCER (June 21-July 22): I'm taking a gamble here as I advise you to experiment with the counsel of visionary poet and painter William Blake (1757–1827). It's a gamble because I'm asking you to exert a measure of caution as you explore his daring, unruly advice. Be simultaneously prudent and ebullient, Cancerian. Be discerning and wild. Be watchful and experimental. Here are Blake's directions: 1. The road to excess leads to the palace of wisdom, for we never know what is enough until we know what is more than enough. 2. If the fool would persist in his folly, he would become wise. 3. The pride of the peacock is the glory of God. The lust of the goat is the bounty of God. 4. No bird soars too high if it soars with its own wings. 5. Exuberance is beauty.

LEO (July 23-Aug. 22): Cosmic energies are staging a big party in your astrological House of Ambition. It's a great time to expand and intensify your concepts of what you want to accomplish with your one wild and precious life. You will attract unexpected help as you shed your inhibitions about asking for what you really want. Life will benevolently conspire on your behalf as you dare to get bolder in defining your highest goals. Be audacious, Leo! Be brazen and brave and brilliant! I predict you will be gifted with lucid intuitions about how best to channel your drive for success. You will get feelers from influential people who can help you in your quest for victory. (PS: The phrase "your one wild and precious life" comes from poet Mary Oliver.)

VIRGO (Aug. 23-Sept. 22): Is it possible to be too smart for your own good? Maybe, although that won't be a problem for you anytime soon. However, you may temporarily be too smart for some people who are fixated on conventional and simplistic solutions. You could be too brilliant for those who wallow in fear or regard cynicism as a sign of intelligence. But I will not advise you to dumb yourself down, dear Virgo. Instead, will suggest you be crafty and circumspect. Act agreeable and humble, even as you plot behind the scenes to turn everything upside down and inside out — by which I mean make it work with more grace and benefit for everyone concerned

LIBRA (Sept. 23-Oct. 22): In my fairy tale about your life in the coming weeks and months, you will transform from a crafty sleuth to an eager explorer. You will finish your wrestling matches with tricky angels and wander off to consort with big thinkers and deep feelers. You will finish your yeoman attempts to keep everyone happy in the human zoo and instead indulge your sacred longings for liberation and experimentation. In this fairy tale of your life, Libra, I will play the role of your secret benefactor. I will unleash a steady stream of prayers to bless you with blithe zeal as you relish every heart-opening, brain-cleansing moment of your new chapter.

SCORPIO (Oct. 23-Nov. 21): In the coming months, I will encourage you to keep deepening and refining the art of intimacy. I will rejoice as you learn more and more about how to feel close to people you care for and how to creatively deal with challenges you encounter in your quest to become closer. Dear Scorpio, I will also cheer you on whenever you dream up innovations to propitiate togetherness. Bonus blessings! If you do all I'm describing, your identity will come into brighter focus. You will know who you are with greater accuracy. Get ready! The coming weeks will offer you novel opportunities to make progress on the themes I've mentioned.

SAGITTARIUS (Nov. 22-Dec. 21): You could offer a workshop on the perks of wobbliness. Your anxious ruminations and worried fantasies are so colorful that I almost hesitate to tell you to stop. I'm wondering if this is one of those rare phases when you could take advantage of your so-called negative feelings. Is it possible that lurking just below the uneasiness are sensational revelations about a path to liberation? I'm guessing there are. To pluck these revelations, you must get to the core of the uneasiness.

CAPRICORN (Dec. 22-Jan. 19): During the last 11 months, life has offered you unprecedented opportunities to deepen and ripen your emotional intelligence. You have been vividly invited to grow your wisdom about how to manage and understand your feelings. I trust you have been capitalizing on these glorious teachings. I hope you have honed your skills at tapping into the power and insights provided by your heart and gut. There's still more time to work on this project, Capricorn. In the coming weeks, seek out breakthroughs that will climax this phase of your destiny.

AQUARIUS (Jan. 20-Feb. 18): Naturalist and author Henry David Thoreau declared, "We need the tonic of wildness." Amen! In my view, you Aquarians especially need this sweet, rugged healing power in the coming weeks. Borrowing more words from Thoreau, I urge you to exult in all that is mysterious, unsurveyed and unfathomable. Like Thoreau, I hope you will deepen your connection with the natural world because "it is cheerfully, musically earnest." Share in his belief that "we must go out and re-ally ourselves to nature every day. We must take root, send out some little fiber.'

PISCES (Feb. 19-March 20): I have four questions and homework assignments for you, Pisces. 1. Is there a person in your inner circle who is close to ripening a latent talent that would ultimately benefit you? I suspect there is. What can you do to assist them? 2. Is there a pending gift or legacy that you have not yet claimed or activated? I think so. What would be a good first step to get it fully into your life? 3. What half-dormant potency could you call on and use if you were more confident about your ability to wield it? I believe you now have the wherewithal to summon the confidence you need. 4. What wasteful habit could you replace with a positive new habit?

Go to RealAstrology.com to check out Rob Brezsny's EXPANDED WEEKLY AI MESSAGE HOROSCOPES. The audio horoscopes are also available by phone at DIO HOROSCOPES and DAILY TEXT 1-877-873-4888 or 1-900-950-7700

OUTon TOWN

Events & Happenings in Lansing This Week

Events must be entered through the calendar at lansingcitypulse.com.

Deadline is 4 p.m. Wednesday for the upcoming Wednesday edition. Charges may apply for paid events to appear in print. If you need assistance, please call Nicole at (517) 999-5066.

THE DANGLING

MAY 10, 2024

PARTICIPLES

Wednesday, May 8

2024 Art, Art History, and Design Faculty Triennial exhibition - An inclusive survey of work produced by MSU faculty. 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

"A Course of Love" Discussion, facilitated by Lucille Olson & Bill Dietrich - 7 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

Acting & Glee Music Class for Kids - Ages 5-12. 4:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.

Allen Farmers Market - 3-6:30 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneighborhood-center.org/market.

"Bright Half Life" - 2 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. williamstontheatre.org.

Beginning Salsa Group Dance Class - Easy-to-learn Latin dance. Seven-week class. 8 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. 517-364-8888. sparrow.org/our-hospitals-services/ michigan-athletic-club.

Coffee and Conversation - Join us to learn about Chamber of Commerce members. 9 a.m. City Hall Community Room, 310 Greenwood St., Grand Ledge. grandledgechamber.com/coffee_and_conversation.php.

Climate Change as of 2024 - A fact-based look at the issues and impacts involved in climate change. Led by meteorologist Chris Edwards. Registration req. 6:30 p.m. DeWitt District Library, 13101 Schavey Road, Suite 9008, DeWitt. 517-669-3156. dewittlibrary.org.

Fitness Over 50! Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at the Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian 50 plus.com.

Improv Acting Class - 8:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Jazz Dance Class - 7 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Jessey Adams at the Graduate Rock Bar - 8 p.m. 133 Evergreen Ave., East Lansing. 517-348-0900. facebook.com/graduaterockbar.

Karaoke at Lansing Shuffle - 8 p.m. 325 Riverfront Drive, Lansing. 517-940-4619. lansingshuffle.com.

Lansing Junior Roller Derby Basic Skills Boot Camp - Ten-week program. Ages 12-17. 6-8 p.m. Court One Training Center, 7868 Old M-78, East Lansing. lansingrollerderby.com.

Mid-Michigan Art Guild "Artistic Visions" Art Exhibit - Open by appointment. REACH Studio Art Center, 1804 S. Washington Ave., Lansing. 517-999-3643. midmichiganartguild.org.

Mid-Michigan Art Guild Spring Art Show - Featuring an array of mediums. 9 am.-5 p.m. Neighborhood Empowerment Center, 600 W. Male St., Lansing. 517-332-4663. midmichiganartguild.org.

Mid-Michigan Art Guild Volunteer Show - A special exhibit by guild volunteers. 9 a.m.-8 p.m. Okemos Library, 4321 Okemos Road, Okemos. midmichiganartguild.org.

Mindfulness Meditation in the Thich Nhat Hanh tradition - All are welcome to join our weekly practice! 7-9 p.m. Van Hanh Temple, 3015 S. MLK Jr. Blvd., Lansing, lamc.info.

"Painterly Dialogues" - ART/5, a group of five artists who paint together year-round, showcase recent works from their studios and plein air sessions. 10 a.m.-5:30 p.m. Framer's Edge, 1856 W. Grand River Ave., Okemos. framersedge.net.

Read Between the Wines Book Club - We'll delve into "These Tangled Vines," by Julianne MacLean! Glasses of wine \$1 off. Registration req. 5 p.m. Burgdorf's Winery, 5635 Shoeman Road, Haslett. 517-655-2883. burgdorfwinery.com.

Spring salad luncheon - Variety of salads, brats, coffee, tea and dessert. \$15. 11:30 a.m.-1 p.m. Lansing Liederkranz German Club, 5828 S. Pennsylvania Ave., Lansing. 517-882-6330. facebook.com/lansingliederkranzclub.

Tap II Class - 6 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464.ruhalacenter.com.

Walk-in Wednesday: Paper Quilling - Free art class for all ages. Children under 7 must attend with a registered adult. 4:30 p.m. REACH Studio Art Center, 1804 S. Washington Ave., Lansing. reachstudioart.org.

Weaving the Web: Strength - Join us online or in person for discussions, rituals, meditations and more! 6 p.m. Weavers of the Web, 809 Center St., Suite 7, Lansing. 517-657-5800. weaversoftheweb. org.

Thursday, May 9

2024 Art, Art History, and Design Faculty Triennial exhibition - An inclusive survey of work produced by MSU faculty. 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

2024 MDHHS Spring Job Fair - More than 150 positions available in healthcare, manufacturing, transportation and more. Bring your resume and dress for success! 9 a.m.-3 p.m. Gier Community Center, 2400 Hall St., Lansing. 517-887-9705. michigan.gov/mdhhs.

"A Course in Miracles" Group, Facilitated by Lisa Schmidt - 7 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

Aaron Johnson at Cleats Bar & Grille - 6 p.m. 5801 N. Aurelius Road, Lansing. 517-574-4008. cleatsbarandgrille.com.

Acting 101 Class - 7 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Acting Ensemble Class - 8 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Adam Bronstein & ABTrio - Instrumental trio that takes influence from jazz to hip hop, R&B and psychedelia. 8 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.com.

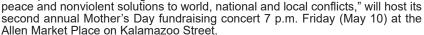
"Bright Half Life" - 8 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. williamstontheatre.org.

Crafty Vibes - Bring your knitting, crochet or any other portable craft project and immerse yourself in an evening of creativity, conversation and community. 5 p.m. Weavers of the Web, 809

Mother's Day for Peace

Friday, May 10 7 p.m. Allen Market Place 1629 E. Kalamazoo St., Lansing

The Peace Education Center, a Lansing-area community organization that works to "promote compassion and awareness of the potential for interdependence, lasting



PEACE EDUCATION CENTER

FOR PEACE

MOTHER'S DAY

The event will feature a performance by the Dangling Participles, a Lansing-based band with a setlist ranging from indie-folk and Americana to jazz and pop covers, plus original songs. It will will also include a speech by a representative of the Palestinian American Medical Association, a nonprofit organization that promotes health care in Palestine, and an appearance by Julia Ward Howe, who initiated the first Mother's Day celebration in 1870 with her Mother's Day proclamation calling for an end to war.

Snacks will be provided, and the Peace Education Center will sell Mother's Day cards and flowers.

The suggested donation for the event is \$25, which can be paid at the door or at peaceedcenter.org/event/mothers-day-for-peace-2024. Proceeds will benefit the Peace Education Center and the Palestinian American Medical Association.

Center St., Suite 7, Lansing. 517-657-5800. weaver-softheweb.org.

"First Light," by Liz Kerin - Kerin discusses the latest book in her vampire series with local author Alexis Henderson. Followed by a Q&A and book signings by both authors. 7 p.m. REO Town Marketplace, 1023 South Washington Ave., Lansing. wayfaringbooksellers.com.

Grand Ledge Area Historical Society Purse Bingo Fundraiser - Purchase tickets at Grand Ledge Area District Library. Light snacks and beverages provided. Prizes include designer purses. 6 p.m. Grand Ledge Opera House, 121 S. Bridge St, Grand Ledge. facebook.com/GLAHSM1975.

Jazz/Hip Hop II class - Ages 9-13. 4 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing, 517-337-0464. ruhalacenter.com.

Karaoke Thursday - 8 p.m.-midnight. The Green Door Bar & Grill, 2005 E. Michigan Ave., Lansing. 517-325-9897. greendoorlive.com.

Ladies Silver Blades Skating Club - Join other adult women for fun, exercise, friendship and skating practice. 9:30-11:30 a.m. Suburban Ice, 2810 Hannah Blvd., East Lansing. ladiessilverblades.org.

Laingsburg Farmers Market - 5-8 p.m. First Congregational Church of Laingsburg, 401 E. Grand River Road, Laingsburg. 517-295-8128. laingsburgbusiness.org/farmers-market-1.

Lego-Palooza! - Each child will get a tray of LEGO bricks to build their most fantastic creation. Some Duplo bricks will be available for younger children. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Mid-Michigan Art Guild "Artistic Visions" Art

Exhibit - Open by appointment. REACH Studio Art Center, 1804 S. Washington Ave., Lansing. 517-999-3643. midmichiganartguild.org.

Mid-Michigan Art Guild Spring Art Show - Featuring an array of mediums. 9 am.-5 p.m. Neighborhood Empowerment Center, 600 W. Male St., Lansing. 517-332-4663. midmichiganartguild.org.

Mid-Michigan Art Guild Volunteer Show - A special exhibit by guild volunteers. 9 a.m.-8 p.m. Okemos Library, 4321 Okemos Road, Okemos. midmichiganartguild.org.

"Painterly Dialogues" - ART/5, a group of five artists who paint together year-round, showcase recent works from their studios and plein air sessions. 10 a.m.-7 p.m. Framer's Edge, 1856 W. Grand River Ave., Okemos. framersedge.net.

Rock-Steady Boxing for Parkinson's - Free exercise class for people with Parkinson's and their caregivers. 1 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. To register, call 517-364-8888. lapsg.org.

Ruhala Broadway Ensemble - Learn to excel equally in singing, acting and dance. 5:30 p.m. 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter. com

Take Off Pounds Sensibly - Weight-loss support group. Weigh-in 5:30 p.m., meeting 6-7 p.m. Haslett Middle School, 1535 Franklin St., Haslett. 800-932-8677. facebook.com/HaslettTops.

Zoom Support Group for Parkinson's - Conversations are informal but informative. 6 p.m. Zoom ID: 998 749 4167. Password: MPF2020. For more information, visit lapsg.org.

See Events, Page 19

Events

from page 18

Friday, May 10

2024 Art, Art History, and Design Faculty Triennial exhibition - An inclusive survey of work produced by MSU faculty. 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Atomic Annie - Mid-Michigan party band. 7 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.com.

Ben Awrey at Mash Bar - 7 p.m. 212 Albert Ave., East Lansing. 517-858-2100. mashbar.net.

"Bright Half Life" - 8 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. williamstontheatre.org.

Divination Roundtable - Learn a new divination method, get a reading and compare notes with others in your field. All readings free, all systems of divination welcome. 5 p.m. Weavers of the Web, 809 Center St., Suite 7, Lansing. 517-657-5800. weaversoftheweb.org.

Fitness Over 50! Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at the Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian50plus.com.

JP Peters at the Peanut Barrel - 8 p.m. 521 E. Grand River Ave., East Lansing. 517-351-0608. peanutbarrel.com.

Mark Grinnell at Harrison Roadhouse - 6 p.m. 720 E. Michigan Ave., East Lansing. 517-337-0200. harrisonroadhouse.com.

"Let's Fight" - Collection of nine short plays themed around conflict. 8 p.m. Stage One at Sycamore Creek Eastwood, 2200 Lake Lansing Road, Lansing. onthestage.tickets/show/ixion-ensemble.

MasterWorks 5: Rachmaninoff Symphony No. 3 -7:30 p.m. Wharton Center Cobb Great Hall, 750 E. Shaw Lane, East Lansing. lansingsymphony.org.

Mid-Michigan Art Guild "Artistic Visions" Art **Exhibit** - Open by appointment. REACH Studio Art Center, 1804 S. Washington Ave., Lansing. 517-999-3643. midmichiganartguild.org.

Mid-Michigan Art Guild Spring Art Show - Featuring an array of mediums. 9 am.-5 p.m. Neighborhood Empowerment Center, 600 W. Male St., Lansing. 517-332-4663. midmichiganartguild.org.

Mid-Michigan Art Guild Volunteer Show - A special exhibit by guild volunteers. Opening reception will be held from 3:30-5 p.m. Exhibit is open 9 a.m.-8 p.m. Okemos Library, 4321 Okemos Road, Okemos. midmichiganartguild.org.

Mother's Day for Peace - An evening filled with music, fun and a powerful message of peace. 7-9 p.m. Allen Market Place, 1629 E. Kalamazoo St., Lansing. peaceedcenter.org.

Movement with Vitality for Parkinson's - Free exercise class for people with Parkinson's and their caregivers. 1 p.m. Michigan Athletic Club. 2900 Hannah Blvd., East Lansing. To register, call 517-364-8888. lapsg.org.

Off the Ledge at Mash Bar - 10 p.m. 212 Albert Ave., East Lansing. 517-858-2100. mashbar.net.

"Painterly Dialogues" - ART/5, a group of five artists who paint together year-round, showcase recent works from their studios and plein air sessions. 10 a.m.-7 p.m. Framer's Edge, 1856 W. Grand River Ave., Okemos. framersedge.net.

Parkour at ALIVE - You and your little one will learn how to safely maneuver everyday obstacles using the whole body. Ages 2-6. 10 a.m. AL!VE, 800 W. Lawrence Ave., Charlotte. 517-541-5800. myalive.com.

"Refuge Recovery," A Buddhist Path to Recovering from Addiction - Peer-led group meeting with a 20-minute meditation and a reading from the book "Refuge Recovery." 6:30 p.m. Unity Spiritual Center of Lansing, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

Up, Up, and Away! - Children ages 2-4 and their caregivers explore science through hands-on, inquisitive learning in a responsive, playful, exploratory environment. 10 a.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

Saturday, May 11

2024 Art, Art History, and Design Faculty Triennial exhibition - An inclusive survey of work produced by MSU faculty. 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

4th Annual Mother's Day Craft and Vendor Show - Variety of crafters, artists, bakers and vendors with products for the whole family! 11 a.m.-7 p.m. Meridian Mall, 1982 W. Grand River Ave., Okemos. facebook.com/kellyhumeeventsllc.

"Bright Half Life" - 2 and 8 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. williamstontheatre.org.

"Corazón por La Justicia," A Social Justice Exhibit - In the tradition of Chicano, Mexican and Latin American artists, we celebrate the work of Michigan artists exploring issues that impact us today. 11 a.m.-5 p.m. Casa de Rosado, 204 E. Mount Hope Ave., Lansing, facebook.com/casaderosado.

"Figuring It All Out: An Artistic Study of the Human Form" Opening Reception - Art by participants of the annual Williamston figure study course. 10 a.m.-2 p.m. Art Williamston gallery, 3845 Vanneter Road, Williamston. facebook.com/ArtWilliamston.

Fountain Pen 101 - Have fun while learning a little about the history of fountain pens, how to write with them, how to take care of them and more! 9 a.m. Dear Ollie & Co., 222 S. Washington Square, Lansing. dearollie.com.

Inebriated Insights - A night of intoxicated witchcraft! Variety of tarot cards, oracle cards, bone readings, astrology, runes, reiki and more. 5-8 p.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing, 517-974-5540, manifestlansing.com.

Intermediate Ballet class - 11 a.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

LEGO Builder - Children ages 5-9 explore scientific concepts through interactive experimentation, challenges, artistic expression and play. 9:30 a.m.-12:30 p.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

"Let's Fight" - Collection of 9 short plays themed around conflict. 8 p.m. Stage One at Sycamore Creek Eastwood, 2200 Lake Lansing Road, Lansing. onthestage.tickets/show/ixion-ensemble.

Live Music with Jimmy Likes Pie - 7 p.m. Lansing Brewing Co., 518 E. Shiawassee St., Lansing. 517-371-2600. lansingbrewingcompany.com.

Mason Orchestral Society Spring Concert - Mason Philharmonic Orchestra and Mason Symphony Orchestra perform music by Mack, Bizet, Boyd and Brahms. 7 p.m. Okemos High School, 2800 Jolly Road, Okemos. masonorchestras.org.

Meridian Township Farmers Market - Shop local and support area vendors. 8 am.-2 p.m. Market-place on the Green, 1995 Central Park Drive, Okemos. 517-712-2395. meridian.mi.us/FarmersMarket.

Mid-Michigan Art Guild Volunteer Show - A special exhibit by guild volunteers. 9 a.m.-7 p.m. Okemos Library, 4321 Okemos Road, Okemos. midmichiganartguild.org.

Mommy & Me Tea - Spring tea party for moms and their little ones. Tickets include professional photos, including photo ops with Princess Belle! 11 a.m. Laylin Park, 619 E. Maple St., Mason. 810-844-1706. eventbrite.com/e/mommy-me-teatickets-851871188657.

Mommy & Me Tea Party - Celebrate your mother (or mother figure) with a tea party! Registration req. 11 a.m. The Northfolk Estate, 9891 N. Fork Way, Eaton Rapids. 517-663-0950. eradl.org.

See Events, Page 20

Young Playwrights Festival public performances

Saturday, May 11 2 p.m.

Wharton Center Pasant Theatre 750 E. Shaw Lane, East Lansing

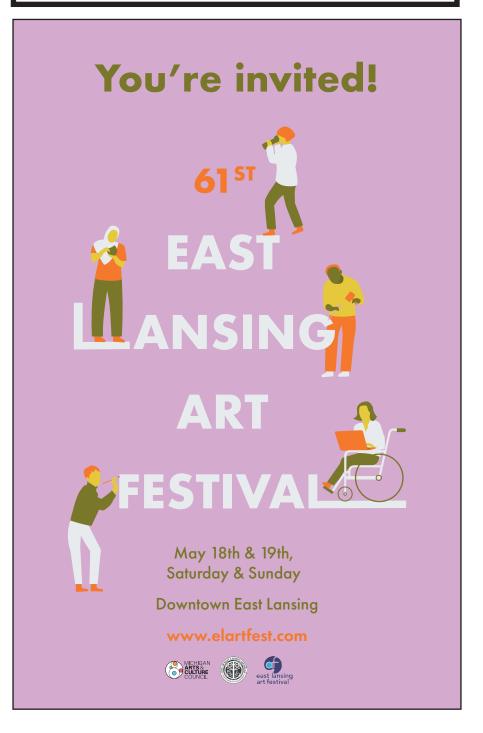
The six finalists of the Wharton Center and Michigan State Department of Theatre's annual Young



urday (May 11) at the Wharton Center's Pasant Theatre. Four of the finalists hail from DeWitt High School, and the other two hail from Saginaw Arts and Sciences Academy. The plays, which will be produced by MSU Department of Theatre students,

include Daniel Luebs' "The Death of a Cynic," Ella Reid's "Strangers Like Us," Paulina Rivet's "Roses are Red," Ella Schieding's "Shades of Perception," Abigail Grifka's "Skeletons In The Closet" and Gabrielle Moulton's "You're Hired."

The performances are free, and no registration is required. For more information, visit whartoncenter.com/young-playwrights-festival.



Events

from page 19

Mother's Day Tea and Luncheon - \$10 per person. Proceeds benefit Haven House and Eli's Project. Raffle to follow. 11 a.m. Okemos Masonic Center, 2175 Hamilton Road, Okemos. For reservations, call 517-655-1131 or 517-282-0754.

Native Michigan Plant Sale - The Wild Ones Red Cedar Chapter will offer a selection of native Michigan wildflowers and grasses at the Meridian Farmers Market. 8 a.m.-2 p.m. Marketplace on the Green, 1995 Central Park Drive, Okemos. wildoneslansing.weebly.com.

Orquesta Ritmo - Ten-piece Latin music group. 8 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.com.

"Painterly Dialogues" - ART/5, a group of five artists who paint together year-round, showcase recent works from their studios and plein air sessions. 10 a.m.-5:30 p.m. Framer's Edge, 1856 W. Grand River Ave., Okemos. framersedge.net.

Pay My Bills Benefit Concert - We'll pay up to \$200 of select attendees' light, gas and electric bills and distribute gas cards and Meijer gift cards while supplies last. Performances by Robert Kyle III, Antwaun Cooks and Laquisha Burries-Finn. 7 p.m. Tabernacle of David Church, 2645 W. Holmes Road, Lansing. Imtsoutreach.org.

Spring Maker Sale - Let's celebrate spring and our moms with an art yard sale! Make sure to stop at the Village Crafters booths! 11 a.m.-6 p.m. Candy's Wild Wood, 13626 Webster Road, Bath. facebook. com/candyswildwood.

Thistle Run Horse Show - Featuring a classical & Western dressage ring and an open class ring. 8 a.m.-5 p.m. Ingham County Fairgrounds, 700 E. Ash St., Mason. goshowmichigan.com.

Wild Edible Plants Walk - Join Peter Carrington, curator of MSU's Beal Botanical Garden, for a walking tour of Harris Nature Center. We'll identify edible plants and take note of poisonous lookalikes. 1 p.m. 3998 Van Atta Road, Okemos. 517-349-3866. meridian.mi.us/hnc.

World Migratory Bird Day - Participate in fun, family-friendly stations to learn about the importance of migratory birds (along with some simple practices you can use to help!) 10 a.m.-5 p.m. Potter Park Zoo, 1301 S. Pennsylvania Ave., Lansing. 517-483-4222. potterparkzoo.org.

Sunday, May 12

2024 Art, Art History, and Design Faculty Triennial exhibition - An inclusive survey of work produced by MSU faculty. 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum, msu.edu.

"Bright Half Life" - 2 p.m. Williamston Theatre, 122 S. Putnam St., Williamston, williamstontheatre.org.

"Corazón por La Justicia," A Social Justice Exhibit - In the tradition of Chicano, Mexican and Latin American artists, we celebrate the work of Michigan artists exploring issues that impact us today. 11 a.m.-5 p.m. Casa de Rosado, 204 E. Mount Hope Ave., Lansing, facebook.com/casaderosado.

Creative Expression Through Poetry and Writing- A prelude to the Passion of the Creative Mind series. 9:30 a.m. Unity Spiritual Center of Lansing,

2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

Eastern Ingham Farmers Market - Locally grown produce, baked goods, prepared food, handmade artisan goods, live music, kids' crafts and much more. 10 a.m.-2 p.m. McCormick Park, 123 High St., Williamston. 517-618-1630. easterninghamfarmersmarket.org.

Euchre -6 p.m. Esquire Bar, 1250 Turner St., Lansing. 517-487-5338.

JUGGLERS AND WOULD-BE JUGGLERS - Jugglers meet at the Orchard Street Pump House at 2 p.m. Sundays. 368 Orchard St., East Lansing. mikemarhanka@gmail.com.

Lansing Junior Roller Derby Basic Skills Boot Camp - Ten-week program. Ages 12-17. 6-8 p.m. Court One Training Center, 7868 Old M-78, East Lansing. lansingrollerderby.com.

Magickal Mindset Series with LeAnn Crouch - Deep dive into the magickal intersection of intention, mindset, intuition and manifestation, specifically tailored for entrepreneurs. 4:30 p.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing. manifestlansing.com.

MI Drag Brunch - The original drag brunch of Michigan is back! 10:30 a.m. or 1:30 p.m. Lansing Brewing Co., 518 E. Shiawassee St., Lansing. Reserve seats at lansingbrewingcompany.com.

Mid-Michigan Art Guild Volunteer Show - A special exhibit by guild volunteers. Noon-6 p.m. Okemos Library, 4321 Okemos Road, Okemos. midmichiganartsuild org

"Painterly Dialogues" - ART/5, a group of five artists who paint together year-round, showcase recent works from their studios and plein air sessions. Framer's Edge, 1856 W. Grand River Ave., Okemos. framersedge.net.

Red Cedar Quaker Friends Worship - 10:30 a.m. 1400 Turner St., Lansing. redcedarfriends.org/ioin-us-for-worship/.

Thistle Run Horse Show - Featuring a classical & Western dressage ring and an open class ring. 8 a.m.-5 p.m. Ingham County Fairgrounds, 700 E. Ash St., Mason. goshowmichigan.com.

Monday, May 13

Ballet II for kids - Ages 9-13. 4 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing, 517-337-0464. ruhalacenter.com.

Brews & Board Game Night with Summit Comics & Games - Challenge your friends to epic battles while sipping on craft beer and cocktails/mocktails inspired by popular games. 7-10 p.m. Lansing Brewing Co., 518 E. Shiawassee St., Lansing. lansingbrewingcompany.com.

Fitness Over 50! Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at the Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian 50 plus.com.

Improv Acting Class - 8:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Jazz Dance Class - 7 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464.ruhalacenter.com.

Jump Into Reading - Join Ms. Erin for stories, songs, activities and therapy dogs. Ages 0-5 with caregivers. 11 a.m. Eaton Rapids Area District

NOTICE TO CREDITORS. Decedent's Trust Estate. Name: Ellen J. Ferency, deceased settlor. Year of birth: 1926. NOTICE TO CREDITORS: The decedent, Ellen J. Ferency, died on April 14, 2024. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented within 4 months after the date of publication of this notice to: Peter Ferency and Matthew Ferency, Trustees of the Ellen J. Ferency Trust dated March 12, 2021. Date: May 8, 2024. Doyle Law PC, Thomas A. Doyle (P31559), PO Box 3752, Grand Rapids, MI 49501, 517-323-7366. Peter Ferency and Matthew Ferency, Trustees of the Ellen J. Ferency Trust, c/o Doyle Law PC, PO Box 3752, Grand Rapids, MI 49501-3752, 517-323-7366.

CP#24-506

Stoopfest

May 9-11 Multiple venues

Stoopfest, an annual DIY music and arts festival, returns this weekend to parks, backyards, garages and bars across Lansing's Eastside Neighborhood.

The festival kicks off with a pre-show 6 p.m. Thursday (May 9) at Grewal Hall at 224, featuring local hip-hop artists Jahshua Smith, James Gardin and Yellokake, as well as All of the Above Hip Hop Academy's Youth Organization. It continues 6 p.m. Friday (May 10) at Hunter Park and 9 p.m. Friday at the Avenue, featuring punk and

emo acts Dear Heretic, the Weak Days, Clipboards and Killing Pixies; indie-rock bands Blind Liars and Great Arm; and more.

Saturday's (May 11) festivities begin with the inaugural Stoopfest parade at 11:30 a.m., starting at the Allen Neighborhood Center and finishing at Hunter Park. A full day of performances by a range of musicians will follow across the east side, continuing until 1 a.m. Sunday (May 12).

Tickets are \$20 for Friday, \$35 for Saturday and \$40 for a two-day pass. To purchase tickets and view a map of venues, visit stoopfest.org.

Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

LIBRARY BOARD - 7 p.m. City Hall, 114 S. Woodhull Road, Laingsburg, laingsburg, us.

Mid-Michigan Art Guild "Artistic Visions" Art Exhibit - Open by appointment. REACH Studio Art Center, 1804 S. Washington Ave., Lansing. 517-999-3643. midmichiganartguild.org.

Mid-Michigan Art Guild Spring Art Show - Featuring an array of mediums. 9 am.-5 p.m. Neighborhood Empowerment Center, 600 W. Male St., Lansing. 517-332-4663. midmichiganartguild.org.

Mid-Michigan Art Guild Volunteer Show - A special exhibit by guild volunteers. 9 a.m.-8 p.m. Okemos Library, 4321 Okemos Road, Okemos. midmichiganartguild org

Paint a Galaxy - Use glitter and a variety of paint techniques to make a galaxy ornament. Ages 5+. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

"Painterly Dialogues" - ART/5, a group of five artists who paint together year-round, showcase recent works from their studios and plein air sessions. Noon-5:30 p.m. Framer's Edge, 1856 W. Grand River Ave., Okemos. framersedge.net.

"The Quest: A Journey of Spiritual Rediscovery" Book Study with Jeff Benoit - 7 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

Ruhala Broadway Ensemble - Learn to excel equally in singing, acting and dance. 5:30 p.m. 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Unity Book Study: "The Power of Now," by Eckhart Tolle - Facilitated by Lucille Olson. 1:30 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

Yoga for Parkinson's - Free yoga class for people with Parkinson's and their caregivers. 1 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. To register, call 517-364-8888. lapsg.org.

Tuesday, May 14

Acting 101 Class - 7 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Acting Ensemble Class - 8 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Balance, Conditioning and Strength for Parkinson's - Free exercise class for people with Parkinson's and their caregivers. 1 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. To register, call 517-364-8888. lapsg.org.

Intro to Acting/Improv for Kids - Ages 5-12. 4 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

JP Peters at Cleats Bar & Grille - 6 p.m. 5801 N. Aurelius Road, Lansing. 517-574-4008. cleatsbarandgrille.com.

LAGE Game Night East - 6:30-11 p.m. The Junction, 410 S. Clippert St., Lansing. meetup.com/lansing/events.

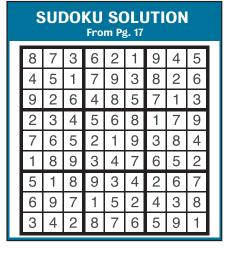
LAGE Game Night West - 6:30-11 p.m. Frank's Press Box, 7216 W. Saginaw Hwy., Lansing. meetup.com/lansing/events.

Level I Dance Class - Introduction to theater dance using ballet, tap and jazz. Ages 5-8. 4:45 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

See Events, Page 21

CROSSWORD SOLUTION From Pg. 17

| С | Α | Р | Т | S | | 0 | С | С | Α | М | | Р | Р | Р |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Α | D | 0 | В | Ε | | Н | Α | R | М | S | | Ε | R | Е |
| R | Α | С | Ι | Е | L | G | R | Е | Е | N | | П | Е | Е |
| Ε | G | 0 | | | Р | Е | Т | Ε | R | В | L | 0 | С | K |
| Ε | Т | N | Ε | | S | Ε | Е | D | | С | Τ | Т | Τ | |
| R | 0 | 0 | Т | S | | | | | | | М | 0 | N | K |
| | | | С | Н | Α | R | L | Ε | S | D | Α | Ν | С | Е |
| U | Р | S | | 0 | С | Ε | Α | Ν | Τ | Α | | S | Т | Υ |
| G | R | Е | G | 0 | R | Υ | Н | 0 | U | S | Ε | | | |
| Н | Τ | ٧ | Ε | | | | | | | Н | 0 | R | S | Е |
| | М | Е | Α | Т | | ٧ | Т | S | Α | | Ν | Τ | С | U |
| J | Е | R | R | Υ | М | Τ | N | 0 | R | | | Р | Α | R |
| 0 | ٧ | Τ | | Ρ | Α | R | Т | Υ | Р | Ε | 0 | Р | L | Е |
| В | Α | Т | | 0 | М | Α | Н | Α | | М | Α | L | Ε | Κ |
| S | L | Υ | | S | Α | L | Ε | S | | F | R | Ε | D | Α |
| | | | | | | | | | | | | | | |



Sree Saffron: A hidden gem in Hannah Plaza

By DAVID WINKELSTERN

The restaurant doesn't serve alco-

holic beverages, and Cokes are delivered in cans with straws. The seat cushions are thin, and the restrooms resemble those at a gas station. But none of this really matters. After one taste of its food, I plan to be a regular diner at Sree Saffron.

The small eatery, located in East Lansing's Hannah Plaza, offers a wide menu of authentic Indian delights. I chose a bowl of dal soup and an order of mixed-vegetable curry with a side of plain naan. The dal was heavenly but too complicated to discuss here. My dish of choice for this spotlight is the curry.

I was initially pleased by sreesaffron.com the three levels of spice — mild, medium and hot — that Sree Saffron offers for all its main dishes. Since sreesaffron.com

I've found most Indian restaurants tend to lean toward the high end of hotness, I selected the mild version.

The steaming bowl I was served was plenty pungent but not so spicy that its ingredients were obscured.

Leafy and fresh cilantro was sprinkled on top of a stew loaded with garden-fresh vegetables that still had some crunch to them. I also noticed a few thin curry leaves in the mix that included green beans, broccoli, cauliflower, tomato and onion. Large chunks of potatoes and crinkle-cut carrots were also in abundance.

enough to cut with a fork but firm enough not to be mushy.

The thick sauce was savory but





David Winkelstern for City Pulse

East Lansing's Sree Saffron offers a wide menu of authentic Indian delights, from savory, aromatic curries to heavenly dal soup to thick, flavorful naan.

never too peppery, and the curry flavor came through without dominating the unique, aromatic blend. The luscious goo coated every morsel to make the unglamorous veggies seem exotic. For \$11.50, it was a generous portion — enough so that I took some leftovers home. (As expected, its spiciness increased significantly on the second day.)

The basmati rice that accompanied the curry was nothing less than perfect. The blend of white and dark grains was warm, fluffy and never sticky or full of clumps. It provided the perfect bed for spoonfuls of curried vegetables, making for a more satisfying meal.

Sree Saffron also has some of the best naan I've tasted. It was thick, a bit puffy, slightly chewy and full of flavor. It was served warm and cooked just right — enough to give it some desired scorch marks without coming close to being burnt.

Understand that the tables, floor, cutlery and dishes at Sree Saffron were very clean. And for those who prefer a more elegant ambiance, it runs a strong takeout business. Whether dining in or out, the restaurant's high-quality, appetizing choices and ability to cook and prepare Indian food so expertly will surely be appreciated.



TOP 5 ITALIAN RESTAURANTS

Based on your votes in City Pulse's 2023 Top of the Town contest. Bon appétit!

1. Bravo! Italian Kitchen

Upscale-casual Italian chain serving pasta, pizza, grilled dishes and cocktails 2970 Centre Blvd., Lansing 517-485-3779 bravoitalian.com

11 a.m.-10 p.m. Sunday-Thursday 11 a.m.-11 p.m. Friday-Saturday

2. Falsetta's Casa Nova

American classics 138 S. Waverly Road, Lansing 517-323-9181 falsettascnlansing.com 11 a.m.-9:30 p.m. Monday-Tuesday

Family-run eatery offering Italian and

11 a.m.-10 p.m. Wednesday-Friday Noon-10 p.m. Saturday

3. Cugino's

Mixed-vegetable curry

\$11.50

Plain naan

\$1.99

Sree Saffron

4750 Hagadorn Road,

Suite 60, East Lansing

11:30 a.m.-2:30 p.m., 5-9:30 p.m. Tuesday-Sunday

(517) 993-5979

Italian restaurant with bar and patio seating for pizza, pasta, sub sandwiches and other staples

306 S. Bridge St., Grand Ledge 517-627-4048 cuginosmenu.com

4-8:30 p.m. Monday-Thursday 4-9 p.m. Friday-Saturday

4. Spagnuolo's Restaurant

Cozy, casual restaurant serving homemade Italian comfort food 662 W. Grand River Ave., Okemos 517-349-9605 spagsinfo.com/spagnuolos 3-8 p.m. Monday-Tuesday 3-9 p.m. Wednesday-Thursday Noon-9 p.m. Friday-Saturday

5. Tony M's Restaurant & Banquet Center

Eatery and event space offering Italian fare, from pizza to lasagna, plus breakfast 3420 S. Creyts Road, Lansing 517-322-2069 tonyms.com 10 a.m.-9 p.m. Monday-Friday Noon-9 p.m. Saturday

Noon-7 p.m. Sunday

Events

from page 20

Mid-Michigan Art Guild "Artistic Visions" Art Exhibit - Open by appointment. REACH Studio Art Center, 1804 S. Washington Ave., Lansing. 517-999-3643. midmichiganartguild.org.

Mid-Michigan Art Guild Spring Art Show -Featuring an array of mediums. 9 am.-5 p.m. Neighborhood Empowerment Center, 600 W. Male St., Lansing. 517-332-4663. midmichiganartguild.org.

"Minecraft" Mania! - An evening of fun and friendly competition. We'll have our "Minecraft" server set up and laptops ready to go. 6 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

Mid-Michigan Art Guild Volunteer Show - A special exhibit by guild volunteers. 9 a.m.-8 p.m. Okemos Library, 4321 Okemos Road, Okemos. midmichiganartguild.org.

"Painterly Dialogues" - ART/5, a group of five artists who paint together year-round,

showcase recent works from their studios and plein air sessions. 10 a.m.-5:30 p.m. Framer's Edge, 1856 W. Grand River Ave., Okemos. framersedge.net.

"The Quest: A Journey of Spiritual Rediscovery" Book Study with Rev. Sharon Ketchum - 1:30 p.m. Unity Spiritual Center of Lansing, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

"SIX" - The six wives of Henry VIII take the microphone to remix 500 years of historical heartbreak into a musical celebration of 21st-century girl power. 7:30 p.m. Wharton Center, 750 E. Shaw Lane, East Lansing. 517-432-2000. whartoncenter.com.

StressBusters: Positive Mental Health for Kids - 3 p.m. session for ages 3-6 and caregivers, 4 p.m. sessions for ages 7-10 and 11-14. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-346-8094. gladl.org.

Trivia at Lansing Shuffle with DJ Trivia - 7:30-9 p.m. 325 Riverfront Drive, Lansing. 517-940-4619. lansingshuffle.com.

See Events, Page 23

Demystifying mystery meat

in the pan

By ARI LEVAUX

At a family gathering last summer, my wife's mom asked me to cook some meat from a deer my father-in-law had shot. It was his first, and nobody seemed to know exactly what to do with it. The deer's flesh resided in a

cache of unlabeled Ziplocs in a chest freezer in the basement.

Chances are every meat eater — even those without ties to the hunting community — has

encountered a hunk of mystery meat in the back of their freezer. Nobody wants meat to spoil. The resources, carbon emissions and death behind that meat make it precious. But while we may want to use up that meat, we don't want to invest time and energy into a meal that nobody will care to eat.

Meat can spoil in the freezer if it isn't properly processed and sealed, but there's nothing intrinsically wrong with long-frozen meat. In fact, the texture of meat can actually improve in the freezer, as tough chunks will soften with time.

The notion that meat can survive, much less thrive, in the freezer contradicts the popular belief that fresh meat is better. Restaurants like Wen-

> dy's make a big deal about their 100% fresh burger meat. But raw meat is rotting meat. If you want to keep red meat fresh for more than a few days, freeze it.

> When you freeze meat, wrap it tightly in plastic. You don't want to leave any air

pockets next to the meat, or they'll fill with frost and cause freezer burn. If you don't have a vacuum sealer, plastic wrap works as well. If you then wrap the plastic-wrapped meat in butcher paper, with the shiny side facing inward, the meat should stay in pristine shape for well over a year.

That bright white butcher paper practically begs to be drawn on with a Sharpie. My son likes to draw pic-



Courtesy of Ari LeVaux

Making tacos is one way to utilize tender hunks of mystery meat from the back of the freezer. If the meat is tough, stew or pulled meat sandwiches are the way to go.

tures of the animal inside before it became meat. The cook, of course, prefers their meat to be labeled with all the relevant information, like what kind of animal it is, which part of the animal it is and when it was packed.

Luckily, for those times when we're

cooking blind, we have the mystery meat techniques, time-tested ways of assessing and preparing meat of uncertain age and origin. They'll give you the confidence you need to solve the mystery of the next piece of random meat you encounter.

The mystery meat techniques

The first step is to slowly thaw the wrapped meat to what's called the "sherbet" stage, where the surface is soft but not thawed, and the inner core is still solid but softening.

With a long, thin, sharp knife — a filet knife, ideally — trim the outside of the meat. Think of it like skinning an orange with a knife: You want the peel gone, but you don't want to cut into the flesh

beneath it. In the case of mystery meat — as well as poorly sealed meat of known provenance — that "peel" is a grayish layer of oxidized flesh. Keep trimming until the surface of your meat hunk is completely red, with no splotches of brown, gray or green. You may have to dig deeper near freezer-burnt areas. As you slice, make a note of the musculature that's revealed. Is it smooth, or is it criss-

STATE OF MICHIGAN PROBATE COURT, INGHAM COUNTY, NOTICE TO CREDITORS, Decedent's Estate, Case No. 21-PC 556. Estate of Janice Gwen Dugger – Date of Birth: 05/01/1963. NOTICE TO CREDITORS: The decedent, Janice Gwen Dugger, died 04/10/2019. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Tracy Beachnau, personal representative, or to both the probate court at 313 West Kalamazoo Ave., Lansing, MI 48933, 517-483-6300, and the personal representative within 4 months after the date of publication of this notice, 05/08/2024. Personal representative: Tracy Beachnau, 1714 Beal Ave., Lansing, MI 48910, 517-749-2801

P#24-505

STATE OF MICHIGAN PROBATE COURT, INGHAM COUNTY, NOTICE TO CREDITORS, Decedent's Estate, Case No. 24-43-DE - Estate of Daniel Michael Morris – Date of Birth: 10/24/1957. NOTICE TO CREDITORS: The decedent, Daniel Michael Morris, died 11/30/2023. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Christopher Michael Morris, personal representative, or to both the probate court at 313 West Kalamazoo St.., Lansing, MI 48933, 517-483-6300, and the personal representative within 4 months after the date of publication of this notice, 05/08/2024. Attorney: Kimberly L. Savage, P68267, 1483 Haslett Road, Haslett, MI 48840, 517-515-5000. Personal representative: Christopher Michael Morris, 2839 Kemler Road, Eaton Rapids, MI, 517-763-4441.

CP#24-507

crossed with connective tissue?

When the surface of the meat is clean, slice off a thin piece — less than half an inch — and do some analysis in the pan. Heat some oil, add salt and pepper and then cook the piece of meat on both sides. While you're at it, open a bottle of wine for proper enjoyment.

If your brain and belly scream "WANT MOAR" upon tasting this morsel, you're good to go. If you have any reservations, then you might need to pay attention.

It's possible for a piece of meat to taste good but also have off flavors. And it's easy to temporarily convince yourself that the good flavors outweigh the bad. You can mask flavor to a certain extent with spices, marinades and sauces, but ultimately, a piece of mystery meat isn't worth getting sick over. Trust your gut. If it doesn't taste right in any way, don't take the risk.

Truly bad meat is a lot more likely in the case of wild mystery meat. An outdoor hunt presents a whole new set of variables, like temperature, manner of death and how the animal was processed into meat. On the other hand, meat processed in a United States Department of Agriculture-inspected facility doesn't face those variables and should be fine — unless it spoiled at home before you froze it.

Assuming you have good meat beneath that oxidized peel, the pan test will also help you determine how chewable it is. If it's tender, cut it into little cubes — half-frozen meat is easy to cut. Cook the cubes in oil, salt and pepper and let them slowly build a crusty shell of brown armor.

You'll likely be tempted to shovel these browned cubes into your mouth right away and wash them down with wine, but you can also make mystery meat tacos or mysterious fried rice.

If the meat is tough, you'll have to melt it, either with an oven braise or in the slow cooker. Cover it and cook it at 300 degrees in water and wine until soft, which could take anywhere from six to eight hours. With tough cuts that have been braised into submission, make a stew or pulled meat sandwiches.

Events

from page 21

Wednesday, May 15

2024 Art, Art History, and Design Faculty Triennial exhibition - An inclusive survey of work produced by MSU faculty. 10 a.m.-6 p.m. Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800.broadmuseum.msu.edu.

"A Course of Love" Discussion, facilitated by Lucille Olson & Bill Dietrich - 7 p.m. Zoom ID: 177 417 886. Passcode: 601744. unitylansing.org.

Acting & Glee Music Class for Kids - Ages 5-12. 4:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Allen Farmers Market and Seed Festival - Receive free seeds and seed bombs to start a home garden! Live music by folk singer-songwriter Scott Thacher at 4:30 p.m. 3-7 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneighborhoodcenter.org/market.

Art Education Lab: Flowers! - Create a floral painting in the style of Georgia O'Keeffe. Use paper, fabric and other materials to create 3D flowers or bouquets. Ages 5+, children under 7 must attend with an adult. 12:30 p.m. REACH Studio Art Center, 1804 S. Washington Ave., Lansing. reachstudioart.org.

Beginning Salsa Group Dance Class - Easy-tolearn Latin dance. Seven-week class. 8 p.m. Michigan Athletic Club, 2900 Hannah Blvd., East Lansing. 517-364-8888. sparrow.org/our-hospitals-services/michigan-athletic-club.

"Bright Half Life" - 2 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. williamstontheatre.org.

Cars & Coneys Cruise-In - All makes and years welcome! Drivers (and a passenger) receive a coney dog and free museum admission. 5-8 p.m. R.E. Olds Transportation Museum, 240 Museum Drive, Lansing, 517-372-0529, reoldsmuseum.org.

Clothespin Dragonflies - Turn clothespins into lovely dragonfly décor. Intended for adults. Registration req. 5 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

Consecrate Your Tools Ritual - Bring your own tools and learn how to consecrate them for magickal use. 6 p.m. Weavers of the Web, 809 Center St., Suite 7, Lansing. 517-657-5800. weaversoftheweb.org.

The Dangling Participles Duo at the Graduate Rock Bar - 8 p.m. 133 Evergreen Ave., East Lansing. 517-348-0900. facebook.com/gradua-terockbar.

Emergency Services - 6 p.m. LSW Emergency Services, 7425 Woodbury Road, Laingsburg.

"We Are Stardust: The Interconnection of All Things" Film Screenings - Documentary short film by Lansing filmmaker Barb Barton. Screenings followed by Q&As with Barton. 6:30 and 8 p.m. The Robin Theatre, 1105 S. Washington Ave., Lansing. therobintheatre.com.

Fitness Over 50! Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at the Meridian Mall Food Court. 9-10 a.m. 1982 W. Grand River Ave., Okemos. meridian50plus.com.

Greater Lansing Ride of Silence - Solemn bike procession to honor cyclists who have been killed or injured on public roadways. Short memorial ceremony on Capitol steps to follow. Registration 5:15-6:15 p.m., ride starts at 6:30 p.m. Wells Hall Plaza, 619 Red Cedar Road, East Lansing. 517-202-0812. biketcba.org.

Improv Acting Class - 8:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

It's Elementary: Deep Sea Dive - Perform experiments, create artwork, play rescue the shark Battleship and test your knowledge with an ocean survival simulation! Grades 3-6. Registration req. 2:30 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. charlottelibrary.org.

Jazz Dance Class - 7 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lan-sing. 517-337-0464. ruhalacenter.com.

Karaoke at Lansing Shuffle - 8 p.m. 325 Riverfront Drive, Lansing. 517-940-4619. lansingshuf-

Lansing Junior Roller Derby Basic Skills Boot **Camp** - Ten-week program. Ages 12-17. 6-8 p.m. Court One Training Center, 7868 Old M-78, East Lansing. lansingrollerderby.com.

Mid-Michigan Art Guild "Artistic Visions" Art **Exhibit** - Open by appointment. REACH Studio Art Center, 1804 S. Washington Ave., Lansing. 517-999-3643. midmichiganartguild.org.

Mid-Michigan Art Guild Spring Art Show

Featuring an array of mediums. 9 am.-5 p.m. Male St., Lansing. 517-332-4663. midmichiga-

BetterHealthMarket.com







517-332-6892

Hours: Mon-Sat 8am-9pm • Sun 10am-7pm



Mother's Day BUNDLE

MAY 6-12

1/8th

5x Pro Gro Pre-Rolls

1x Pro Gro Live Resin Disposable 1x Pure Options
200mg
Gummies

