

# CityPULSE

A newspaper for the rest of us  
Locally owned



See Page 17

## MAC'S COMEBACK



Remodeled  
east side bar  
reopens

# ABOOD

LAW FIRM 1956

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## sidebar

dine & tap  
East Lansing



**Dr. Rick Wendorf**

**DrRick1162@aol.com**

**517-993-5169**

***The path to success,  
starts with Lansing Public Schools!***

**RICK**   
**WENDORF**

**FOR LANSING SCHOOL BOARD  
OF EDUCATION**

***Our students need to be taught HOW  
to think, NOT what to think***



## About Me:

- Homeowner in Lansing and Active Community Volunteer.
- Practicing Attorney in Family, Criminal, and Civil Cases.
- Represented Clients Including in Trials for Over 10 Years.

## Why I'm The Right Choice:

- Only candidate for the seat with experience representing clients and practicing law in Michigan and experienced in Criminal, Civil, and Family Law – seat would be family law for at least a year.
- From practicing law, I know what it takes to prepare a case for trial, I know the law and the rules because I use them daily, but most importantly I know and understand the stakes.
- The stakes are too high to get it wrong in family law – lives ruined by wrongfully separating families or someone getting hurt.
- Can never undo the harm to the family if we get it wrong.

## Proudly Endorsed By:

- Honorable James Giddings, Ret.
- Representative Sarah Anthony
- Representative Julie Brixie
- Michigan Association for Justice
- Ingham County Democratic Party
- More on my website!

**“Highly Recommended”** by the Women Lawyers Association of Michigan.

<p>Paid for by: Committee to Elect Chris Wickman PO Box 14285 Lansing, MI 48901</p>	<p><a href="http://www.electchriswickman.com">www.electchriswickman.com</a> facebook.com/electchriswickman hello@electchriswickman.com</p>
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# CityPULSE

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'Of Equal Place' beams dancers into the physics lab

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'Guardians of Michigan' captures architectural gems



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High times, low prices

Edited cover photo by Melik Brown

### A Brief History of **twitter**

**THE EARLY YEARS**

Just ate a pretzel. ☆

Trends  
#FollowFriday  
#iPhone3GS  
#LOLcats

Check out this raccoon in a tote bag. ☆  
[yfrog.com/s8Hi15y](http://yfrog.com/s8Hi15y)

### THE MIDDLE YEARS

What a doofus

Opinion: Pretzels are emasculating our boys

He's right

You suck

No, you suck

### LATER YEARS

Pretzels are salted with mind control crystals. Look it up.

! This tweet may contain misleading information about snack food.

### NOW

**twitter**

@eel\_crust the bird is freed

UH-OH.

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## THIS MODERN WORLD

by TOM TOMORROW

WITH THE FUTURE OF DEMOCRACY HANGING IN THE BALANCE, SPARKMAN\* LEAPS INTO ACTION!

IT'S TIME TO USE THE TRUTHIFICATION RAY ON THESE REPUBLICANS! VOTERS WILL SEE THEM FOR THE MONSTERS THEY ARE!

UM, I THINK THAT'S ALREADY PRETTY CLEAR--

QUIET, BLINKSTER! I MUST CALIBRATE THESE SETTINGS PRECISELY!

\*SPARKY THE PENGUIN'S EXTREMELY EARNEST ALTER EGO!

PROMINENT REPUBLICANS SOON FIND THEMSELVES UNABLE TO LIE!

IF WE TAKE BACK POWER, WE PROMISE TO RISK A GLOBAL ECONOMIC CRISIS BY HOLDING THE DEBT CEILING HOSTAGE!

GIVE US WHAT WE WANT OR WE'LL BURN THIS PLACE TO THE GROUND!

WE'LL GUT SOCIAL SECURITY, MEDICARE, AND THE AFFORDABLE CARE ACT!

IF YOU DEPEND ON ANY OF THOSE PROGRAMS, YOU'LL BE SHIT OUT OF LUCK, MOOCHERS!

WE'LL CRIMINALIZE ABORTION NATIONALLY, WITH NO EXCEPTIONS! IF YOU DIDN'T WANT TO RISK AN ECTOPIC PREGNANCY, YOU SHOULDN'T HAVE BEEN BORN WITH A UTERUS!

YOU'D THINK THIS ONE WOULD GIVE ME PAUSE--BUT YOU WOULD BE MISTAKEN!

AND AS THE PARTY OF ELECTION DENIAL AND LITERAL INSURRECTION, WE PLEDGE TO DO EVERYTHING POSSIBLE TO END DEMOCRACY AS WE HAVE KNOWN IT!

FASCISM FOR THE WIN, BABY!

BUT THE GRIM, UNVARNISHED TRUTH HAS NO EFFECT ON MAGA VOTERS. I MEAN, DUH! WE KNEW ALL THAT STUFF ALREADY! IT'S WHY WE VOTE FOR THEM!

THIS ISN'T COMPLICATED! WE'RE JUST MORE, ASSHOLES!

HA HA! CRY MORE, LIBTARDS!

WHO COULD HAVE FORESEEN THEIR BLIND, UNREASONING TRIBALISM?

UH, SURE. TOTAL SURPRISE. THIS IS MY SHOCKED FACE.

TOM TOMORROW © 2022 ... JOIN SPARKY'S LIST: [thismodernworld.com/subscriptions](http://thismodernworld.com/subscriptions)



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# CityPULSE

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We work hard to keep you informed and up to date on the issues that matter most to you.

Stay aware with local news right at your fingertips!

# PULSE

# NEWS & OPINION

Toward the bottom of every November election ballot sit the candidates for judges in local courts. These nonpartisan races rarely get headlines because judicial ethics prevent judicial candidates from taking legal positions on issues that might appear before them on the bench.

Here is what we found out about the candidates in three races that will appear on local ballots in next Tuesday's general election.

## Lansing's 54-A District Court

District courts hear matters such as misdemeanor criminal cases, civil cases under \$25,000 and landlord tenant disputes. The district courts in Michigan are the first stop in a prosecution for felony charges, where defendants have an opportunity to begin to hear the case against them before being sent over to the circuit court for trial.

In Lansing, three candidates are vying for six-year terms for two seats. They are Judges Kristen Simmons and Tony Flores and City Councilmember Brian Jackson.

### Kristen Simmons

Gov. Gretchen Whitmer appointed Simmons in 2019, and she was elected in 2020 to complete the remainder of the term of Hugh B. Clarke, which ends Dec. 31.

Simmons, 41, obtained an undergraduate education at Hampton University in Virginia. She graduated from Western Michigan Thomas M. Cooley Law School. She served in the offices of the Lansing City Attorney and the state Attorney General and was chief litigator for the Michigan Department of Corrections before her appointment to the bench. Her website is [votejudgesimmons.com](http://votejudgesimmons.com).

Simmons wants to expand so-called specialty courts, which deal with such problems as alcohol and drug abuse.

"I am also working with our criminal justice and community partners to pilot a community court specialty court that would serve to be a problem-solving court to address criminal actions that stem from poverty or lack of resources in a more effective and result driven



Simmons

# YOU BE THE JUDGE

## 54-A District Court, 30th Circuit Court seats up for grabs



manner."

Campaign finance reports filed with the secretary of state on Oct. 28 show Simmons has raised \$24,275 and spent \$22,047.24, leaving her with \$2,227.76 on hand for the last two weeks of the election. Simmons donated \$2,500 to her campaign and received donations from Alderson (\$500), attorney David Mittleman (\$1,000), 30th Circuit Judge Lisa McCormick (\$250) and Edwar Zeineh (\$150). Zeineh was implicated in the scandal that occurred before Clarke resigned. It was Zeineh's female employee who alleged engaging in a sexual liaison with Clarke in the City Market building bathroom as a requirement to keep her job. The allegation resulted in a police report and referral to the FBI, but no charges ever arose.

### Brian Jackson

Brian Jackson is in the middle of his second term representing the 4th Ward on the Lansing City Council. Jackson, 38, did his undergraduate education at Indiana State University in criminal justice. He



Jackson

also obtained a master's degree from Indiana State University in criminal justice. He obtained his law degree from Howard University. Aside from serving on the Lansing City Council, Jackson works for the Ingham County Public Defenders Office. He was an Ingham County assistant prosecutor and a Lansing assistant city attorney. His website is [briantjacksonforjudge.com](http://briantjacksonforjudge.com).

Jackson also wants to expand specialty courts as well as further remove them from the criminal court process.

"Specialty courts should be expanded as there are not enough spaces available and too many limitations for entry," he told the League. "I would advocate to expand access to Specialty Courts and to establish a new Housing Insecurity Specialty Court to help people who commit crimes as a result of housing insecurity. A true alternative Court would be even further removed from formal Court. Restorative Practices have been used in many settings and focus on repairing the harm caused by offending."

Among Jackson's donors are local attorneys, as well as state representative candidate Penelope Tsernoglou and Jessica Yorke, whom he replaced on the City Council. Both donated \$50. Jackson's campaign reports, filed

Oct. 22, show he raised \$10,530, spent \$10,360.09, leaving him with just \$169.91 for the remaining weeks of the campaign.

### Tony Flores

Whitmer appointed Flores in March to complete the term of Louise Alderson, who retired.

Flores, 58, received an undergraduate de-



Flores

gree in journalism at the University of Colorado and obtained his law degree from Thomas M. Cooley Law School. He's worked as assistant prosecuting attorney for Mecosta County and Ingham County. In addition he has served as a professor at Cooley and University of Michigan Law School. His website is [retaintonyfloresforjudge.com](http://retaintonyfloresforjudge.com).

"Alternative courts and specialty courts have allowed the bench to reach out and serve members of the community who are in need of specific services," Flores told the League of Women Voters. "In many instances, alternative courts allow services which may specifically serve those afflicted with alcohol, drug, mental health, veterans court, and anger management issues. These courts allow the available services to be tailored to the issues of the individual which decreases the use of incarceration."

Flores' filings show attorneys Jamie White and Andrew Abood each pitched in \$1,000 for Flores' campaign, and he himself gave the committee \$12,095.12.

Flores reports, filed on Oct. 25, show he raised \$25,498.65 and spent \$25,260.78, leaving him with \$237.87 for the last two weeks of the campaign.

### 30th CIRCUIT COURT

Circuit courts address felony criminal cases and civil matters with a value of over \$25,000.

Ingham County's 30th Circuit Court has two seats up on Nov. 8. In one race, incumbent Joyce Draganchuk is running unopposed. In the other, the candidates are attorneys Morgan Elizabeth Cole and Christopher Wickman, who would replace Clinton Canady III, who is retiring. Both positions have six-year terms.

## Judges

from page 5

### Joyce

#### Draganchuk

Draganchuk has served since 2004 and is presiding judge of the criminal division. She is unopposed in this race. As a result, she was not asked to complete a questionnaire by the League of Women Voters. In October 2010, her campaign received a reporting waiver. That means that she did not expect to raise or spend more than \$1,000 in any upcoming campaign. As a result, she has not had to file campaign reports since that time. Draganchuk served as an assistant Ingham County prosecutor. In 2001, Prosecutor Stuart Dunning III elevated her to chief assistant prosecutor. She remained in that post until being elected to the bench in 2004. She has an undergraduate degree from the University of Michigan at Dearborn and obtained her law degree from the Wayne State University Law School.



Draganchuk

### Morgan

#### Elizabeth Cole

Cole, 36, is a graduate of West Virginia University and Thomas M. Cooley Law School. She is the Ingham County probate register/court administrator and has served as Friend of the Court conciliator/investigator for the 30th Circuit Court and chief deputy Circuit



Cole

Court clerk of the 30th Circuit Court. Her website is morgancolearforjudge.com.

Cole is an advocate for supporting and expanding specialty courts — such as sobriety and veteran's courts — according to her website and her answers to the League of Women Voters survey.

"These specialized courts allow our system to provide individualized services and resolve cases outside of the traditional criminal justice system," she wrote in her League response.

According to her Oct. 24 campaign finance report, Cole pumped \$82,000 of her own money into her candidacy. That money is identified as loans to the committee. In total, her campaign report shows she raised \$100,913.45, spent \$52,720.28 leaving her with \$48,193.17 cash on hand for the final

weeks of the campaign. She took an in-kind contribution of room rentals at the Lansing Country Club for \$1,133.45 from Zeineh.

### Christopher Wickman

Wickman, 36, received an undergraduate degree from Michigan State University in politics and has a law degree from Temple University.

He is private practice focusing on civil, family and criminal law. His website is electchriswickman.com

Wickman too supports specialty courts, but said he wants to evaluate to make sure there is no undue power dynamic in the use of the courts, which he



Wickman

called the "best system in the world."

"I am open to exploring all alternatives from community partners to better serve our community," he wrote to the League, "though I would want to make sure that there are proper safeguards in place for such and making sure the power dynamics that sometimes permeate criminal cases do not force the use of alternatives to the detriment of one party."

Wickman lists \$42,500 in personal loans to the campaign committee, with Court Judge James Jamo (\$150), Ingham County Prosecutor Carol Siemon (\$150) and attorney David Mittleman (\$1,500). His total fundraising as of Oct. 28 was \$51,670 including his own loans. He'd spent \$39,486.83, leaving him with \$12,183.17 cash on hand.

— TODD HEYWOOD

# VOTE BRIAN DANIELS

FOR LANSING CITY COUNCIL

Endorsed by UA Local 333, Capital Area UAW, the Lansing Regional Chamber and the Greater Lansing Association of Realtors.



Endorsed by Ellissa Slotkin

Paid for by Citizens for Brian Daniels, 1514 Ormond St., Lansing, MI 48906.

# An ancient building material could be the wave of the future

Michigan businesses interested in reducing their carbon footprint are looking to build with large wooden panels instead of steel or concrete.

Nationwide, demand for what is called mass timber tripled between 2018 and 2021.

There are different kinds of mass timber, but the term refers to multiple wood panels either nailed or glued together and that are strong enough to replace concrete and steel, which contribute 8% to greenhouse gas emissions, according to Canadian architect Michael Green.

Mass timber is more sustainable, Green said.

Nearly half of America's greenhouse gas emissions come from the building industry.

Since a little more than a cubic yard of wood can store 1 ton — about the weight of the Liberty Bell — of carbon dioxide, mass timber is a great way to reduce our footprint, said Sandra Lupien, the director of MassTimber@MSU, a research and education group promoting mass timber in the Great Lakes region.

Half of the weight of a tree is from stored carbon in its wood, and the rest is water, oxygen, hydrogen and a mix of other elements. In other words, wood is a carbon sink.

Building with it can prevent or delay carbon from being released into the atmosphere when a tree dies or burns, Lupien said.

Last year, Michigan State University

opened one of the first mass timber buildings in the state, the STEM Teaching and Learning Facility. Already there are two more mass timber projects underway in the state, one at a K-12 school in Kalamazoo and another at the Great Lakes Boat Building School in Cedarville.

Another 27 projects in Michigan on the drawing board plan to incorporate mass timber.

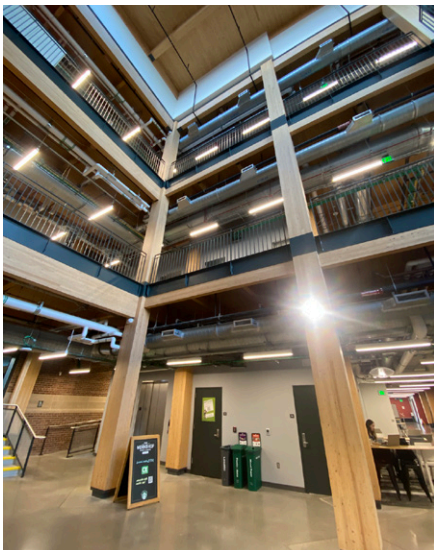
At minimum, the building in Cedarville will have a roof made of mass timber, though those involved with its construction are hoping to build the whole building out of it, said Nikki Storey, the president of the Great Lakes Boat Building School.

The only thing stopping them is funding. "That's part of the problem with mass timber: I don't know that the economy of scales exists yet to be able to get good pricing on it," Storey said.

Since mass timber comes in sheets that are easy to put together — Lupien equates it to building with Lincoln Logs — there's a major time savings with using it. But since there are no mass timber manufacturers in Michigan — the closest is outside of Chicago — it's not always easy to get it.

Typically, mass timber products are made from softwood trees — think coniferous, like evergreens — which make up 30% of Michigan's forests. The remaining majority of the state's trees are hardwood, meaning they're deciduous

See Wood, Page 8



Cameryn Cass

Michigan's first mass timber building at Michigan State University, the STEM Teaching and Learning Facility, stores nearly 2,000 metric tons of carbon in its timbers, the equivalent of not burning more than 2 million pounds of coal.



Cameryn Cass

Mass timber advocates hope that Michigan State's STEM Teaching and Learning Facility will be a place where contractors can learn to build with the more sustainable alternative.

## ADVERTISEMENT FOR BIDS

### MONTGOMERY DRAIN MAINTENANCE AND IMPROVEMENT PROJECT DIVISION XII – RANNEY PARK, PHASE II

**NOTICE IS HEREBY GIVEN** that I, Patrick Lindemann, Ingham County Drain Commissioner, being Chair of the Montgomery Drain Chapter 20 Drainage Board, will receive construction bids for **Montgomery Drain – Division XII** until **Monday, December 12, 2022, at 11:00 a.m. at the Ingham County Drain Commissioner's Office, located at 707 Buhl Avenue, Mason, Michigan, 48854.** Bids will then be publicly opened and announced on Monday, December 12, 2022, at 11:00 a.m. and, after a meeting of the Montgomery Drain Drainage Board, will be publicly awarded.

*The major items of work in connection with construction of the Montgomery Drain – Division XII and coordination of work for other permitted activities include the following:*

- 235 linear feet of 30-inch RCP storm sewer
- 76 linear feet of 54-inch RCP storm sewer
- 520 linear feet of 48-inch PVC storm sewer
- 210 linear feet of 16-inch ductile iron pipe forcemain
- 3 water supply manholes with varying valve types and sizes
- 910 square yards of 6-inch concrete sidewalk
- 3,800 square yards of 8-foot wide asphalt pathway
- 1 lump sum (310 cubic yard) concrete water quality wall fountain
- 1 lump sum (280 cubic yard) concrete walkway and water quality aeration pool
- 1 lump sum public education pavilion
- 3 lump sum drain crossing boardwalk structures
- 4,000 square yards of HMA parking lot restoration
- 350 linear feet of various concrete and stone retaining walls
- Also includes all site features, landscaping, plumbing, electric, SESC, restoration, removals, and various stormwater facilities

All quantities listed are approximate and final payment will be made on measured quantities.

One contract is being let for this work, which will include all material necessary to perform same. This Contract will be let in accordance with the Contract Documents and bids will be made and received in accordance with these documents.

Bidders must download the Plans and Specifications at a cost of \$15.00 and may do so by downloading digital project bidding documents by entering **Quest Project Number 8323158** on the website's project search page, or by using this link: [https://gap.questcdn.com/gap/projects/prj\\_browse/ipp\\_browse\\_grid.html?proj-type=all&provider=6901061&group=6901061](https://gap.questcdn.com/gap/projects/prj_browse/ipp_browse_grid.html?proj-type=all&provider=6901061&group=6901061).

Please contact QuestCDN Customer Support at (952) 233-1632 or [info@questcdn.com](mailto:info@questcdn.com) for assistance in free membership registration, downloading, and working with the digital project information. Bidding documents are also available at [www.geiconsultants.com](http://www.geiconsultants.com) (click on the "GEI Bidding" link).

**A NON-MANDATORY pre-bid conference** will be held on **Thursday, November 17, 2022, at 1:00 p.m.** This pre-bid conference will be conducted via a Microsoft Teams web conference available through the following link and telephone number:

Link for NON-MANDATORY Pre-Bid Conference:  
[https://teams.microsoft.com/join/19%3ameeting\\_ZWVINWEwOGIMjY0NS00ZTQwLTg5MDUzTBkMDQzNGQwYTlj%40thread\\_v2/0?context=%7b%22Tid%22%3a%22fb1cae5a-c4b9-4108-99c3-f60570916df9%22%2c%22Oid%22%3a%221f45fba2-1289-43d3-af5a-6b270c29791a%22%7d](https://teams.microsoft.com/join/19%3ameeting_ZWVINWEwOGIMjY0NS00ZTQwLTg5MDUzTBkMDQzNGQwYTlj%40thread_v2/0?context=%7b%22Tid%22%3a%22fb1cae5a-c4b9-4108-99c3-f60570916df9%22%2c%22Oid%22%3a%221f45fba2-1289-43d3-af5a-6b270c29791a%22%7d)  
 Or Enter the Meeting Id and Passcode below at 'Join Microsoft Team Meeting' link  
<https://www.microsoft.com/en-us/microsoft-teams/join-a-meeting>  
 Meeting ID: 262 636 660 057  
 Passcode: 2PgNsm  
 Or Dial  
 213-336-0347  
 Phone Conference ID: 107 739 129#

Representatives of the Ingham County Drain Commissioner and Engineer will be available at the pre-bid conference to discuss the Drain Contract. Prospective Bidders are encouraged to attend and participate in the pre-bid conference. All prospective Bidders are required to submit a certification of compliance with Public Act 517 of 2012 prior to bid award. The Engineer will transmit to all prospective Bidders of record such Addenda as the Engineer considers necessary in response to questions. Oral statements may not be relied upon and will not be binding or legally effective. **You must download the Contract Documents from QuestCDN to bid on the project, to be included on the plan holders list, and to receive Addenda.** Bidders are responsible for ensuring all Addenda have been received and acknowledged prior to submittal of the Bid. Bidders are responsible for paying the fee to receive bidding documents via QuestCDN.

Bid security in the amount of 5%, for and subject to the conditions provided in the Instructions to Bidders, must be submitted with each Bid. Bids may not be withdrawn for a period of 90 days after the actual date of opening thereof. This time period may be extended by mutual agreement of the Ingham County Drain Commissioner and any Bidders.

A Contract will be entered into with the successful Bidder giving adequate security for the performance of the work and meeting all conditions represented in the Instructions to Bidders. The Montgomery Drain Drainage Board reserves the right to reject any and all bids, to award the Contract to any bidder for any reason, and to adjourn the letting to such time and place as it shall publicly announce.

Bidders shall comply with the Ingham County policies regarding the payment of Prevailing Wages, and Equal Opportunity/Nondiscrimination, as set forth in Ingham County Board of Commissioners Resolutions #02-263 and #02-283, respectively. **The work must be substantially complete by December 1, 2023.**

## Wood

from page 7

and lose their leaves, Lupien said.

Researchers at Michigan Tech University are experimenting with making mass timber out of hardwood instead, a niche that might provide economic opportunity.

It is an untapped opportunity.

“Michigan is a forestry state,” said Conan Smith, the president of the Michigan Environmental Council. “If we can advance the construction materials that are rooted in wood, it’s to our economic benefit.”

“It’s not just a great environmental opportunity, it’s a great economic opportunity for the state of Michigan.”

Each year, the state removes 30% to 40% of the forest’s growth, said Brenda Haskill, a forest marketing and outreach specialist at the Department of Natural Resources. That still provides enough capacity to harvest for mass timber and manage forests sustainably.

“We’re at a really interesting place in terms of moving the forest industry forward,” Haskill said.

Talks of attracting a mass timber manufacturer to the state are underway. However, an aging workforce and the rising cost of diesel fuel means a decline

in logging firms, Haskill said.

Making sure we have loggers to harvest trees and get them to the mill is really the biggest concern, Haskill said.

“I’m hopeful, but there’s a lot of pieces that need to be addressed,” Haskill said.

Michigan is in the same boat as the other Midwestern states. There’s more mass timber manufacturing and interest out west, Haskill said.

Another challenge is the state’s outdated building codes, said Brian Craig, the board chair at the Michigan Forest Biomaterials Institute.

The most recent version of the International Building Code is from 2021 and offers more flexibility and clarity for how high you can build and how much wood can be exposed with mass timber, Craig said.

Right now, Michigan follows 2015 codes, making it two cycles behind the

current thinking on mass timber and fire safety, Craig said.

But mass timber doesn’t behave like a 2 x 4.

Instead, it behaves like a tree.

Think of an unsplit log in a fire pit, and how it chars on the outside: That’s what mass timber would do in a fire, Lupien said.

Craig said that timber can be even safer than steel when it burns.

“Think about what happens when steel gets hot. It sort of turns into spaghetti, whereas mass timber’s surface chars and then protects the rest of the timber,” Craig said.

Lupien said that even with the outdated building codes, builders in Michigan are still able to use mass timber, and they should.

People using the buildings – at least the one on MSU’s campus– express the

aesthetic benefits of bringing nature indoors, Lupien said.

“There’s actually a word for that. It’s called biophilia,” Lupien said.

That’s a Greek word that translates to “love of life.” It taps into our inborn desires of being close to nature. Biophilic design – like incorporating wood into buildings – has even been found to promote human wellness and productivity, according to the Natural Resources Defense Council.

Putting the more sustainable, attractive alternative into Michigan buildings is a question of price and supply.

“It’s been used in Europe for better than a decade now,” Smith said. “It’s a product that’s far better for the planet than concrete.”

“Why we’re not using it more, I don’t know.”

– CAMERYN CASS  
Capital News Service

## STOP THE MADNESS

- Unrestrained immigration
- Defund the police
- Sexualizing of children
- Spoiling of girls' sports
- Open the jails
- Whites racist
- America terrible

*This time:*

**VOTE  
REPUBLICAN**



**QUALIFIED.  
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COMMITTED.**

- Appointed to serve the 54-A District Court in 2019.
- Devoted to keeping our community safe.
- Dedicated to equal justice for all.
- Committed to access and transparency within the courts.
- A career public servant and serves the 54-A District Court with fairness and integrity.

[www.votejudgesimmons.com](http://www.votejudgesimmons.com)

Paid for by the Committee to Elect Judge Kristen Simmons



# REWIND

## NEWS HIGHLIGHTS FROM THE LAST 7 DAYS

BY DAWN PARKER



**A current Michigan State University leader will step in to lead the school.** Provost Teresa Woodruff will serve as MSU's interim president, succeeding Samuel Stanley Jr. The Board of Trustees announced the decision at a special meeting Monday in the Hannah Administration Building. Trustees unanimously approved her appointment and accepted Stanley's resignation as president. Woodruff received a standing ovation. "We heard that the criteria should be internal to campus

and be someone who can step in internally," Trustee Dianne Byrum said, noting that Woodruff can apply to serve as president permanently. Woodruff told students at the meeting her new tagline will be "all in for MSU."

**Downtown East Lansing would get more than 500 new apartments, a new parking ramp and three multi-story buildings on the sites of the Dublin Square Irish pub and Evergreen property downtown.** Owner, operator and multifamily housing developer The Michaels Organization officials spoke on the project at a recent East Lansing Downtown Development meeting that would raze the pub. The proposal includes 201 student apartments, 209 other apartments and 93 "affordable" housing units in three separate buildings of 12-, seven- and four stories, respectively. The proposed plans include putting the popular pub back into the proposed 12-story building for that site.



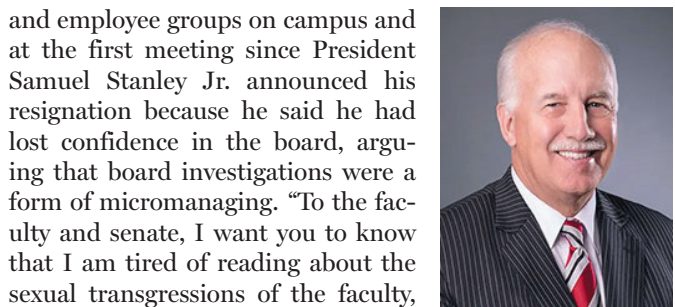
The proposed plans include putting the popular pub back into the proposed 12-story building for that site.

**A Michigan State University trustee lashed out at the school's faculty, blaming them for negative headlines in the years since the Larry Nassar scandal and leveling unfounded allegations of being promiscuous with students.** Republican Pat O'Keefe's comments came after weeks of no-confidence votes from student and employee groups on campus and at the first meeting since President Samuel Stanley Jr. announced his resignation because he said he had lost confidence in the board, arguing that board investigations were a form of micromanaging. "To the faculty and senate, I want you to know that I am tired of reading about the sexual transgressions of the faculty, which are like reading '50 Shades of Grey' and are as long as 'Gone With the Wind,' without knowing what the outcomes are for such behavior," O'Keefe said.



**A prominent but controversial Republican has lent her support to a Democrat for the first time.** U.S. Rep. Liz Cheney, R-Wyoming, recently endorsed U.S. Rep. Elissa Slotkin, D-Lansing, in her campaign against state Sen. Tom Barrett, R-Charlotte. Cheney was scheduled to appear with Slotkin on Tuesday at an event in Greater Lansing. "I'm proud to endorse" her," Cheney said in a statement first released to the Detroit Free Press.

"I have come to know Elissa as a good and honorable public servant who works hard for the people she represents, wants what's best for the country, and is in this for the right reasons." Cheney is best known in Washington these days as former President Donald Trump's most prominent critic, serves with Slotkin on the House Armed Services Committee and is preparing to exit Congress in January after a loss to another Republican, Harriet Hageman, this summer.



**Michigan State football coach Mel Tucker, university President Santa J. Ono criticized the postgame attack involving several MSU players punching and kicking Michigan football sophomore defensive back Ja'Den McBurrows as the teams headed to their locker rooms in the Michigan Stadium tunnel following Saturday's U of M victory.** U-M Deputy Police Chief Melissa Overton said an investigation in Ann Arbor is under way. "Situations like these, and the safety of the community, are taken very seriously," she said after the



incident. "As Spartans our program has a responsibility to uphold the highest level of sportsmanship," Tucker said in a statement. "While emotions were very high at the conclusion of our rivalry game at Michigan Stadium, there is no excuse for behavior that puts our team or our opponents at risk."



**This year's state Christmas tree recently began a much shorter journey than usual to the state Capitol in time for the holidays.** Hundreds of people gathered in downtown St. Johns to watch the stately 63-foot-spruce, planted long ago by Roy and Vera Bailey, be cut down. It's the first-ever state Christmas tree from Clinton County. The Baileys passed away decades ago, but their grandchildren Melinda Motz and Mike Robinson and great-grandchildren Kelly Knight and Monica Matthews — all lifelong Clinton County residents — watched the

stately tree be cut down and loaded onto a truck from across the street. "Our family has a tradition of going to the Capitol on Christmas Day to take a picture of us all in front of the tree, so this year, we're going to take a tripod," Motz said.



The last Eye for Design (below) was first identified by City Pulse reader who only identified himself as Dustin. The detail — an arched cavity between two decorative columns — belongs to the Atrium Office Center on South Washington Square. Originally a bustling theater known as the Strand and also known as the Michigan Theatre, its character took a turn for the worse when it was partially demolished in 1982 to make way for the office center as it stands today.

The Eye for Design for this week (above) is an old building on an old road. If you know which building, send an email to [knarianj@mail.lcc.edu](mailto:knarianj@mail.lcc.edu) and you could win an Eye for Design mug!

JAMES KNARIAN



"Eye for Design" is a monthly contest that features distinctive fine points of architecture in Greater Lansing. It rotates with Eyesore and Eye Candy.

**STATE OF MICHIGAN INGHAM COUNTY PROBATE COURT. NOTICE TO CREDITORS. Decedent's Estate.** Case No. 22-001206-DE-P33. Estate of Elizabeth Parker Stratton. Date of birth: 11/12/1929. **TO ALL CREDITORS: NOTICE TO CREDITORS:** The decedent, Elizabeth Parker Stratton, died 06/12/2022. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Harold Counsellor Stratton III, personal representative, or to both the probate court at 313 West Kalamazoo St., Lansing, MI 48933 and the personal representative within 4 months after the date of publication of this notice. 10/26/2022. Harold C. Stratton III, 3335 Inverary Dr., Lansing, MI 48911, 517-230-8173.

**CP#22-247**

State of Michigan, Ingham County Probate Court, Notice to Interested Persons. Upon filing a Statement to Close in Case No. 22-000256-DE-P33. Estate of Dale Lee Porter will be closed 28 days after the date of publication if no objections are filed.

**CP#22-249**

**ADVERTISEMENT FOR BIDS**

**MONTGOMERY DRAIN MAINTENANCE AND IMPROVEMENT PROJECT DIVISION X – 2022 RESTORATION AND PLANTINGS**

**NOTICE IS HEREBY GIVEN** that I, Patrick Lindemann, Ingham County Drain Commissioner, being Chair of the Montgomery Drain Chapter 20 Drainage Board, will receive construction bids for **Montgomery Drain – Division X** until **Friday, December 9, 2022, at 10:00 a.m.** at the office of the **Ingham County Drain Commissioner**, located at **707 Buhl Avenue, Mason, Michigan, Michigan 48854**. Bids will then be publicly opened and announced on Friday, December 9, 2022, at 10:00 a.m. and, after a meeting of the Montgomery Drain Drainage Board, bids will be publicly awarded.

*The following items of work are viewed as the major items of work comprising the construction of the Montgomery Drain – Division X. The quantities associated with the items of work are approximate and final payment will be made based upon final installed and measured quantities:*

Item No.	Item Description	Unit	Estimated Quantity
1	3" Thick C.I.P. Finely Shredded Dark Walnut Bark Mulch (Wet to Moist)	SYD	3,750
2	2.5" Thick C.I.P. Finely Shredded Dark Walnut Bark Mulch (Moist to Semi Dry)	SYD	4,350
<b>TREES</b>			
3	Amelanchier arborea (Serviceberry)	EA	24
4	Acer rubrum (Red Maple)	EA	10
5	Acer saccharum (Sugar Maple)	EA	35
6	Betula nigra (River Birch)	EA	32
7	Carpinus Caroliniana (American Hornbeam)	EA	22
8	Carya ovata (Shagbark Hickory)	EA	10
9	Cercis canadensis (Eastern Redbud)	EA	14
10	Cornus alternifolia (Pagoda Dogwood)	EA	26
11	Gynocladusdioicus (Kentucky Coffeetree)	EA	8
12	Juniperus virginiana 'Corcorcoc' (Emerald Sentinel Juniper)	EA	40
13	Juniperus virginiana (Eastern Red Cedar)	EA	6
14	Cornusflorida (Flowering Dogwood)	EA	8
15	Liriodendron tulipifera (Tuliptree)	EA	8
16	Nyssa sylvatica (Black Gum)	EA	14
17	Ostrya virginiana (American Hop Hornbeam)	EA	15
18	Picea glauca densata (Black Hills Spruce)	EA	18
19	Pinus strobus (Eastern White Pine)	EA	30
20	Platanus occidentalis (Sycamore)	EA	10
21	Quercus bicolor (Swamp White Oak)	EA	13
22	Taxodium distichum (Baldcypress)	EA	17
<b>SHRUBS &amp; AQUATIC PLANTS</b>			
23	Alisma plantago-aquatica (Common water plantain)	EA	40
24	Nymphaea odorata (Fragrant white water lily)	EA	160
25	Nuphar advena (Yellow pond lily)	EA	320
26	Aronia arbutifolia (Red Chokeberry)	EA	72
27	Ceanothus americanus (New Jersey Tea)	EA	66
28	Cornus sericea 'Bailei' (Red-Osier Dogwood)	EA	90
29	Hydrangea quercifolia (Oakleaf Hydrangea)	EA	40
30	Hamamelis x intermedia 'Arnold Promise' (Witch Hazel)	EA	19
31	Myrica pensylvanica (Northern Bay Berry)	EA	123
32	Rhus aromatica 'Gro-Low' (Fragrant Sumac)	EA	125
33	Juniperus x pfitzeriana 'Sea Green' (Chinese Juniper)	EA	13
34	Cephalanthus occidentalis (Buttonbush)	EA	120
<b>GRASSES AND SEDGES</b>			
35	Juncus effusus (common rush)	EA	60
36	Acorus calamus (sweet flag grass)	EA	80
37	Carexlurida (shallow sedge)	EA	30
38	Carexhystericina (Porcupine sedge)	EA	25
39	Schizachyriumscooperium (Little Bluestem)	EA	20
40	Sporobolus heterolepis 'Tara' (Prairie Dropseed)	EA	70
41	Juncus torreyi (torrey's rush)	EA	30
42	Andropogon gerardii (Big bluestem)	EA	30
<b>WILDFLOWER PLUGS</b>			
43	Baptisia australis 'Purple Smoke' (Purple Smoke False Indigo)	EA	150
44	Amsonia hubrichtii (Blue Star)	EA	90
45	Rudbeckia hirta (black-eyed susan)	EA	300
46	Iris virginica (blue flag iris)	EA	200
47	Asclepias tuberosa (butterflyweed)	EA	400
48	Lobelia cardinalis (cardinal flower)	EA	300

Item No.	Item Description	Unit	Estimated Quantity
49	Eupatorium perfoliatum (common boneset)	EA	200
50	Lobelia siphilitica (great blue lobelia)	EA	400
51	Eupatorium maculatum (spotted joe-pye weed)	EA	200
52	Liatris spicata (marsh blazing star)	EA	300
53	Mimulus ringens (Monkeyflower)	EA	260
54	Echinacea purpurea (broad-leaved purple coneflower)	EA	300
55	Liatris aspera (rough blazing star)	EA	300
56	Asclepias incarnata (swamp milkweed)	EA	200
57	Chelone lyonii (Pink turtlehead)	EA	120
58	Aster novae-angliae (New England aster)	EA	100
59	Ratibida pinnata (Yellow prairie coneflower)	EA	200
60	Chelone glabra (white turtlehead)	EA	200
61	Aquilegia canadensis (wild columbine)	EA	250
62	Lilium michiganense (Michigan lily)	EA	80
63	Vernonia fasciculata (Common ironweed)	EA	80
64	Canada anemone (Anemone canadensis)	EA	100
65	Penstemon hirsutus (Hairy bearded-tongue)	EA	200
66	Caltha palustris (Marsh marigold)	EA	200
67	Arisaema tryphillum (Jack in the Pulpit)	EA	300
68	Aster laevis (Smooth aster)	EA	100
69	Geumtriflorum (Prairie Smoke)	EA	70
70	Sisyrinchium angustifolium (Blue-eyed grass)	EA	60
<b>HABITAT MITIGATION STRUCTURES</b>			
71	HMS - Hibernaculum Structure Type 1	EA	4
72	HMS - Tree Stump	EA	7
73	HMS - Log	EA	5
74	HMS - Basking Rock Pile	EA	2
75	HMS - Sand Mound	EA	1
76	HMS - Mulch Log Pile	EA	2

One contract is being let for this work, which will include all material necessary to perform same. This Contract will be let in accordance with the Contract Documents and bids will be made and received in accordance with these documents.

Bidders must download the Plans and Specifications at a cost of \$15.00 and may do so by downloading digital project bidding documents by entering **Quest Project Number 8322131** on the website's project search page, at [www.geiconsultants.com](http://www.geiconsultants.com) (click on the "GEI Bidding" link) or by using this link: [https://gap.questcdn.com/gap/projects/prj\\_browse/ipp\\_browse\\_grid.html?projType=all&provider=6901061&group=6901061](https://gap.questcdn.com/gap/projects/prj_browse/ipp_browse_grid.html?projType=all&provider=6901061&group=6901061).

Please contact QuestCDN Customer Support at (952) 233-1632 or [info@questcdn.com](mailto:info@questcdn.com) for assistance in free membership registration, downloading, and working with the digital project information.

**A NON-MANDATORY pre-bid conference** will be held on **Friday, November 18, 2022, at 2:00 p.m.** This pre-bid conference will be conducted via a Microsoft Teams web conference available through the following link and telephone conference number:

Link for NON-MANDATORY Pre-Bid Conference:  
[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_MjUwZmFmZDYtNzNhZC00ZjMyLWE4OWY1ZTNiNTJkZTkYMGJN%40thread\\_v2/0?context=%7b%22Tid%22%3a%22f-b1cae5a-c4b9-4108-99c3-f60570916df9%22%2c%22Oid%22%3a%221f45fba2-1289-43d3-af5a-6b270c29791a%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_MjUwZmFmZDYtNzNhZC00ZjMyLWE4OWY1ZTNiNTJkZTkYMGJN%40thread_v2/0?context=%7b%22Tid%22%3a%22f-b1cae5a-c4b9-4108-99c3-f60570916df9%22%2c%22Oid%22%3a%221f45fba2-1289-43d3-af5a-6b270c29791a%22%7d)  
 Or Enter the Meeting Id and Passcode below at 'Join Microsoft Team Meeting' link <https://www.microsoft.com/en-us/microsoft-teams/join-a-meeting>  
 Meeting ID: 244 116 724 77  
 Passcode: Hm8rZ4  
 Or Dial  
 +1 213-336-0347  
 Phone Conference ID: 447 631 360#

Representatives of the Ingham County Drain Commissioner and Engineer will be available at the pre-bid conference to discuss the Drain Contract. Prospective Bidders are encouraged to attend and participate in the pre-bid conference. All prospective Bidders are required to submit a certification of compliance with Public Act 517 of 2012 prior to bid award. The Engineer will transmit to all prospective Bidders of record such Addenda as the Engineer considers necessary in response to questions. Oral statements may not be relied upon and will not be binding or legally effective. **You must download the Contract Documents from QuestCDN to bid on the project, to be included on the plan holders list, and to receive Addenda.** Bidders are responsible for ensuring all Addenda have been received and acknowledged prior to submittal of the Bid. Bidders are responsible for paying the fee to receive bidding documents via QuestCDN.

Bid security in the amount of 5%, for and subject to the conditions provided in the Instructions to Bidders, must be submitted with each Bid. Bids may not be withdrawn for a period of 90 Calendar Days after the actual date of opening thereof. This time period may be extended by mutual agreement of the Ingham County Drain Commissioner and any Bidders.

A Contract will be entered into with the successful Bidder giving adequate security for the performance of the work and meeting all conditions represented in the Instructions to Bidders. The Montgomery Drain Drainage Board reserves the right to reject any and all bids, award the Contract to any Bidder for any reason, and to adjourn the letting to such time and place as it shall publicly announce.

Bidders shall comply with the Ingham County policies regarding the payment of Prevailing Wages, and Equal Opportunity/Nondiscrimination, as set forth in Ingham County Board of Commissioners Resolutions #02-263 and #02-283, respectively. **The work must be substantially complete by December 1, 2023.**

CP#22-252



# CityPULSE

**Thank you for voting in the 2022  
Top of the Town Contest.  
Look for the winners in the Nov. 16 issue.**

## ADVERTISEMENT FOR BIDS

### MONTGOMERY DRAIN MAINTENANCE AND IMPROVEMENT PROJECT DIVISION VIII – FRANDORA HILLS NEIGHBORHOOD

**NOTICE IS HEREBY GIVEN** that I, Patrick Lindemann, Ingham County Drain Commissioner, being Chair of the Montgomery Drain Chapter 20 Drainage Board, will receive construction bids for **Montgomery Drain – Division VIII** until **Thursday, December 8, 2022, at 10:00 a.m.** at the office of the **Ingham County Drain Commissioner**, located at **707 Buhl Avenue, Mason, Michigan 48854**. Bids will then be publicly opened and announced on Thursday, December 8, 2022, at 10:00 a.m. and, after a meeting of the Montgomery Drain Drainage Board, bids will be publicly awarded.

*The following items of work are viewed as the major items of work comprising the construction of the Montgomery Drain – Division VIII. The quantities associated with the items of work are approximate and final payment will be made based upon final installed and measured quantities:*

- 18 Each of Sanitary Manhole, 48-Inch Dia.
- 735 LF of Sanitary Sewer, Lateral Service, 6-Inch
- 2,473 LF of Sanitary Sewer, 8 inch, Tr Det B
- 205 LF of Sanitary Sewer, 10 inch, Tr Det B
- 176 LF of Sanitary Sewer, 12 inch, Tr Det B
- 153 LF of Sanitary Sewer, Spot Repair, 8-Inch
- 66 LF of Sanitary Sewer, Spot Repair, 8-Inch
- 1 EA of Sewer Tap, 8-Inch
- 2 EA of Dr Structure Tap, 12-Inch
- 45 EA of Sanitary Sewer, Wye Branch Connector, 8 Inch x 6 Inch
- 3 EA of Sanitary Sewer, Wye Branch Connector, 10 Inch x 6 Inch
- 1451 LF of Abandon Existing 8-Inch Sewer
- 100 LF of Abandon Existing 10-Inch Sewer
- 8 EA of Dr Structure, Abandon
- 901 LF of 15" C.I.P.P. Liner
- 447 LF of 18" C.I.P.P. Liner
- 500 LF of 21" C.I.P.P. Liner
- 230 LF of 24" C.I.P.P. Liner
- 282 LF of 27" C.I.P.P. Liner
- 261 LF of 30" C.I.P.P. Liner
- 164 LF of 12-Inch HDPE Sock Wrapped Storm Sewer
- 78 LF of 12-Inch C76 IV RCP Storm Sewer
- 30 LF of 15-Inch C76 IV RCP Storm Sewer
- 194 LF of 18-Inch C76 IV RCP Storm Sewer
- 235 LF of 21-Inch C76 IV RCP Storm Sewer
- 236 LF of 30-Inch C76 IV RCP Storm Sewer
- 1 EA of 4-Foot Dia. Storm Manhole
- 1 EA of 6-Foot Dia. Storm Manhole
- 4 EA of 4-Foot Dia. Storm Catch Basin w/ 3-Foot Sump
- 1038 SYD's of Rain Garden, Complete Backfill Installation
- 20 CFT of Riprap, 4-8 Inch Decorative
- 124 SFT of Spillway, Conc
- 15,370 SYD of Cold Mill HMA Surface, 2 Inches
- 9,125 SYD of Pavt, Rem, Modified
- 6,316 SYD of Curb and Gutter, Rem
- 85 STA of Machine Grading, Modified
- 3,150 CYD of Subbase, CIP
- 1,775 SYD of Aggregate Base, 2.5-Inch
- 8,341 SYD of Aggregate Base, 8-Inch
- 41 EA of Dr Structure Cover, Adj, Case 1
- 22 EA of Dr Structure, Temp Lowering
- 34 EA of Dr Structure Cover (Sanitary)
- 2 EA of Dr Structure Cover, 1040C ICDC
- 874 Ton of HMA Leveling Course
- 2,615 Ton of HMA Top Course
- 1,096 SYD of Driveway, Non-reinf Conc, 6-Inch
- 75 Ton of Driveway, HMA, 3-Inch
- 6,317 LF of Curb and Gutter, Conc, Det F4
- 70 LF of Driveway Opening, Conc, Det M
- 1 LS of Parkway Restoration (4,195 SYD)
- 20 EA of Tree, Rem, 6 Inch to 18 Inch Dia
- 11 EA of Dr Structure, Rem
- 1 EA of Dr Structure, Reducer, Rem
- 1662 LF of Sewer, Rem, Less than 24 Inch
- 6316 LF of Curb and Gutter, Rem
- Various temporary traffic control measures
- Various SESC measures

One contract is being let for this work, which will include all material necessary to perform same. This Contract will be let in accordance with the Contract Documents and bids will be made and received in accordance with these documents.

Bidders must download the Plans and Specifications at a cost of \$15.00 and may do so by downloading digital project bidding documents by entering **Quest Project Number 8323156** on the website's project search page, at [www.geiconsultants.com](http://www.geiconsultants.com) (click on the "GEI Bidding" link), or by using this link: [https://gap.questcdn.com/gap/projects/prj\\_browse/ipp\\_browse\\_grid.html?proj\\_Type=all&provider=6901061&group=6901061](https://gap.questcdn.com/gap/projects/prj_browse/ipp_browse_grid.html?proj_Type=all&provider=6901061&group=6901061).

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Link for NON-MANDATORY Pre-Bid Conference:

[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_MjM1ZTQ2NzktYmE2Mi00Y2EwLTliOTAtMmlzNDFlkYmQwZTJk%40thread.v2/0?context=%7b%22Tid%22%3a%22fb1cae5a-c4b9-4108-99c3-f60570916df9%22%2c%22Oid%22%3a%221f45fba2-1289-43d3-af5a-6b270c29791a%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_MjM1ZTQ2NzktYmE2Mi00Y2EwLTliOTAtMmlzNDFlkYmQwZTJk%40thread.v2/0?context=%7b%22Tid%22%3a%22fb1cae5a-c4b9-4108-99c3-f60570916df9%22%2c%22Oid%22%3a%221f45fba2-1289-43d3-af5a-6b270c29791a%22%7d)

Or Enter the Meeting Id and Passcode below at 'Join Microsoft Team Meeting' link <https://www.microsoft.com/en-us/microsoft-teams/join-a-meeting>

Meeting ID: 273 015 287 050

Passcode: EuQGEH

Or Dial

213-336-0347

Phone Conference ID: 742 348 406#

Representatives of the Ingham County Drain Commissioner and Engineer will be available at the pre-bid conference to discuss the Drain Contract. Prospective Bidders are encouraged to attend and participate in the pre-bid conference. All prospective Bidders are required to submit a certification of compliance with Public Act 517 of 2012 prior to bid award. The Engineer will transmit to all prospective Bidders of record such Addenda as the Engineer considers necessary in response to questions. Oral statements may not be relied upon and will not be binding or legally effective. **You must download the Contract Documents from QuestCDN to bid on the project, to be included on the plan holders list, and to receive Addenda.** Bidders are responsible for ensuring all Addenda have been received and acknowledged prior to submittal of the Bid. Bidders are responsible for paying the fee to receive bidding documents via QuestCDN.

Bid security in the amount of 5% for and subject to the conditions provided in the Instructions to Bidders must be submitted with each Bid. Bids may not be withdrawn for a period of 90 days after the actual date of opening thereof. This time period may be extended by mutual agreement of the Ingham County Drain Commissioner and any Bidders.

A Contract will be entered into with the successful Bidder giving adequate security for the performance of the work and meeting all conditions represented in the Instructions to Bidders. The Montgomery Drain Drainage Board reserves the right to reject any and all bids, to award the Contract to any Bidder for any reason, and to adjourn the letting to such time and place as it shall publicly announce.

Bidders shall comply with the Ingham County policies regarding the payment of Prevailing Wages and Equal Opportunity/Nondiscrimination, as set forth in Ingham County Board of Commissioners Resolutions #02-263 and #02-283, respectively. **The work must be substantially complete by November 15, 2023.**

The war against Trumpism won't be won in next week's election. Indeed, the 2022 midterms may deal a setback to Americans of all political stripes who believe in the rule of law and rationality. But if we are ever to stop this slide into what increasingly resembles fascism, we must limit our losses in Tuesday's General Election. Turnout is going to be the key, whether in person or by absentee ballot.

Since mid-September, this page has set out the views of City Pulse on many races and ballot issues. Today, we offer a summary as well as endorsements of candidates for the Lansing school board and several judgeships.

Nationally, the most important race in Greater Lansing is for the new 7th Congressional District seat. Republicans may well win back the United States House of Representatives next week, but it is imperative we return Democrat Elissa Slotkin to Washington. She deserves a third term on the merits of her performance and willingness to work across the aisle, but more important is that she will fight for democratic values. Greater Lansing voters must turn out in order to prevent aiding Trumpism by electing Tom Barrett, a regressive, intolerant Republican.

Statewide, the opponents to incumbents Gov. Gretchen Whitmer, Attorney General Dana Nessel and Secretary of State Jocelyn Benson, all Democrats, are "a terrifying trio of Republican crackpots," as our Oct. 26 editorial said.

Fortunately, Whitmer and Benson seem headed to victory over two election deniers. But Nessel — whose outspokenness coupled with her lesbianism have made her a particular target of Trumpism — is in a tight race against Matthew DePerno, who could well face criminal charges for his post-election efforts to undo President Biden's legitimate victory. "The thought that such a completely delusional character could soon be Michigan's chief legal officer is too disturbing to even contemplate," our editorial said.

In the fight against Trumpism, it is particularly important to vote for state Rep. Julie Brixie, whose opponent, Norm Shinkle, abstained from certifying the 2020 presidential election as a Republican member of the state Board of Canvassers.

In the Lansing City Council race for the 1st Ward, we find both candidates very appealing but give the edge to Brian Daniels. Daniels will need to face the voters again next year. If he disappoints, we trust his worthy opponent,

Ryan Kost, will be waiting in the wings to try again — if indeed Kost, who has been campaigning very hard, does not win this time around.

We also encourage Lansing voters to support both local ballot issues. In one, the Schor administration is asking property owners to make a sizeable commitment of \$175 million over 30 years (close to \$200 annually on a \$100,000 home with a taxable value of \$50,000) to build a badly needed public safety facility for police and courts as well as overhaul our fire stations. The other would ease eligibility standards for board and commission appointees who have felonies on their record. We see no reason upstanding citizens who have paid their debt to society should be barred from such service to the community.

Voters statewide will determine whether to shelve an archaic 1931 state law that bans abortion in favor of the hands-off approach that Proposal 3 offers, which we favor. We also support the other two proposals, one that would expand voting rights, and the other reform term limits.

In Lansing, we commiserate with voters on finding three worthy candidates to fill three seats on the Board of Education for full six-year terms. We have two and a half good candidates. We support incumbent Caitlin Cavanaugh, who was appointed this year, and newcomer Kurt Richardson, both of whom have the backing of the Michigan Education Association.

We support Ryan Smith for the third seat, but must point out that he sends his own children to school in East Lansing. Still, we find him less flawed than Anthony Strevett, who belongs to the antigay New Hope Church and sees no problem with the church's policy of banning men from leadership positions. As for Rick Wendorf, a picture says a thousand words, as did our photo last week of campaign signs on Wendorf's lawn supporting Barrett and GOP gubernatorial candidate Tudor Dixon.

In the 54A District races, we support the incumbents Kristen Simmons and Tony Flores to serve full six-year terms, on the theory that they have already begun to learn the job. And we encourage the third candidate, City Councilmember Brian Jackson, to fulfill the four-year term to which 4th Ward voters elected him just two years ago.

In the 30th Circuit Court race, where both candidates are qualified, we encourage support for Christopher Wickman, who has the backing of local Democrats.

We urge your vote for Alan Fox to continue as Ingham County treasurer. Fox is a progressive Democrat who was elevated from deputy when longtime Treasurer Eric Schertzing stepped down this year.

Finally, we strongly encourage support for Democrat Brooke Locke in the new District 15 race for the Ingham County Board of Commissioners over Monica Schafer, a polarizing right-to-lifer.

# In sum

## The CP Edit

### Opinion

### THE ELECTION DENIER PHILOSOPHY



## Have something to say about a local issue or an item that appeared in our pages?

### Now you have two ways to sound off:

#### 1 Write a letter to the editor.

- E-mail: [letters@lansingcitypulse.com](mailto:letters@lansingcitypulse.com)
- Snail mail: City Pulse, 1905 E. Michigan Ave., Lansing, MI 48912
- Fax: (517) 371-5800
- At [lansingcitypulse.com](http://lansingcitypulse.com)

#### 2 Write a guest column.

Contact Berl Schwartz for more information: [publisher@lansingcitypulse.com](mailto:publisher@lansingcitypulse.com) or (517) 999-5061. (Please include your name, address and telephone number so we can reach you. Keep letters to 250 words or fewer. City Pulse reserves the right to edit letters and columns.)

**B/23/046 PVC SEWER PIPE** as per the specifications provided by the City of Lansing. The City of Lansing will accept sealed bids electronically online at [www.mtn.info](http://www.mtn.info) or at the City Of Lansing Purchasing Office, at 124 W. Michigan Ave, Lansing, MI 48933 until 2:00 PM local time in effect on November 11, 2022 at which time bids will be opened and read. Complete specifications and forms required to submit bids are available by contacting Marilyn Chick at (517) 483-4282, or [Marilyn.chick@lansingmi.gov](mailto:Marilyn.chick@lansingmi.gov) or go to [www.mtn.info](http://www.mtn.info). The City of Lansing encourages bids from all vendors including MBE/WBE vendors and Lansing-based businesses.

**CP#22-248**

**ADVERTISEMENT FOR BIDS**

**MONTGOMERY DRAIN MAINTENANCE AND IMPROVEMENT PROJECT  
DIVISION IV – PIPE REHABILITATION**

**NOTICE IS HEREBY GIVEN** that I, Patrick Lindemann, Ingham County Drain Commissioner, being Chair of the Montgomery Drain Chapter 20 Drainage Board, will receive construction bids for **Montgomery Drain – Division IV** until **Tuesday, November 22, 2022, at 11:00 a.m.** This will be a Virtual Bid Letting only and bids will only be accepted when submitted through Quest CDN. You may attend the Bid Opening in person or virtually. Information will be provided for the Bid Opening in an addendum.

Bids relative to **Montgomery Drain – Division IV** will then be publicly opened and announced on **Tuesday, November 22, 2022, at 11:00 a.m.** at the office of the Ingham County Drain Commissioner, located at 707 Buhl Avenue, Mason, Michigan 48854. After a meeting of the Montgomery Drain Drainage Board, bids will be publicly awarded for work to be undertaken in connection with a drain known and designated as the “Montgomery Drain.”

*The major items of work in connection with construction of the Montgomery Drain and coordination of work for other permitted activities within Division IV include the following:*

1. 15"-48" Cured In Place Pipe – Approx. 4,300 Lin. Ft.
2. Remove and Replace Manhole Castings and Sections – 4 Each
3. Bypass Pumping
4. Pavement Repair
5. Soil Erosion and Sedimentation Control
6. Traffic Control

*All quantities listed are approximate and final payment will be made on measured quantities.*

One contract is being let for this work, which will include all material necessary to perform same. This Contract will be let in accordance with the Contract Documents and bids will be made and received in accordance with these documents.

Bidders wishing to download the Plans and Specifications at a cost of \$30.00 (which includes the cost of bid submission) may do so by going to the Bidding section of the Spicer Group, Inc. website at [www.spicergroup.com](http://www.spicergroup.com). You may view and download the digital project bidding documents by entering Quest Project Number **8327927** on the website's project search page. Please contact Quest CDN Customer Support at (952) 233-1632 or [info@questcdn.com](mailto:info@questcdn.com) for assistance in free membership registration, downloading, and working with the digital project information.

**A NON-MANDATORY pre-bid conference** will be held on **Wednesday, November 9, 2022, at 2:00 p.m.** This pre-bid conference will be conducted via a Microsoft Teams web conference available through the following link and telephone conference number:

Link for NON-MANDATORY Pre-Bid Conference:

**Join on your computer, mobile app or room device** [Click here to join the meeting](#)

Meeting ID: 241 340 976 328 Passcode: **Peg2VJ**

**Or call in (audio only)**

+1 517-507-3834, 690413482# United States, Lansing

Phone Conference ID: **690 413 482#**

Representatives of the Ingham County Drain Commissioner and Engineer will be available at the pre-bid conference to discuss the Drain Contract. Prospective Bidders are encouraged to attend and participate in the pre-bid conference. Attendance will be taken. All prospective Bidders are required to submit a certification of compliance with Public Act 517 of 2012 prior to bid award. The Engineer will transmit to all prospective Bidders of record such Addenda as the Engineer considers necessary in response to questions. Oral statements may not be relied upon and will not be binding or legally effective. **You must download the Contract Documents from QuestCDN to bid on the project, to be included on the plan holders list, and to receive Addenda.** Bidders are responsible for ensuring all Addenda have been received and acknowledged prior to submittal of the bid. Bidders are responsible for paying the fee to receive bidding documents via QuestCDN. Use the Bid Worksheet on QuestCDN for submittal of bids.

Bid security in the amount of 5%, for and subject to the conditions provided in the Instructions to Bidders must be submitted through the QuestCDN site with each Bid. Bids may not be withdrawn for a period of 90 days after the actual date of opening thereof. This time-period may be extended by mutual agreement of the Ingham County Drain Commissioner and any Bidders.

A Contract will be entered into with the successful Bidder giving adequate security for the performance of the work and meeting all conditions represented in the Instructions to Bidders. The Montgomery Drain Drainage Board reserves the right to reject any and all bids, to award the Contract to any Bidder for any reason, and to adjourn the letting to such time and place as it shall publicly announce.

Bidders shall comply with the Ingham County policies regarding the payment of Prevailing Wages and Equal Opportunity/Nondiscrimination, as set forth in Ingham County Board of Commissioners Resolutions #02-263 and #02-283, respectively. **The work must be substantially complete by October 13, 2023.**

**CP#22-254**

**ADVERTISEMENT FOR BIDS**

**MONTGOMERY DRAIN MAINTENANCE AND IMPROVEMENT PROJECT  
DIVISION VI - WATER QUALITY FEATURES**

**NOTICE IS HEREBY GIVEN** that I, Patrick Lindemann, Ingham County Drain Commissioner, being Chair of the Montgomery Drain Chapter 20 Drainage Board, will receive construction bids for **Montgomery Drain – Division VI** until **Tuesday, November 29, 2022, at 11:00 a.m.** This will be a Virtual Bid Letting only and bids will only be accepted when submitted through Quest CDN. You may attend the Bid Opening in person or virtually. Information will be provided for the Bid Opening in an addendum.

Bids relative to Montgomery Drain – Division VI will be publicly opened and announced on **Tuesday, November 29, 2022, at 11:00 a.m.** at the office of the Ingham County Drain Commissioner, located at 707 Buhl Avenue, Mason, Michigan 48854. After a meeting of the Montgomery Drain Drainage Board, bids will be publicly awarded for work to be undertaken in connection with a drain known and designated as the “Montgomery Drain.”

*The major items of work in connection with construction of the Montgomery Drain and coordination of work for other permitted activities within Division VI include the following:*

1. Excavation – Approx. 360 Cu. Yd.
2. Boulder Installation – Approx. 220 Tons
3. Pond Liner – 3000 Sq. Ft.
4. Retaining Walls – Approx. 210 Lin. Ft.
5. Various Concrete Work – Approx. 3700 Sq. Ft.
6. Flagstone Channel – Approx. 420 Sq. Ft.
7. Restoration and Landscaping

*All quantities listed are approximate and final payment will be made on measured quantities.*

One contract is being let for this work, which will include all material necessary to perform same. This Contract will be let in accordance with the Contract Documents and bids will be made and received in accordance with these documents.

Bidders wishing to download the Plans and Specifications at a cost of \$30.00 (which includes the cost of bid submission) may do so by going to the Bidding section of the Spicer Group, Inc. website at [www.spicergroup.com](http://www.spicergroup.com). You may view and download the digital project bidding documents by entering Quest Project Number **8327930** on the website's project search page. Please contact Quest CDN Customer Support at (952) 233-1632 or [info@questcdn.com](mailto:info@questcdn.com) for assistance in free membership registration, downloading, and working with the digital project information.

**A NON-MANDATORY pre-bid conference** will be held on **Wednesday, November 9, 2022, at 3:00 p.m.** This pre-bid conference will be conducted via a Microsoft Teams web conference available through the following link and telephone conference number:

Link for NON-MANDATORY Pre-Bid Conference:

**Join on your computer, mobile app or room device** [Click here to join the meeting](#)

Meeting ID: **262 327 042 990** Passcode: **eKwf8b**

**Or call in (audio only)**

+1 517-507-3834, and 980595213# United States, Lansing

Phone Conference ID: **980 595 213#**

Representatives of the Ingham County Drain Commissioner and Engineer will be available at the pre-bid conference to discuss the Drain Contract. Prospective Bidders are encouraged to attend and participate in the pre-bid conference. Attendance will be taken. All prospective Bidders are required to submit a certification of compliance with Public Act 517 of 2012 prior to bid award. The Engineer will transmit to all prospective Bidders of record such Addenda as the Engineer considers necessary in response to questions. Oral statements may not be relied upon and will not be binding or legally effective. **You must download the Contract Documents from QuestCDN to bid on the project, to be included on the plan holders list, and to receive Addenda.** Bidders are responsible for ensuring all Addenda have been received and acknowledged prior to submittal of the bid. Bidders are responsible for paying the fee to receive bidding documents via QuestCDN. Use the Bid Worksheet on QuestCDN for submittal of bids.

Bid security in the amount of 5%, for and subject to the conditions provided in the Instructions to Bidders must be submitted through the QuestCDN site with each Bid. Bids may not be withdrawn for a period of 90 days after the actual date of opening thereof. This time-period may be extended by mutual agreement of the Ingham County Drain Commissioner and any Bidders.

A Contract will be entered into with the successful Bidder giving adequate security for the performance of the work and meeting all conditions represented in the Instructions to Bidders. The Montgomery Drain Drainage Board reserves the right to reject any and all bids, to award the Contract to any Bidder for any reason, and to adjourn the letting to such time and place as it shall publicly announce.

Bidders shall comply with the Ingham County policies regarding the payment of Prevailing Wages and Equal Opportunity/Nondiscrimination, as set forth in Ingham County Board of Commissioners Resolutions #02-263 and #02-283, respectively. **The work must be substantially complete by October 13, 2023.**

**CP#22-253**



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## Five answers to your questions before Tuesday's General Election

I don't consider myself part of a truth squad, nor do I want to be.

In political campaigns, the layers of gray behind "truth" are so numerous that often it's only those who want to see black and white who see exactly that.

The rest have questions. They want to cut through the talking points and the jargon to get un-sanitized answers. These folks have asked me, as someone who follows this stuff for a living, some questions about the 2022 mid-term election.

Presuming that typically more than one person has the same question, I thought I'd share those with you today along with my answers.

1. Will Proposal 3 eliminate Michigan's law requiring any minor seeking an abortion to first receive parental consent? Does it allow younger teenagers to get on hormone blockers without their parents knowing?

The short answer is not explicitly. The language of the proposal does not automatically repeal every law restricting abortion, but it could.

The constitutional amendment could overturn any law that arguably conflicts with an individual's right to an abortion.

How likely is that? It depends on the attorney you're talking to. To say Proposal 3 automatically returns Michigan to pre-Dobbs and post-Roe isn't accurate. It could in time, but that's assuming every subsequent lawsuit doesn't overturn existing law. Nobody should assume that.

2. Does Proposal 1 really shorten legislative term limits?

For some it does. For others, it does not. Proposal 1 adds experience in the state House by allowing state representatives to serve 12 years instead of six and then trying for eight more in the Senate.

Under Prop 1, no more serving 14 years combined in both the House and Senate.

This proposal allows legislators to serve a total of 12 years combined in the House and Senate, but unless redistricting messes with a district, why would anyone switch between the chambers?

Realistically, it put the state House and state Senate on equal footing in

terms of experience, ends the shuffling around, but will widen the divide between the two chambers because fewer members will know each other.

3. Why are the polls on the governor's race so different? One says Whitmer is up 18 points. Another says it's tied. Whom do I believe?

Polls vary depending on the pollster. They all use varying methods to capture a snapshot of what they feel the electorate will look like on Election Day.

That said, all of the Michigan gubernatorial polls have been consistent on a couple of points:

1. Whitmer is around 49%-53% in support in head-to-head matchups.

2. There are few undecideds.

The question has been the ability for the pollsters to get Republicans to respond to their polls and to be honest with them. Even when a pollster bends over backward to get these voters, Whitmer is up every single time.

My best projection is Whitmer wins with 53% or 52%. Anything outside of three points will be a surprise.

4. What surprise should we look out for?

Matt DePerno could be Michigan's next attorney general. I'd give it a 35% chance. This is more about Nessel than DePerno, whose resume hasn't been exploited as much as it could have been.

Nessel's blunt, take-it-or-leave-it personality attracts some and repels others. She's also taken on issues that have turned some people off, whether it's her handling of the Flint Water Crisis, prosecuting old Catholic priests, arresting people for violating the governor's COVID orders or trying to shut down Line 5.

Also, DePerno used his natural political instincts to become the defacto unifier within the Michigan Republican Party. Republicans respect him.

5. Could Tom Barrett defeat U.S. Rep. Elissa Slotkin in MI-7?

Yes, but it's less than an even shot. This is a Lansing-based district that is trending the wrong way for Republicans. It's a 50/50 district, and Barrett is a quality candidate, but the late D.C. money seems to be moving to Paul Junge in the Flint-Tri Cities 8th District, which is becoming much more Trumpy.

(Email Kyle Melinn of the Capitol news service MIRS at [melinnky@gmail.com](mailto:melinnky@gmail.com).)



KYLE MELINN

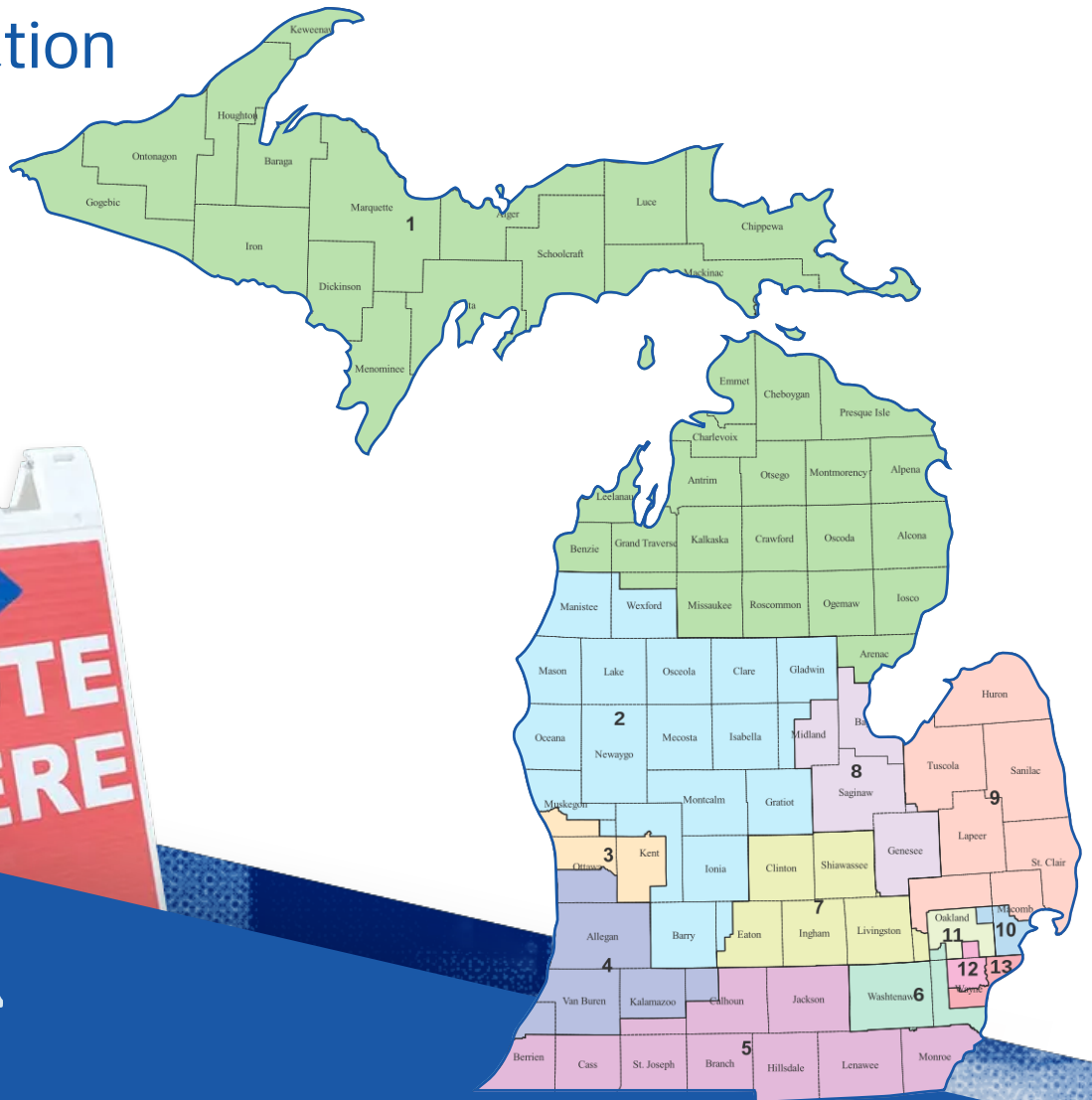
POLITICS

# ARE YOU READY FOR THE NOVEMBER 8 GENERAL ELECTION?

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Visit [mi.gov/vote](https://mi.gov/vote) and click on "Your voter information."

Your polling location  
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local time  
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## Military leaders from Michigan speak out against Republican Karamo

We are not partisan — we took an oath to support and defend the Constitution of the United States against all enemies, foreign or domestic. We served our country in peace and war, commanding soldiers, Marines, sailors, airmen, Coast Guardsmen, and Space Force Guardians around the world. We proudly wore our respective service uniform while serving both Republican and Democratic presidents. We write to you today not as Democrats, nor as Republicans — but as your fellow Americans, Michiganders, and as veterans. We have deployed to war zones in Vietnam, the Caribbean, Bosnia, Kosovo, Iraq and Afghanistan, where we fought side-by-side with those countries' citizens to ensure free and fair elections as we witnessed first-hand what failing governments look like.

We have a clear and present danger to our democracy right here in Michigan. We are deeply concerned about the consequence of the upcoming election for Michigan secretary of state.

The secretary of the state of Michigan is an elected position about whom most of us rarely have cause to be concerned. Well, we need to be concerned about it now! The secretary of state is the person responsible for overseeing and counting our state's votes. Unlike previous citizens who have held this position, one of the 2022 nominees is threatening to tamper with the votes of Michigan's citizens in the 2024 presidential election. You heard that right.

Can you imagine what would happen if the secretary of state, the administrator of Michigan's election, just tossed out your vote? Our country and democracy would be rocked to its core. Yet, that's exactly what election denier and conspiracy theorist Kristina Karamo is saying she would do.

**Opinion**

Think this can't happen in America? It's already been attempted. In 2020, then-President Trump told the secretary of the state of Georgia to "find" 11,780 additional votes and overturn the will of the people. Now we have a candidate in Michigan running on the premise that she would have found those nonexistent votes for Trump, thereby corrupting our elections. To this day, Karamo maintains, without evidence, that the 2020 election was rigged and that she would not have certified your vote! Karamo also promotes baseless conspiracy theories about rigged voting machines and that the insurrection and attack on our nation's Capitol on Jan. 6, 2021, was a false flag operation conducted by "antifa posing as Trump supporters." Karamo's extremist views indicate that she is more loyal to one man than she is to Michigan and to our country. Electing her as secretary of state for Michigan will be an assault on voting rights, on having your vote counted as intended, and on democracy itself.

Changing the voter count on a legitimate election would compromise the very integrity of our system, the very core of what we and countless other veterans have fought (some giving their lives) to defend. Make no mistake, the most serious threat to our democracy is right here in Michigan, and we the people of Michigan must not allow this person with no integrity to oversee our elections.

If you make one vote in this 2022 cycle, regardless of affiliation, we ask you to ensure that it is for the incumbent secretary of state, Jocelyn Benson. Our democracy is at stake. As Michiganders who spent our entire adult lives protecting America and its prized democracy, we implore you to take this national security threat seriously.

You can be an active partner in defending our democracy by talking to your friends and neighbors about this threat and then vote for Jocelyn Benson on Nov 8.

**James Pockock, Major General, US Army, Retired**

**Thomas N. Edmonds, Brigadier General, US Air Force, Retired**

**Axel A. Johnson, III, Brigadier General, US Army, Retired**

**Mark A. Montjar, Brigadier General, US Army, Retired**

**Donald Schenk, Brigadier General, US Army, Retired**

**Valerie Russell Johnston, Master Chief Petty Officer, US Navy, Retired**

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# CHANGE YOUR LIFE IN TWO MONTHS.

LEARN MORE INSIDE



By SARAH SPOHN

Mac's Bar used to be a dark and dingy place. The watering hole almost felt like a portal to the land of grimy, long-gone punk rock clubs like CBGB in New York City. But the next time locals walk into the bar at 2700 E. Michigan Avenue, the vibe will be very different.

Gone are the boarded-up windows. A new tin ceiling shines high above, adorned with gleaming crown moldings and LED recessed can lights. The once battered walls were removed, revealing newly-exposed brick — freshly stripped and sandblasted.

Vintage wood doors sourced from Ypsilanti have been repurposed for the bar. The stage remains in the same spot, though it is now a bit bigger. And while this establishment has been pouring beers since the 1930s, and has remained a place to socialize for generations of residents, the current owner, Chuck Mannino, said he is excited about this new era. Mannino has owned it since 2006, but he was a loyal bar patron before taking the reins.

When he was a Michigan State University student, he and his wife, Lisa, were introduced to Mac's after becoming active in local music. He said they also frequented other go-to venues, like The Small Planet on M.A.C. Avenue in downtown East Lansing. The Small Planet is long gone, but Mac's Bar lives on. Along with mainstays like The Green Door and The Avenue Café, the return of Mac's is once again solidifying Michigan Avenue as the spot for live music in Lansing. "I always gravitated towards live music, so when I discovered Mac's Bar and lived on the east side, I became a regular customer. I loved it," Mannino said. When he heard the bar was in financial trouble, "I immediately jumped at the chance to buy it."

That was 2005.

"My goal was to bring the town the best, most eclectic music," Mannino said. "Mac's was always hardcore. I kept many of the same metal bands but also brought in electronic and hippie music. I continued to carry the torch for all genres of metal and punk rock and folk music. "We had all-ages shows in the late afternoon," he added. "We had comedy night, electronic music night, and so much great stuff."

But Mac's Bar wasn't always a live music venue. It began as a saloon owned by Clare "Mac" Mackenzie in the 1940s. Roughly 50 years later, in 1995, Michigan punk legend (and Etch Magazine founder) Kenny Knot began booking music for the bar, then owned by Paul Fata, who sold it to Mannino. Since then, it has hosted critically acclaimed, yet still emerging, musicians and performers, like Mastodon, The

## A new era

### Remodeled Mac's Bar prepares for reopening



Photos by Meik Brown

After being closed since the COVID-19 shutdown, Mac's Bar, 2700 E. Michigan Ave., Lansing, is wrapping up massive renovations. The completely revamped room, owned by Chuck Mannino (shown above), now showcases its original brick walls and has a new ceiling, custom bar, televisions for sports games and more.

Devil Wears Prada, Greensky Bluegrass, Blue Cheer, Manchester Orchestra, Macklemore, GriZ. The long list is long spans all various genres.

When COVID hit, the bar was shuttered for over a year — an opportunity for the Manninos to do something they'd long dreamed of.

"My wife and I decided we should remodel the bar," he said. "We always wanted to, and we talked about doing it, but there was no window to do it except during the summer months. We thought we'd be closed one summer when students were gone — that would be the slowest time. But we never had the guts to do it. When COVID made us close, we thought, 'let's go for it.'" Unfortunately, remodeling has been moving much slower than anticipated.

"COVID shut us down for a year, or a year and a half maybe, and then the remodeling took about a year," Mannino said.

Besides cosmetics, Mannino said there were also numerous structural problems, requiring almost everything to be redone, from electrical to plumbing. "Every surface has gotten a facelift," he said. "We took down a lot of the distressed materials, the drywall, the drop ceiling, the plywood, the Formica bar and stuff like that. We went back to the original brick walls and ripped the ceiling out to reveal the original 12-foot-high ceiling. We're doing the hardwood floors. We built a whole new wooden bar. We built a new stage. It's going to be great."

Another previously notorious spot

some concertgoers dared venture into — the bathroom — has also been gutted. Gone are the Sharpie-graffitied stalls and band-sticker plastered walls. The revamped look boasts new live-edge slabs of wood, reclaimed-tree countertops from Mason and stainless-steel sinks with LED-light faucets.

The interior space had old, wood-covered windows, creating a cavernous atmosphere. Now, light once again shines through the room. "We ripped off all the wood to expose the windows, and a lot of the brickwork had to be rebuilt because the front of the building was sagging," he said. "That's another thing that took so long. We had to do some major repairs to the building."

See Mac's, Page 18

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**WINNERS ANNOUNCEMENT ISSUE:**  
**WEDNESDAY, NOV. 16**

**THANK YOU FOR VOTING IN THE 15TH ANNUAL TOP OF THE TOWN CONTEST!**

## Mac's

from page 20

Outside, there's a new paint job, additional lighting, a new Mac's sign and awnings.

"In the spring, we're going to make an outdoor hangout area in the back, with games and things like that, along with a privacy fence around it," Mannino said.

Mac's Bar has a soft opening planned for Monday. The 9 p.m. event marks the return of an old weekly staple: Mac's Monday Comedy Night. The official grand opening is planned for Nov. 12, with Kids Under the Carpet, a Phish tribute band from Detroit.

Once reopened, Mannino said he hopes the bar can also attract sports fans to come and cheer on MSU teams, thanks to the addition of new televi-

sions. There will also be two pool tables, foosball, a few pinball machines and a new internet jukebox. There's even talk of bringing food into the mix, especially since Theio's Restaurant next door closed in 2018.

"We want to eventually open up a Detroit-style pizza restaurant in the loft next door to Mac's," he said. "It will have a hole cut in the wall, and it'll serve Mac's Bar pizza. That's my goal." Mannino aims to open it in nine months. In

the meantime, he hopes to transform the space, formerly apartments, into an arcade bar.

Along with the comedy night, other planned programming includes Neon Tuesday, a long-running DJ and electronic music night, also live music on Fridays and Saturdays. Mannino, who is booking the talent now, is still determining if more live music will return

See Mac's , Page 19



Photos by Melik Brown

A few sneak peeks at the inside of Mac's Bar. The soft reopening is planned next week with the return of Mac's Monday Comedy Night, followed by a Nov. 12 grand reopening concert with a Phish tribute band.

### Qualified by Experience

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- Former Chair, Ingham County Board of Canvassers
- Former member, East Lansing City Council
- Staff of Gov. James Blanchard, US Rep. Bob Carr, Michigan State Rep. Lynn Jondahl
- Advocate for Michigan Citizens Lobby and Consumer Federation of America

### Endorsements

- Ingham County Democratic Party
- Michigan State AFL-CIO
- Capital Area UAW CAP Council
- Greater Lansing Association of Realtors

**Vote to Retain Ingham County Treasurer Alan Fox** on Tuesday, November 8th or by absentee ballot today!



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 Alan Fox for Ingham County Treasurer  
 1100 Old Hickory Lane  
 East Lansing, MI 48823



CityPULSE

Thank you for voting in the 2022  
Top of the Town Contest.  
Look for the winners in the Nov. 16 issue.

## Mac's

from page 20

more often. However, he hopes to host more battles of the bands and all-ages shows.

With other local venues like The Loft closing, the number of places an up-and-coming musician or comedian can perform has dwindled in the Capital City. Some nontraditional businesses have popped up, offering shows, including Double Clutch Lounge in Okemos and The Junction on Clippert Street. Beyond that, Downtown Lansing is shooting for a performing arts center. Across the way on Washington Square, another live-event venue, Hall

224, is planning a springtime opening. Still, even with a burst of competition on the horizon, Mac's will likely re-find its natural niche since its long-served as a launching pad for local, regional, and now nationally touring bands' careers. For some, it was the first stage they ever stepped on — their first real gig.

Lansing-area comic Pat Sievert had only done comedy for a few months before the weekly Mac's Monday Night Comedy show started in May 2012. Sievert showed up weekly and eventually earned an official spot on the recurring standup show.

"The show grew slowly," he said. "At first, the crowds were small, but within the first two years or so, we grew our audience and had weekly regulars. Once the show was established, comedians started recording albums and a few filmed sets to submit for televised shows because they knew our crowds were reliably great."

Sievert said he's excited to see the weekly comedy night return. "I hope we can have a show to give new comics a place to work on their craft and more veteran comics a place to try new



Courtesy photo

This before photo shows the transformation of Mac's Bar. The renovations started during the COVID-19 shutdown.

things and keep developing. We had a great audience before the pandemic closed us down — people I looked forward to seeing every week and hoping to see a lot of them again. Mac's was definitely the place that brought the community together."

Mannino said his goal is to maintain Mac's Bar's eclectic history, of-

fering everything from rock 'n' roll to rap and heavy metal to Americana. "Everyone got along and rubbed shoulders with everyone," he recalled. "It was just a place that made everyone feel good. The new Mac's is going to be lots of fun too."

See page 30 for more on the history of Mac's Bar.



Photo by Melik Brown

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# ARTS & CULTURE

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## Move like a proton

'Of Equal Place: Isotopes in Motion' beams dancers into the physics lab

By LAWRENCE COSENTINO

I'd love to clue you in on the weird and wonderful dance production coming to the Wharton Center Sunday, but it won't be easy. As Frank Zappa should have said, writing about dancing is like dancing about isotopes.

"Of Equal Place: Isotopes in Motion" is a pulsating mélange of dance, music, visuals and text designed to unlock the arcane processes happening at MSU's Facility for Rare Isotope Beams, right next door to the Wharton Center.

The unique production is spearheaded by an award-winning national dance company, Dance Exchange, in close collaboration with local partners, including Lansing's Happendance company and dancers from Everett High School and Dwight Rich School for the Arts.

Missy Lilje, artistic director of Happendance, said she was "blown away" by Dance Exchange's "creativity and inclusivity" when the troupe came to the University of Michigan for a residency in the 1990s, when Lilje was studying there, and again in summer 1998 when she took a six-week course with the troupe.

"It changed everything about how I looked at dance," Lilje said. "When I became leader of Happendance, the way we made dance accessible to people was 100 percent influenced by them."

A nonprofit based in Takoma Park, Maryland, Dance Exchange is dedicated to expanding the world of dance — "who gets to dance, where dance happens and what dance is about." Among the troupe's collaborators are NASA, the National Park Service and the Kennedy Center.

Lilje long dreamed of working with Dance Exchange on a local project. In 2017, visionary Dance Exchange founder and choreographer Liz Lerman created "The Matter of Origins," a touring, multi-media explosion of movement and color that got the attention of the physics community, including researchers at the Large Hadron Collider in Switzerland.

Lerman left no neutron unturned

in her oft-stated mission, fueled by a MacArthur Genius grant, to merge dance and science. She even served the "Matter of Origins" audience the same chocolate cake Los Alamos teahouse owner Edith Warner served the Manhattan Project research team.

Several researchers at FRIB, including MSU astrophysicist Artemis Spyrou, hatched a plan to harness Dance Exchange's creative energy and outreach expertise to educate and excite MSU and Lansing about FRIB's cutting-edge research.

In 2017, Lilje got a call from MSU, asking if Happendance was interested in working with Dance Exchange and FRIB. "I thought, 'Are you kidding? It's a dream come true,'" she said.

In the summer of 2018, Lilje and Everett High School dance coordinator Clara Martinez went to Washington, D.C., to huddle with the Dance Exchange staff to brainstorm ideas.

### "Of Equal Place: Isotopes in Motion"

Wharton Center Pasant Theater  
Tour of Facility for Rare Isotope Beams follows  
Sunday, Nov. 6, 1 p.m.  
(517) 432-2000  
whartoncenter.com

"The whole 14-hour trip, it was Physics 101," Lilje said. "We read these papers from FRIB researchers explaining the life cycle of stars and how the FRIB is going to study these particles and tried to imagine how we could turn this into stories we could tell with dance."

The concepts and moves were worked out in a series of Zoom meetings with MSU, Happendance, Martinez and her students and Dance Exchange dancers. The creative team checked everything with Zach Constan, FRIB's outreach director, to ensure the science was accurate.

"The movement is generated from an understanding of physics," Martinez said. "What is a proton and what is a neutron, and how do I represent that through movement of my body? How do you show a physics concept like inertia through artistic expression? How do you make an isotope into a dance movement?"

Later that summer, artists from Dance Exchange came to Everett to work with students. With a well-established dance



Courtesy photos

"Of Equal Place: Isotopes in Motion" uses dance, imagery, music and text to delve into the research conducted at MSU's Facility for Rare Isotope Beams.



program, soon to enter its 50th year, and a New Tech High program of innovative project-based learning, Everett was an ideal local partner with Dance Exchange.

In March 2019, the students excitedly toured Wharton Center's stage and dressing rooms, only to have the project canceled during the pandemic.

Although many of the students from that group have graduated, four are still at Everett and will dance in Sunday's performance.

Eight dancers from Everett will perform Sunday.

Some of the dance sections are set pieces the students need to learn; other portions leave room for collaboration and input from students.

Co-creator Keith Thompson of Dance Exchange said the production offers "many ways in."

"There's a lot of mystery in the dance, things left open to your imagination," Thompson said. "And there are things that hit the nail on the head — here's what happens in a nucleus, here's what's inside an atom."

Two weeks ago, Thompson worked out some of the material with local dancers via Zoom rehearsals. Last week and this week, Dance Exchange dancers worked in person with local partners in a series of intense rehearsals.

"A lot of the movement comes from their thinking, their bodies, their ideas," Thompson said. "There's always room for people to say, 'What if we tried this?' The partnership creates something far more than we could imagine the piece could be."

The experience left Lilje with an unex-

pected benefit.

"I was learning, as a 40-something who thought she was bad at science — I understood these concepts for the first time because of dance," Lilje said.

While talking with FRIB researchers, Thompson was fascinated by the creative back-and-forth between the theorists who propose ideas and the experimenters who prove or disprove them.

"Choreographers have a lot of theory about what they want to do, but you need bodies to create it so you can see it, and they must obey physical laws," he said. "There are limitations to everybody, and it's the same thing with atoms and isotopes."

Martinez recommends that audiences keep an open mind, and Lilje agreed it's a "pretty abstract" presentation.

The dancers, for their part, won't be able to add "Proton A" to a resume of their roles, along with Giselle or the Sleeping Beauty.

"It might not be literal, but if people come in a spirit of curiosity to learn more about dance, and more about science, they'll be in for a real treat," Martinez said.

The specifics might be fuzzy, but for Thompson, the experience was a reminder that all of the elements were forged in the furnace of stars, like our Sun, or in cosmic cataclysms such as supernovae or stellar collisions.

"Everything we see in the sky, everything in nature, even our bodies, our bones — it just blows my mind," he said. "It's an honor to even try to put something together to try to share this lesson with others."

# 'Guardians of Michigan' captures architectural gems

By **BILL CASTANIER**

Look up. Look down. Look around you. That's what the author-photographer and architectural historian Jeff Morrison wants readers to do after reading his new book, "Guardians of Michigan: Architectural Sculpture of the Pleasant Peninsula."

Published by the University of Michigan Press, the book contains more than 1,200 photographs across 450 pages. It looks at the architectural embellishments of significant structures across the Great Lakes State.

Morrison said he was inspired to cover all of Michigan after the success of his first book, "Guardians of Detroit," which concentrated on architectural art within the Motor City.

"I put on an awful lot of miles, traveling the State," said Morrison, who uncovered gems statewide. "Almost every time I visited a city, I came across art I didn't know about."

While visiting Lansing, Morrison said he stopped at Sexton High School to pho-

tograph the sculptures by Corrado Parducci he knew about. Parducci, a prolific architectural artist, completed numerous architectural sculptures in Lansing.

St., Lansing. He will have books available for sale.

"Guardians of Michigan" features more than 25 structures in Lansing and

In addition to the featured buildings, an appendix contains 264 other buildings of note, including the Parducci sculpture on the Lansing Avenue Pumping Station off of Willow Street and the enchanting playful bears on Willow Elementary School by Jungwirth. One of the earliest examples of early architectural embellishment in the book is the magnificent "Rise and Progress of Michigan" by sculptor Carl Herman Wehner, which graces the pediment of the Michigan State Capitol.

Morrison also looks at the works of several sculptors on the campus of Michigan State University, including the exterior art on Jenison, the Einstein-Lawrence sculpture by Ralph Calder on the former Physics Astronomy Building and the Samuel Cashwan sculptures on the Music Building.

According to Morrison, most of the architectural art detailed in the new book can be traced to the latter part of the 20th century and the early decades of the 21st century.

"It was an era of a big building boom across the state," he said. "The art represents the great pride in the community, and there is an effort to restore these buildings statewide."

Morrison said he's been a photographer since the age of 8 or 9, inspired by both his father and grandfather, both amateur photographers.

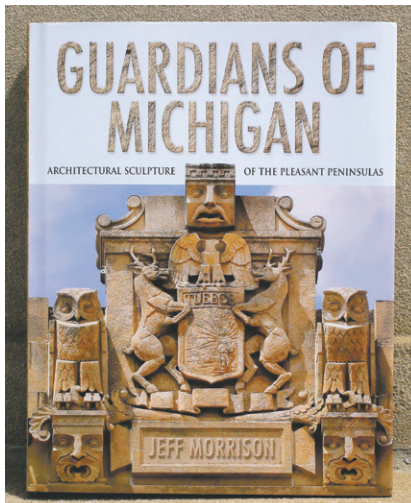
In addition to nature photography and shooting rock concerts while in college, Morrison said his first shot at architectural photography was of The Detroit News' building on Cass Street in Detroit.

See Books, Page 23

## Author event: Jeff Morrison

### "Guardians of Michigan: Architectural Sculpture of the Pleasant Peninsula"

Library of Michigan  
702 E. Kalamazoo St., Lansing  
Video presentation & book signing  
Sponsored by the Historical Society of Greater Lansing  
FREE presentation, 7 p.m.



Courtesy photo

Jeff Morrison

"As I turned a corner at the school, there was more and more and more art," he said.

All photographs in the book were taken of buildings' exteriors, despite the treasure troves inside each location. Sexton High School is one of the 95 featured buildings from 45 cities selected for a more in-depth look. They span from Ontonagon to Monroe. Each has a distinct ambiance.

"The art defines the building," said Morrison, who hosts a free video presentation Thursday (Nov. 3) at the Library of Michigan, 702 E. Kalamazoo

East Lansing. Perhaps the best-known building in Lansing, with the most significant architectural embellishments, is the City National Bank, now Comerica Bank. It receives several pages to showcase the work of Ulysses Ricci. A buffalo shares the front and sides of the building with sculptures depicting a dentist with a pair of pliers, a fleeing bank robber, an elephant and images from U.S. coins.

Just a short walk away are the sculptures by artist Corrado Parducci on the Michigan Bell Telephone Building on Capitol Avenue. Near that is the exterior sculpture executed by Leonard D. Jungwirth on Lansing City Hall. Jungwirth is best known for his Spartan on the MSU campus.

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Vehicles may be inspected **WED. Nov. 16, 2022**, as follows:

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NORTHSIDE TOWING, 226 RUSSELL, LANSING, MI 48906	10:45 AM
SWIFT TOWING, 2347 N CEDAR ST HOLT MI 48842	9:30 AM

NORTHSIDE TOWING 226 RUSSELL LANSING, MI 48906					
YEAR	MAKE	YEAR	MAKE	YEAR	MAKE
2003	CHEVROLET	2017	CHEVROLET	2007	CHEVROLET
2015	NISSAN	2005	FORD	2016	JEEP
2005	CHEVROLET	2001	CHEVROLET	2005	CHEVROLET
2015	OTHER	2009	KIA	2015	GMC
2007	FORD	2007	AUDI	2006	PONTIAC
2010	GMC	2006	DODGE	2012	FORD
2007	HONDA	2005	CHEVROLET	2010	DODGE
2009	CADILLAC	2007	CHEVROLET	1999	CHEVROLET
2018	CHEVROLET	2012	CHEVROLET	2006	CHRYSLER
2008	CHRYSLER	2011	GMC	2007	DODGE
2010	CHEVROLET	2007	CHRYSLER	2017	JEEP

PJS TOWING 1425 RENSEN ST LANSING, MI 48910					
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2007	MERCURY	2002	LEXUS	2002	CHEVROLET
2008	FORD	2010	CHRYSLER	2013	GMC
2013	CHEVROLET	2013	CHRYSLER	2011	GMC
2002	CADILLAC	2017	HONDA	2006	LEXUS
2015	CHRYSLER	2018	OTHER	2010	TOYOTA
2001	FORD	2019	OTHER	2009	DODGE
2011	DODGE	2003	KAWASAKI	2010	FORD
2008	CHEVROLET	2013	FORD	2010	DODGE
2001	JEEP	2019	NISSAN	2001	GMC
2005	CHEVROLET	1989	FORD		

SHROYERS TOWING 2740 EATON RAPIDS RD LANSING, MI 48911					
YEAR	MAKE	YEAR	MAKE	YEAR	MAKE
2008	CHEVROLET	2008	SUBARU	2010	CHRYSLER
2005	BUICK	2007	SATURN	2013	CHRYSLER
2006	DODGE	2013	FORD	2017	HONDA
2008	SATURN	2019	NISSAN	2008	FORD
2000	FORD	2002	LEXUS	2016	CHEVROLET
2008	BUICK				

SWIFT TOWING 2347 N CEDAR ST HOLT, MI 48842					
YEAR	MAKE	YEAR	MAKE	YEAR	MAKE
1979	PONTIAC				

CP#22-255

**Books**

from page 22

“I put them away and didn’t look at them for 10 or 15 years,” he said. “During a period when I was unemployed, I pulled them out and thought I’d do a tourist book to sell at gift shops.”

That idea blossomed into 2019’s “Guardians of Detroit.” Like a new parent, Morrison is hesitant to name a favorite building. “I tell people my favorite building is the next one,” he said.

However, he did discover a trove of architectural art at the William E. Scripps mansion in Lake Orion, which is very close to his home in Oxford. The estate has enough gargoyles and stone faces to scare off a legion of trick-or-treaters. That was new terrain for Morrison.

“I had never been there before,” he said. The author hopes others will use the book to explore art in their hometowns. Certainly, Lansing-area residents will have the ability to use the book as a tour guide.


Morrison said he shot most of the photographs using a telephoto lens (a Tamron 150-600 mm on a Canon body). “It’s the only way you can shoot most of the art,” he explained.



Photos by Jeff Morrison

Here are an assortment of photos found inside “Guardians of Michigan.”

But it wasn’t all just technical camera techniques. He also recalls climbing through a second-floor window of a rectory in Detroit to get on a roof and then climbing a steel ladder to get some shots of some hidden art at the adjacent church. All for the sake of documenting local history.



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# Licks and lessons from Detroit

## Trumpeter Dwight Adams digs in for a week with MSU Jazz Studies

By LAWRENCE COSENTINO

Soulful Detroit trumpeter Dwight Adams can teach MSU Jazz Studies students a lot of things when he comes to town for a week-long residency and a concert Friday night, but self-promotion is not one of them.

Adams is more interested in honesty than hype.

### MSU Jazz Octets

Dwight Adams, trumpet  
Friday, Nov. 4  
Fairchild Theatre  
8 p.m., \$10-12  
(517) 353-5340  
music.msu.edu

Friday, he played a gig with Stevie Wonder but gave it a mixed review.

“It was a corporate gig at some ranch in the middle of the desert

in California,” he said. “It could have been much better, but the fans don’t know that.”

Adams has played with Wonder for nearly 30 years, although they hadn’t played together since 2019.

“He was in good form,” Adams said. “He’s had some health problems, but he seems to have recovered quite well.”

Adams teaches jazz at Wayne State University, but he’s no lecturer. You have to catch lessons from him as they swim by in the river of his memory.

“I’ve made my share of mistakes, and so has he,” Adams said of Wonder. “But he’s like a jazz musician at heart. He knows how to make lemonade out of lemons — recover if you will. ‘It’s not what I wanted to play, but I kind of dig it. Let’s see where it goes.’”

When Adams said the gig could have been better, he was really beating up on himself. Although he has been a stalwart on the scene for decades, playing gigs with every great Detroit musician and more than holding his own, he has yet to release a recording under his own name, and promotional videos on social media are nonexistent.

“I’m definitely my worst critic,” he said. “It’s taken me a while to accept who I am on my instrument, to be secure in myself.”

Not long ago, a friend told Adams that one of his trumpet solos went viral.

He mimicked his friend’s excitement. “Man, people are transcribing your solo and recording themselves on YouTube doing it. It’s awesome.”

But Adams was horrified. “No, it is not awesome,” he said. “It is terrible! There are people better suited for that. It’s OK, I’m flattered, but you need to transcribe the guy I would transcribe. You should transcribe Clifford Brown. Then transcribe the guy Clifford Brown transcribed!”

As a young man, Adams lived with his grandmother and his uncle Rodney, who was only six years older and “more of an older brother.”

Uncle Rodney was a musician and constantly played R&B, rock and roll and fusion records at home. It took years for Adams to work his way back from the fusion era and learn that fusion pioneers like Chick Corea and Herbie Hancock played straight-ahead jazz before they plugged in.

Adams got his first taste of playing “real jazz” in a summer workshop led by seminal Detroit musician-educators Teddy Harris and Donald Walden. Harris liked what he heard and recruited Adams to a smaller group, New Breed Bebop Society.

“It was school for me,” Adams said. The group did a two-year stint at the old Dummy George’s jazz club at Seven Mile and Wyoming in Detroit, backing a series of jazz headliners like Red Prysock.

After studying classical trumpet at the University of Kentucky for a year, he put the trumpet down for about five years.

“I got kind of disenchanted,” he said. “It’s hard to make a living, and it’s even harder now unless somebody takes you by the hand and shows you the opportunities that are out there.”

But he still loved the music and went to the clubs, where Detroit jazz icons like trumpeter Marcus Belgrave and saxophonist James Carter badgered him to pick up the horn.

“Marcus would tell me to practice and start getting some of these gigs,” Adams said. “You might not get rich, but you can make it. You’ve got to go for it, have faith.” Another lesson just swam by.

In 1998, Adams was playing gigs with legendary Detroit saxophonist Ernie Rodgers, band director at Northwestern High School. Rodgers, a first-call musician, played with everyone from Ella

Fitzgerald and Dizzy Gillespie to Frank Sinatra, Elvis Presley, Marvin Gaye and Aretha Franklin.

“He knew everybody in the business,” Adams said.

One day, Rodgers got a call from Stevie Wonder’s bassist, Nathan Watts, a native Detroiter. Wonder’s trumpet

player was spending too much time hustling real estate, and he wanted someone more focused on music.

“I’ve got just the guy for you,” Rodgers told him.

It so happens that when Adams was a teenager, his Uncle Rodney played Stevie Wonder’s “Songs in the Key of Life” about 1,000 times every morning before going to school.

“Learn it? I had no choice but to learn it, repetitively, day in and day out,” Adams said.

He knew every note on the album and aced the audition with Wonder.

After a few minutes with Adams, you get a fisherman’s feel for when the next lesson is about to swim by.

“It’s all about being in the right place at the right time,” he said. “And being somewhat prepared when that opportunity comes.”



Courtesy photo

Detroit trumpeter Dwight Adams will teach and perform with MSU Jazz Studies students all week.

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# Painters and firebirds

## LSO concert takes a snapshot of the early 20th century

By **LAWRENCE COSENTINO**

Some listeners are sick to death of the same old music, while others have enough challenges in their lives and long for familiar comforts. How do you satisfy them all?

For this Saturday's MasterWorks entry, Lansing Symphony maestro Timothy Muffitt has assembled a meaty, all-orchestral program that confronts this dilemma head-on.

The pivotal work is not Igor Stravinsky's "The Firebird," the spectacular evening closer. It's a little-known masterpiece by 20th-century German composer Paul Hindemith, the suite from his opera "Mathis der Maler," or "Mathis the Painter."

"I felt like it's a piece we need to play — a piece our audience should have the chance to experience live," Muffitt said. "It's one of the jewels of the 20th-century symphony, and it's a rarity."

Each of the work's three movements is inspired by a painting by Mathis Grünewald — a German Renaissance painter caught in the violence, war and class unrest of the Reformation and the 1525 Peasants' Revolt.

Grünewald's artistic and personal struggles hit a nerve with Hindemith, whose music was banned by the Nazi regime.

"He gets caught in the powerfully working machinery of State and Church," Hindemith explained at the 1938 premiere of the opera in Zürich. (He fled Germany in 1935 and ended up teaching at Yale.) "His paintings tell us vividly how the wild times with all their misery, their illnesses, and their wars unnerved him."

Grünewald's, and Hindemith's, struggle to find an artistic voice in chaotic times hits the same nerve today.

"It's about how an artist responds to turbulent times, and there's plenty of turmoil and drama, but it's a beautiful and optimistic work," Muffitt said.

Muffitt can uncork the orchestral thunder and lighting with the best of them, but he excels at making a case for less flashy, finely crafted music that rewards close listening.

"There's a lot of Bach, a lot of coolness, a lot of reserve, and not so much of

the overt sentimentality we were finding in Rachmaninoff and Tchaikovsky," Muffitt said.

With Hindemith's music as the pivot, the maestro set about framing the evening with three works that contrast and resonate with it in multiple ways.

In the gorgeous suite "Ancient Airs and Dances," Ottorino Respighi "works a fascination with early music into his own musical vocabulary," Muffitt said, and the result is sometimes charming, sometimes spine-tingling. Respighi's

### Lansing Symphony Orchestra

MasterWorks 2  
7:30 p.m. Saturday, Nov. 5  
Wharton Center Cobb Great Hall  
\$25-58  
(517) 487-5001  
lansingsymphony.org



The splashy "Firebird" suite by Igor Stravinsky (seen here in a sketch by Pablo Picasso) caps Saturday's Lansing Symphony Orchestra concert.

faithful re-creation of pre-Renaissance music contrasts nicely with "Mathis der Maler," in which Hindemith sweeps out the catacombs, harmonizing and orchestrating two Renaissance tunes in his own clean, modern style.

The most familiar work on Saturday's slate, Claude Debussy's "Prelude to the Afternoon of a Faun," is so vividly colored it seems to engage the remain-

ing four senses and the ears.

"It's one of the first pieces of modern music, a stepping-off point for many composers that followed," Muffitt said.

Muffitt wanted to send people home with a blast from the big "renegade" of the early 20th century, Igor Stravinsky.

"He is representing the avant-garde, even though this is one of his least avant-garde works," Muffitt admitted.

"I felt we really needed that balance from the musical perspective. We're feeling his romantic Russian roots and his French influence. That's why this is on here, rather than 'The Rite of Spring' or 'Petrouchka' or one of his more avant-garde pieces."

In addition to providing one of the most thrilling climaxes in all of symphonic music, "The Firebird" ties many of the evening's musical and thematic threads together. Like Debussy, Stravinsky draws on mythology and folklore of the past, a common device among composers of the romantic era. But "The Firebird" is also a preview of coming attractions — or, rather, disruptions — as the world tumbled into the chaos of the 20th century.

"We get into parts of this music that project some of the rhythmic and harmonic innovations that are about to come from his pen, just a few years after he wrote this work," Muffitt said.

There's an undertow to the entire evening, a convergence of ancient and

modern currents, that is likely to resonate with listeners riding out a similar whirlpool a century later.

"The turn of the 20th century was a time of unprecedented and different kinds of musical creativity," Muffitt said. "This is a time capsule, a snapshot of four different directions music was taking."



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### WELLNESS

## Balancing the Brain with Neurofeedback

Just like our hearts, the brain is filled with electrical rhythms that can either keep everything running smoothly or cause a myriad of problems and symptoms when these rhythms are out of balance. If you've had a sleep study or if you've been monitored for seizures, then your brain's electrical rhythms have been evaluated for dysfunctional patterns. However, brain rhythms can be implicated in much more beyond seizures and sleep issues. Neurofeedback uses state of the art equipment and software to record and measure your brainwaves, and a professional can then evaluate that data to look for correlations between imbalances in the electrical activity and a wide range of physical, cognitive, emotional, and behavioral issues. For example, we know that people who make more beta waves in their left frontal lobe are usually happier and more focused. So, if your frontal lobe lacks beta, Neurofeedback can help you to train your brain to produce more beta waves. It takes about 20-30 sessions to re-train your brain, but positive changes are often long-term to permanent. Neurofeedback can help to calm a busy, stressed brain, and can also help a person to become less reactive and more flexible. For example, adults with anger issues have mentioned that Neurofeedback seems to "open up space" between a trigger and a reaction, so that they can respond to the trigger in a more fruitful way. Neurofeedback is well-endorsed, including The American Academy of Pediatrics, The Mayo Clinic, and leading trauma researcher, Bessel van der Kolk, MD.



Gretchen Morse, DMA, is Board Certified in Neurofeedback and serves on the Board of the Midwest Society for Behavioral Medicine and Biofeedback.

**MID-MICHIGAN NEUROFEEDBACK**

**GRETCHEN MORSE**

**(517) 290-4965**

2109 Hamilton Rd. Ste 100-C  
Okemos, MI  
mmnero.com

# High times, low prices



By LUCAS HENKEL

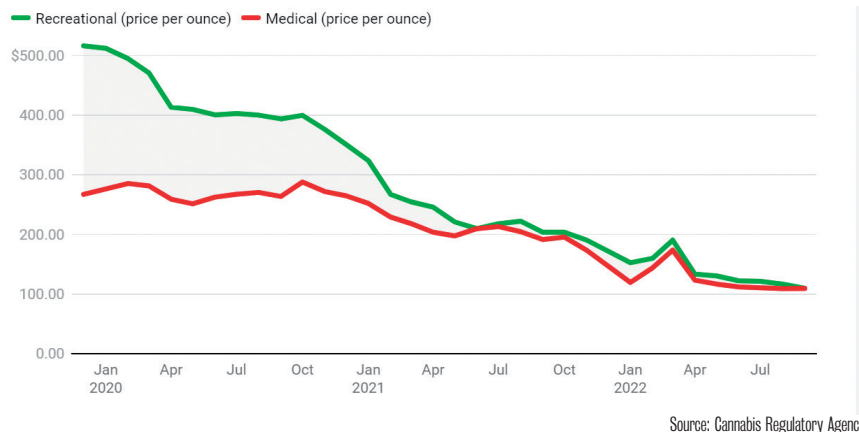
Times are tough out here. Quite an understatement, I know. The cost of groceries has skyrocketed 13% in the last year. Gas prices radically fluctuate daily. So, trying to pay bills can be an anxiety-fueled experience.

With these shaky trends, it's surprising to hear that the cost of cannabis, especially cannabis flower sold per ounce, has astonishingly plummeted, and it's all documented by the Cannabis Regulatory Agency (CRA) in its monthly reports.

In September 2020, just two years ago, Michigan's CRA reported that the average retail cost of an ounce of cannabis was \$295. Last month, the CRA logged the average retail price for an ounce of cannabis at \$109.

This price dip has been caused by various factors, like big corporations with even bigger licenses pushing out warehouses full of plants that saturate the market. It has created much discourse about growing licenses, who should receive those licenses and the future

## Marijuana prices in Michigan



Source: Cannabis Regulatory Agency

of cannabis in Michigan. In the meantime, what does that mean for the consumers? You, dear reader, now have affordable, quality options across Greater Lansing. Balling on a budget has never been easier.

For a bit of background, ounces in Lansing, or ounces of cannabis pre-

weighed and packaged at the facility they were produced at, run between \$69 to \$119 per ounce. Prepackaged ounces typically tend to be cheaper than cannabis that is served "deli-style" or when cannabis is weighed out during each individual transaction. They usually have "too small" buds to be sold in loose or bulk options. THC percentage depends on the strain, but there's something for every level of stoner.

I perused local dispensary menus and gathered a list of which dispensaries have the cheapest, quality prepackaged ounces in Lansing.

Where'd I look? Ascend Wellness, Bazonzoes, Dispo, Herbana, Homegrown, JARS, Pincanna, Pleasantrees, Pure Options and Skymint.

Keep in mind that available strains change daily or on a "first come, first served" basis - check out Weedmaps or the dispensary's website to see what's available near you.

**Pure Options**  
**\$69 "Ready to Roll" ounces**  
**THC range: 20% to 28%**

It's no secret that Pure Options' grow operation, Pro Gro, produces some incredible weed. This year, High Times named its Cherry Lime Runtz, a fruity indica strain created from crossing Cherry Lime Haze and Runtz, as one of the top adult-use strains in Michigan. Users of this strain report feeling a relaxed body high that left the mind focused and creative.

**Pincanna**  
**\$79 to \$99 "The Smallz" ounces**  
**THC range: 18% to 23%**

The Smallz prepackaged ounces from

Pincanna prove that size truly doesn't matter. These prepacked bags contain smaller buds from their premium cannabis flower. Gorilla Nut, a hybrid strain from Pincanna's collab with Detroit Red Wings hockey veteran Darren McCarty, is an excellent grab. Users of this strain report elevated mood, stress relief and relaxation.

**Ascend Wellness**  
**\$89 "Simply Herb" ounces**  
**THC range: 16% to 28%**

Ascend Wellness may be one of the newer dispensaries in the Lansing area, but they're no stranger to having a variety of affordable prepackaged ounces. As I'm writing this, Ascend Wellness offers a dozen strains on its Simply Herb line. From gassy, sativa-dominant Lemon Bubba Temple OG (try saying that ten times fast) to sweet, indica-hybrid Wedding Crasher, it's a diverse bag. I'm personally looking at Dosilato, an indica strain that's produced when crossing Do-Si-Dos and Gelato 41, because of its rich lavender aroma.

**Bazonzoes**  
**\$99 ounces**  
**THC range: 17% to 24%**

Bazonzoes doesn't have its own provisioning center or grow operation, but it does have some quality ounces. It carries a wide selection from Bay City-based company Rair Cannabis. Rair's Mimosa, a fruit sativa-dominant hybrid strain, packs bright and happy daytime effects perfect for folks on the move. Users of this strain report it helping them with chronic depression, anxiety and ADHD symptoms. This could be due to citrus-forward terpene, limonene and its mood-boosting effects.



Courtesy photo

The Smallz prepackaged ounces from Pincanna.

## Mushroom Grow Course

Learn to grow your own!

\$70-Course

\$129 Class and Grow kit

\$199 Course and Premium Grow Kit

Saturday, November 19th  
 5-8pm

6810 S Cedar St  
 Suite B  
 Lansing, MI 48911  
 (517)225-2030



Presented By:



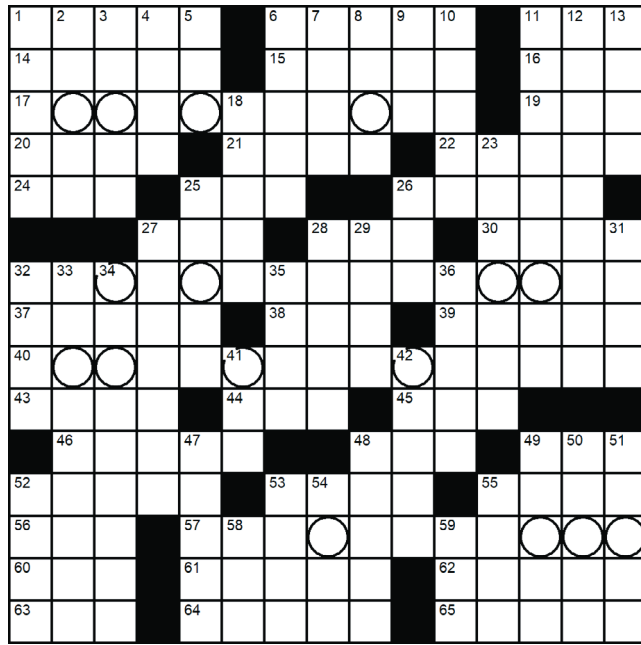
# Jonesin' Crossword

By Matt Jones

"A Little Pick-Me-Up"--just what I need.  
by Matt Jones  
© 2022 Matt Jones

**ACROSS**

- 1. Scale in the zodiac
- 6. Jackal or coyote, e.g.
- 11. Letters meaning "everything sucks"
- 14. Rude gazer
- 15. "Asteroids" producer
- 16. Italy's equivalent of the BBC
- 17. Publishing company that's all about brevity
- 19. Comprehensive abbr.
- 20. "That was an accident!"
- 21. Base after third
- 22. Big Greek island
- 24. 1975 ABBA hit
- 25. Preceder of X, Y, Z, or Alpha
- 26. Feeling faint
- 27. Pool poker
- 28. Midwest exclamation
- 30. Tilt a bit
- 32. #1 song of 1973 and 1996
- 37. Words before and after "what" in an unrepentant phrase
- 38. Granola bit
- 39. Genoa goodbyes
- 40. Verbal lapse
- 43. Exciting cry (that's not-as-exciting numbers if you switch the syllables)
- 44. "Got it!"
- 45. Amazed DM reaction
- 46. "Back to the Future" role
- 48. Stunned disbelief
- 49. Common URL ending



- 52. Unaccountable quality?
  - 53. D&D class
  - 55. Item with a combination lock
  - 56. \_\_\_-Wan Kenobi
  - 57. She released "Midnights"
  - 60. "Avenue 5" actor Josh
  - 61. Like baked dough
  - 62. Kitchen peeler
  - 63. Labor of love?
  - 64. Nervous
  - 65. Humble dwelling
- DOWN**
- 1. Doritos \_\_\_ Tacos (legendary menu item)
  - 2. Place to chill out?
  - 3. Radar spots
  - 4. Sports judges
  - 5. Retriever remark
  - 6. What fan fiction is not
  - 7. Molecular matter
  - 8. UFC fighter Diaz
  - 9. Tirade cause
  - 10. Studio 54, for one
  - 11. Game with a lot of staying put
  - 12. One of three Dominican brothers who played for the same team in 1963
  - 13. Tiny parasites
  - 18. Estevez's brother
  - 23. Deep massage technique
  - 25. Father Sarducci of early "SNL"
  - 26. "Fantastic Mr. Fox" director Anderson
  - 27. Stock graphics
  - 28. Nebraska steak hub
  - 29. Comedian Holmes
  - 31. 11 Wall St. institution
  - 32. Star \_\_\_ (tuna brand)
  - 33. Capital city since 1966
  - 34. Saved for the future
  - 35. "Pearl" star Mia
  - 36. "\_\_\_, All Ye Faithful"
  - 41. Wray of "King Kong"
  - 42. Structure in some defense games
  - 47. Aquarium acquisition
  - 48. It's a big pain
  - 49. Egypt's largest city
  - 50. Disposed of, gangster-style
  - 51. Mersey measure
  - 52. Order option
  - 53. 1990s point-and-click puzzle game
  - 54. Some are pale
  - 55. Ear cleaner
  - 58. "You Will Be My True Love" ("Cold Mountain" song)
  - 59. Upscale hotel amenity

# Free Will Astrology

By Rob Breznsky

November 2-8, 2022

**ARIES (March 21-April 19):** When you Aries people are at your best, you are driven by impeccable integrity as you translate high ideals into practical action. You push on with tireless force to get what you want, and what you want is often good for others, too. You have a strong sense of what it means to be vividly alive, and you stimulate a similar awareness in the people whose lives you touch. Are you always at your best? Of course not. No one is. But according to my analysis of upcoming astrological omens, you now have extra potential to live up to the elevated standards I described. I hope you will take full advantage.

**TAURUS (April 20-May 20):** In my experience, you Taurus often have more help available than you realize. You underestimate your power to call on support, and as a result, don't call on it enough. It may even be the case that the possible help gets weary of waiting for you to summon it, and basically goes into hiding or fades away. But let's say that you, the lucky person reading this horoscope, get inspired by my words. Maybe you will respond by becoming more forceful about recognizing and claiming your potential blessings. I hope so! In my astrological opinion, now is a favorable time for you to go in quest of all the help you could possibly want. (PS: Where might the help come from? Sources you don't expect, perhaps, but also familiar influences that expand beyond their previous dispensations.)

**GEMINI (May 21-June 20):** Sometimes, life compels us to change. It brings us some shock that forces us to adjust. On other occasions, life doesn't pressure us to make any shifts, but we nevertheless feel drawn to initiating a change. My guess is that you are now experiencing the latter. There's no acute discomfort pushing you to revise your rhythm. You could probably continue with the status quo for a while. And yet, you may sense a growing curiosity about how your life could be different. The possibility of instigating a transformation intrigues you. I suggest you trust this intuition. If you do, the coming weeks will bring you greater clarity about how to proceed.

**CANCER (June 21-July 22):** "We suffer more often in imagination than in reality," wrote ancient Roman philosopher Seneca. That's certainly true about me. If all the terrible things I have worried about had actually come to pass, I would be unable to function. Luckily, most of my fears have remained mere fantasies. What about you, fellow Cancerian? The good news is that in the coming months, we Crabs will have unprecedented power to tamp down and dissipate the phantasms that rouse anxiety and alarm. I predict that as a result, we will suffer less from imaginary problems than we ever have before. How's that for a spectacular prophecy?

**LEO (July 23-Aug. 22):** Poet Matt Michael writes, "Sure, the way trees talk is poetry. The shape of the moon is poetry. But a hot dog is also poetry. LeBron James' tomahawk dunk over Kevin Garnett in the 2008 NBA Playoffs is poetry. That pothole I always fail to miss on Parkman Road is poetry, too." In accordance with current astrological omens, Leo, I'd love for you to adopt Michael's approach. The coming days will be a favorable time to expand your ideas about what's lyrical, beautiful, holy, and meaningful. Be alert for a stream of omens that will offer you help and inspiration. The world has subtle miracles to show you.

**VIRGO (Aug. 23-Sept. 22):** Virgo author Michael Ondaatje was born in Sri Lanka, but as a child moved to England and later to Canada. His novel *Running in the Family* describes his experiences upon returning to his native Sri Lanka as an adult. Among the most delightful: the deluge of novel sensory sensations. On some days, he would spend hours simply smelling things. In accordance with current astrological omens, I recommend you treat yourself to comparable experiences, Virgo. Maybe you could devote an hour today to mindfully inhaling various aromas. Tomorrow, meditate on the touch of lush textures. On the next day, bathe yourself in sounds that fill

you with rich and interesting feelings. By feeding your senses like this, you will give yourself an extra deep blessing that will literally boost your intelligence.

**LIBRA (Sept. 23-Oct. 22):** You evolved Libras understand what's fair and just. That's one of your potencies, and it provides a fine service for you and your allies. You use it to glean objective truths that are often more valuable than everyone's subjective opinions. You can be a stirring mediator as you deploy your knack for impartiality and evenhandedness. I hope these talents of yours will be in vivid action during the coming weeks. We non-Libras need extra-strong doses of this stuff.

**SCORPIO (Oct. 23-Nov. 21):** Here are tips on how to get the most out of the next three weeks: 1. Be a master of simmering, ruminating, marinating, steeping, fermenting, and effervescing. 2. Summon intense streams of self-forgiveness for any past event that still haunts you. 3. Tap into your forbidden thoughts so they might heal you. Discover what you're hiding from yourself so it can guide you. Ask yourself prying questions. 4. Make sure your zeal always synergizes your allies' energy, and never steals it. 5. Regularly empty your metaphorical trash so you always have enough room inside you to gleefully breathe the sweet air and exult in the earth's beauty.

**SAGITTARIUS (Nov. 22-Dec. 21):** "I straddle reality and the imagination," says Sagittarian singer-songwriter Tom Waits. "My reality needs imagination like a bulb needs a socket. My imagination needs reality like a blind man needs a cane." I think that's great counsel for you to emphasize in the coming weeks. Your reality needs a big influx of energy from your imagination, and your imagination needs to be extra well-grounded in reality. Call on both influences with maximum intensity!

**CAPRICORN (Dec. 22-Jan. 19):** Sometimes, Capricorn, you appear to be so calm, secure, and capable that people get a bit awed, even worshipful. They may even get caught up in trying to please you. Is that a bad thing? Not necessarily—as long as you don't exploit and manipulate those people. It might even be a good thing in the coming weeks, since you and your gang have a chance to accomplish big improvements in your shared resources and environment. It would take an extra push from everyone, though. I suspect you're the leader who's best able to incite and orchestrate the extra effort.

**AQUARIUS (Jan. 20-Feb. 18):** If you have been posing as a normal person for too long, I hope you will create fresh outlets for your true weird self in the weeks ahead. What might that entail? I'll throw out a couple of ideas. You could welcome back your imaginary friends and give them new names like Raw Goodness and Spiral Trickster. You might wear fake vampire teeth during a committee meeting or pray to the Flying Spaghetti Monster to send you paranormal adventures. What other ideas can you imagine about how to have way too much fun as you draw more intensely on your core eccentricities?

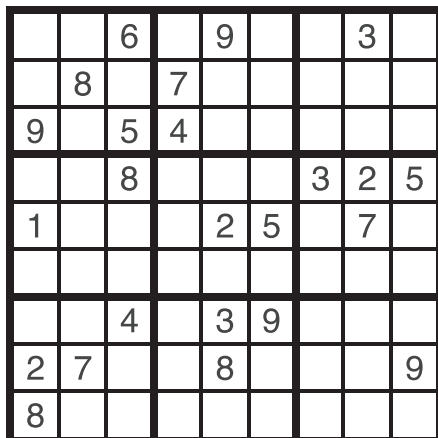
**PISCES (Feb. 19-March 20):** I suspect you will have metaphorical resemblances to a duck in the coming weeks: an amazingly adaptable creature equally at home on land, in the water, and in the air. You will feel comfortable anywhere you choose to wander. And I'm guessing you will want to wander farther and wider than you usually do. Here's another quality that you and ducks will share: You'll feel perfectly yourself, relaxed and confident, no matter what the weather is. Whether it's cloudy or shiny, rainy or misty, mild or frigid, you will not only be unflappable—you will thrive on the variety. Like a duck, Pisces, you may not attract a lot of attention. But I bet you will enjoy the hell out of your life exactly as it is.

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Answers on page 31

# SUDOKU

# Beginner



## Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**Here's How It Works:**  
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

# OUT on the TOWN

## Events & Happenings in Lansing This Week

Events must be entered through the calendar at [lansingcitypulse.com](http://lansingcitypulse.com).  
Deadline is 4 p.m. Thursday for the upcoming Wednesday edition. Charges may apply for paid events to appear in print. If you need assistance, please call Hannah at (517) 999-6704.

### Nov. 2

**50 over Fitness** – The Meridian 50 Plus Stretch and Flex Exercise group exercises at Meridian Township Central Park Pavilion (Old Farmers Market) at 9 a.m., 5151 Marsh Rd., Okemos. 517-853-4600. [meridian50plus.com](http://meridian50plus.com).

**5th Annual Ladies Night** - It's that time of year again. 5-8 p.m. Eaton Rapids Family Chiropractic, 1467 S. Main St., Eaton Rapids.

**Beginning Ukulele for the Family** - Share the "aloha spirit" in this 5-week series of classes, taught by Michigan's Ukulele Ambassador Ben Hassenger, 6-7 p.m. @ Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014.

**It's Elementary.** - Discover science in the world around you with experiments, crafts, activities, and more. This month's theme is "Fossil Frenzy." Snack included. 2:45-3:45 p.m. Charlotte Community Library, 226 South Bostwick St., Charlotte. [charlottelibrary.org](http://charlottelibrary.org).

**LBCA Meeting** - 7:30-8:30 a.m. Laingsburg. [laingsburg.us](http://laingsburg.us).

Meditation in the Thich Nhat Hanh tradition - All are welcome to join our weekly practice. 7-9 p.m. Van Hanh Temple, 3015 S. MLK Jr Blvd., Lansing. [lamc.info](http://lamc.info).

**Michigan Young Birders Network Virtual Meeting** - Holds monthly meetings on the first Wednesday at 7 p.m. Michigan Audubon, 2310 Science Parkway, #200, Okemos. [michiganaudubon.org](http://michiganaudubon.org).

**"Dreaming Between the Lines"** – a new exhibit by Williamston-based artist Bobbi Kilty, now on display at The Peoples Church of East Lansing. 10 a.m.-4 p.m., 200 W. Grand River Ave., East Lansing. 517-332-5073. [thepeopleschurch.com](http://thepeopleschurch.com).

**Sensory-friendly showing of Coco** - Stop by the Library for a sensory-friendly showing of Coco and Mexican snacks. No Library Card or registration is required. All ages. 4:30-6:30 p.m. Eaton Rapids Area District Library, 220 South Main St. [eradl.org](http://eradl.org).

**Student Recreation and Wellness Center Community Engagement Session** - Learn more and share your feedback. 6 p.m. East Lansing. [events.msu.edu](http://events.msu.edu).

**Wheel of the Year: Samhain and Ancestors** - Join us online or in person every Wednesday evening for discussions, rituals, meditations, and more. 6-8 p.m. Weavers of the Web, ATC, 809 Center St., # 7A, Lansing. 517-657-5800. [weaversoftheweb.org](http://weaversoftheweb.org).

**Zaha Hadid Design: Untold.** 10

a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E Circle Dr., East Lansing. [bRd.museum.msu.edu](http://bRd.museum.msu.edu).

### Nov. 3

**2040 Film in Wells Hall** - Award-winning director Damon Gameau (That Sugar Film) embarks on a journey to explore what the future could look like by the year 2040. 7-10 p.m. Wells Hall, 619 Red Cedar Rd., East Lansing. [museum.msu.edu](http://museum.msu.edu).

**25th East Lansing Film Festival** - November 3 - 10, is showing exclusively wonderful, interesting, provocative films at the beautiful theater, 5:30-11 p.m. STUDIO C, 1999 CENTRAL PARK DRIVE, Okemos. 517-381-8100. [ELFF.COM](http://ELFF.COM).

**"A Discourse in Miracles", a Group Discussion with Carol and Dan Maynard** - Thursday 7 pm. ZOOM ONLY with Dan and Carol Maynard Group discussion. Unity Spiritual Center of Lansing, 2395 Washington Rd., Lansing. 517-371-3010. [unitylansing.org](http://unitylansing.org).

**Autumn Leaf Painting** - Create a canvas of beautiful autumn artwork by using leaves as paint stencils. No Library Card is needed. Registration required. 5:30-6:30 p.m. Eaton Rapids Area District Library, 220 South Main St., Eaton Rapids. [eradl.org](http://eradl.org).

**Drain** - 7 p.m. Edgemen Printing, 19757 15 Mile Rd, Clinton Village. [bandsintown.com](http://bandsintown.com).

**Ladies Silver Blades Skating Club** - Meets every Thursday, until May, from 9:30 am to 11:20 am. Join other adult women for fun, exercise, friendship, and skating practice. Suburban Ice, 2810 Hannah Blvd., East Lansing. [ladiessilverblades.org](http://ladiessilverblades.org).

**Group Dance Classes** - Beginning West Coast Swing - 7-7:50 p.m. Michigan Athletic Club, 2900 Hannah Blvd, East Lansing. [sparrow.org](http://sparrow.org).

**The Magnolia Ballet Part 1** - By Terry Guest is a Southern Gothic fable that melds high drama, dance, poetry, and spectacle to explore masculinity, 8-9:30 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. 517-655-7469. [williamstontheatre.org](http://williamstontheatre.org).

**New Art Exhibit Showcases Powerful Array of Artistic Techniques and Images** - "Dreaming Between the Lines" – a new exhibit by Williamston-based artist Bobbi Kilty, is now on display at The Peoples Church of East Lansing. 10 a.m.-4 p.m., 200 W. Grand River Ave., East Lansing. 517-332-5073. [thepeopleschurch.com](http://thepeopleschurch.com).

**Percussion Ensemble** - 7:30 p.m. Fairchild Theatre, 542 Auditorium Rd., East Lansing. 517-355-1855. [bandsintown.com](http://bandsintown.com).

## Michigan Made: Holiday Art Exhibition

Lansing Art Gallery & Education Center

300 S. Washington Sq., # 100, Lansing

Nov. 2 – Dec. 23

Opening reception: Thursday, Nov. 10

(517) 574 – 4521

[lansingartgallery.org](http://lansingartgallery.org)

For those who prefer to support Lansing area artists during the holiday season, this is a must. Hosted by the Lansing Art Gallery, Michigan Made: Holiday Art Exhibition has become an artsy annual tradition. The exhibition, which runs through Friday, Dec. 23, showcases established and emerging artists while offering holiday shopping opportunities that support local makers. The pieces on display range from fine art to small gifts, including jewelry, leather goods, sculpture, pottery and more.

Looking ahead, stop by the gallery Thurs. Nov. 10 for a reception, which runs 5-8 p.m. Along with the locally-sourced art for sale, there will be tasty refreshments, an outdoor pop-up, art kits, cookie decorating and free gift wrapping.



**Stitch 'n Bitch** - Come hang out with some fellow stitching witches. Open all evening, free of charge, just come in for a spell. 5-8 p.m. Keys to Manifestation, 809 Center St., #7, Lansing. 517-974-5540. [manifestlansing.com](http://manifestlansing.com).

**Switch Gaming: Smash Bros. Tournament** - Join us for an evening of fun and friendly Switch gaming as we play Super Smash Bros tournament-style. 6-8 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014.

**Zaha Hadid Design: Untold** - Zaha Hadid Design: Untold "I think there should be no end to experimentation." —Zaha Hadid (1950–2016) 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E Circle Dr., East Lansing. [bRd.museum.msu.edu](http://bRd.museum.msu.edu).

### Nov. 4

**25th East Lansing Film Festival** – Nov. 3 - 10, is showing exclusively wonderful, interesting, provocative films at the beautiful theater, 1:30-11 p.m. STUDIO C, 1999 CENTRAL PARK DRIVE, Okemos. 517-381-8100. [ELFF.COM](http://ELFF.COM).

**50 over Fitness** - The Meridian 50 Plus Stretch and Flex Exercise group exercises at Meridian Township Central Park Pavilion (Old Farmers Market) at 9:00 a.m., 5151 Marsh Rd., Okemos. 517-853-4600. [meridian50plus.com](http://meridian50plus.com).

Arts Night Out - 1232 Turner St. 5-9 a.m. Lansing. [iloveoldtown.org](http://iloveoldtown.org).

**Craft Club Jr** - Paint your own mix-and-match jewelry pieces. Friday, November 4th from 4:15 to 5:15pm. Grades 1 through 3. Charlotte Community Library, 226 South Bostwick St., Charlotte. [charlottelibrary.org](http://charlottelibrary.org).

**Darin Lerner Jr. Music** - 9:30 p.m. The Exchange, 314 E Michigan Ave, Lansing. 517-319-4500. [bandsintown.com](http://bandsintown.com).

**Jazz Octets with Dwight Adams, jazz trumpet** - Soul-inspired jazz trumpeter Dwight Adams is one of the brightest stars on the Detroit jazz scene. 8 p.m. Fairchild Theatre, 542 Auditorium Rd, East Lansing. 517-355-1855.

**John McCutcheon** - "John McCutcheon is not only one of the best musicians in the USA, but also a great singer, songwriter, and song leader. 7:30-10 p.m. East Lansing. [tenpoundfiddle.org](http://tenpoundfiddle.org).

**MAC- Social Dance Party** - Social Dancing for all levels of dancers. Drinks provided. 6:30-9 p.m. Michigan Athletic Club, 2900 Hannah Blvd, East Lansing. 517-364-8888.

**The Magnolia Ballet P. 1** - Terry Guest is a Southern Gothic fable that melds high drama, dance, poetry, and spectacle to explore masculinity, 8-9:30 p.m. Williamston Theatre, 122 S Putnam St., Williamston. 517-655-7469. [williamstontheatre.org](http://williamstontheatre.org).

# New superfood and coffee café balances health and flavor

By SARAH SPOHN

Jessica Wheeler, a San Diego native, grew up playing sports before being recruited to play field hockey for Michigan State University.

After graduating, she moved to Las Vegas with her college sweetheart, Gray Maynard. During the pandemic, the husband-and-wife duo moved back to be closer to their family in Michigan. With them, they brought their goal of opening a business to help people.

## Blend

922 Elmwood Road,  
Lansing  
Tuesday-Friday:  
7 a.m.-3 p.m.,  
Saturday-Sunday:  
9 a.m.-5 p.m.  
702-622-2059

The result of that dream is Blend, a 500-square-foot location that shares space with her husband's business, Primed Combat. The inviting spot is bright, open and adorned with locally crafted bar tables. Wheeler, 42, said the drink bar's mission is to create and prepare healthy, nutrient-dense whole

foods that taste delicious.

"Gray wanted to open a combat gym for the same purpose — to provide education and awareness of movement and the impacts for overall health and wellness," Wheeler recalled. "We happened to find a space with a gym and a drink bar already built out. It was divine timing to make it all come together."

Wheeler, a former clinical nutritionist, said she understands the frustration often associated with nutrition, but she enjoys helping folks find their paths.

"Nutrition can mean a million different things, depending on the person," she said. "But I think we can agree that nutrition should be one of our top priorities. It can be as simple as being aware of how certain foods and drinks make you feel."

The drink menu at Blend uses clean, beneficial ingredients. In addition to its roster of superfood bowls, smoothies, coffee, steamers and sparkling beverages, the shop carries supplements and wellness products.

"Our freshly blended smoothies and acai bowls packed with whole ingredients are the real superfoods,"

Wheeler said. "The quality supplements we sell are just an added bonus."

For the caffeine crowd, Blend pours coffee and espresso drinks using beans from a sustainable and responsible company.

"My organic drip coffee is conscientiously roasted for better absorption and is heavily tested for pesticides and mycotoxins," she said. "We also offer superfood steamers, which are organic blends

of different plants, herbs, mushrooms and teas steamed with milk of your choice with a bit of honey to sweeten.

"Sounds wild, but the reishi cacao steamer is delicious," Wheeler added.

And the wild names don't stop there, like the adaptogen-infused sparklers that use lemon juice, ginger juice and a sparkling adaptogen tonic infused with magnesium, lemon balm, American ginseng and more.

Already, there's a customer favorite, the Blue Majik Bowl — a coconut base acai bowl with mango, pineapple and blue spirulina. It's topped with granola, strawberries, banana and honey.

Wheeler said one of the unique things about the business is one thing you won't find in their items. "I can say in confidence that there is nothing on our shelves that we don't trust to have the cleanest list of ingredients," she said. "No sketchy chemicals, no copious amounts of refined sugar. There's nothing we don't feel confident about putting into our bodies."



Courtesy photo

Jessica Wheeler opened Blend, a superfood cafe located at 922 Elmwood Road in Lansing, on Oct. 18. The business serves freshly blended smoothies and acai bowls packed with healthy ingredients.

## Events

from page 28

**Michigan State Spartans Hockey vs. Wisconsin Badgers Hockey** - Munn Ice Arena, East Lansing.

**Michigan State Spartans Women's Volleyball vs. Purdue Boilermakers Women's Volleyball** - Jack Breslin Arena, One Birch Rd, East Lansing.

**New Art Exhibit Showcases Powerful Array of Artistic Techniques and Images** - "Dreaming Between the Lines" — a new exhibit by Williamston-based artist Bobbi Kilty, is now on display at The Peoples Church of East Lansing. 10 a.m.-4 p.m., 200 W. Grand River Ave., East Lansing. 517-332-5073. thepeopleschurch.com.

**The Pickle Mafia** - Doors at 5 p.m., music at 7 p.m. 7-10 p.m. UrbanBeat, 1213 Turner St. Old Town, Lansing. urbanbeatevents.com.

**Storytime at Rayner Park** - Join us on the first Friday of each month to enjoy songs, rhymes, and stories with Miss Lindsay from CADL Mason Library 6 and younger. 10:30-11 a.m. Rayner Park, 738 E. Ash St., Mason. business.masonchamber.org.

**TGIF dinner & dance** - Hawk Hollow. Everyone welcome. Single, Couples, Partners, Young, and Old. 7-11:59 p.m. 15101 Chandler Rd. Bath, MI 48808, Bath. 734-604-5095. tgifdance.com.

**Zaha Hadid Design: Untold** - Zaha Hadid Design: Untold "I think there should

be no end to experimentation." —Zaha Hadid (1950–2016) 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E Circle Dr., East Lansing. bRd.museum.msu.edu.

## Nov. 5

**14th Annual Christmas Bazaar at Cristo Rey Church** - The 14th Annual Christmas Bazaar sponsored by Cristo Rey Church is better than ever this year. 9 a.m.-4 p.m. Cristo Rey Church, 201 W. Miller Rd., Lansing.

**25th EAST LANSING FILM FESTIVAL** - Showing exclusively wonderful, interesting, provocative films at the beautiful theater, 1:30-11 p.m. STUDIO C, 1999 CENTRAL PARK DRIVE, Okemos. 517-381-8100. ELFF.COM.

**Alternative Holiday Gift Fair & Bake Sale** - Fair Trade jewelry, scarves, fabric items and other crafts made by survivors of trafficking and abuse, and third world artisans struggling to support 10 a.m.-2 p.m. Grace United Methodist Church, 1900 Boston Blvd., Lansing. 517-482-5750.

**Athenian Bake Sale** - Sponsored by the Ladies of the Philoptochos Society 10 a.m.-4 p.m. Holy Trinity Greek Orthodox Church, 1701 E. Saginaw, Lansing.

**Contra and Square Dance** - Vaccination cards and masks are required for Fall dances. 7-10 p.m. Central United Methodist Church, 215 N. Capitol Avenue, Lansing. tenpoundfiddle.org.

**Dine in or carry out sauerkraut dinner and dance.** - 5-10 p.m. Lansing Liederkrantz Club, 5828 S. Pennsylvania St., Lansing.

**Family Day: Celebrate the MSU Broad (We're 10.)** - First Saturday means Family Day at the MSU Broad Art Museum, and this month we are celebrating our 10th birthday. 11 a.m.-3 p.m. Eli and Edythe Broad Art Museum, 547 E Circle Dr, East Lansing. 517-884-4800. bRd.museum.msu.edu.

**Fireside Chat** - Nature at Night - Join the Harris Nature Center naturalists around the campfire for a fireside chat, s'mores and a guided walk. This month's topic: Nature at Night. 7-8 p.m., 3998 Van Atta Rd., Okemos. 517-349-3866.

**"I Can Do That.", starring Thomas Ruhala.** 7 p.m. Ruhala Holistic Arts Center, 1846 Haslett Rd, East Lansing. 517-337-0464. ruhalacenter.com.

**Kids Watercolor with Michelle Detering** - Nature-inspired watercolor and mixed media artist from Michigan. 10 a.m.-12 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square #100, Lansing. 517-574-4521.

**The Magnolia Ballet Part 1** - Terry Guest is a Southern Gothic fable that melds high drama, dance, poetry, and spectacle to explore masculinity, 3-4:30 p.m. & 8-9:30 p.m. Williamston Theatre, 122 S Putnam St., Williamston. 517-655-7469. williamstontheatre.org.

See Events, Page 31

**Sunburst**  
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# Live & Local CityPULSE

## The Exchange

314 E. Michigan Ave., Lansing

Darin Lerner

Fri., Nov. 4, 9:30 p.m.

## The Knock Offs

Sat., Nov. 5, 9:30 p.m.

## The Green Door

2005 E. Michigan, Lansing

Soulstice

Fri., Nov. 4, 8:30 p.m.

## The Corzo Effect

Sat., Nov. 5, 8:30 p.m.

## Lansing Brewing Co.

518 E. Shiawassee, Lansing

Universe Variety Band

Fri., Nov. 4, 7-10 p.m.

## Robin Theatre

1105 S. Washington, Lansing

The Mike Geeter & Friends Comedy Show

Thurs., Nov. 3, 8 p.m.

## The Avenue

2021 E Michigan Ave, Lansing

Trivia Thursday

Thur., Nov. 3, Sign-up 8:30 p.m.

## The Tagalongs

Fri., Nov. 4, 9 p.m.

## Cavalcade

Sat., Nov. 5, 9 p.m.

## Urban Beat

1213 Turner, Lansing

The Pickle Mafia

Fri., Nov. 4, 7 – 10 p.m.

## Time2Play

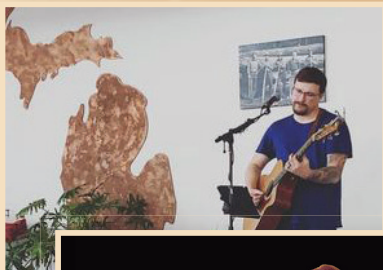
Sat., Nov. 5, 5 p.m.

## The Peanut Barrel

521 E. Grand River Ave., East Lansing

Deacon Earl

Fri., Nov. 4, 8 p.m.

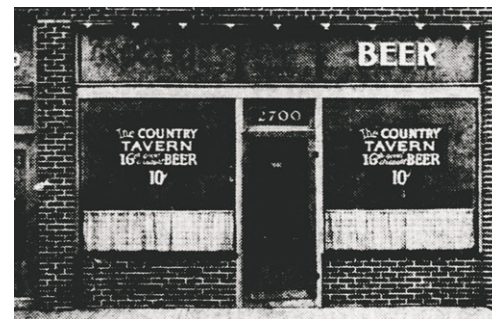


# TURN IT DOWN!

Loud dispatches from Lansing's music scene

BY RICH TUPICA

## LOOKING BACK AT THE REAL 'MAC'



Courtesy photo

Courtesy photo

Clare D. McKenzie, aka "Mac." The original owner of Mac's Bar.

Before Mac's Bar, 2700 E. Michigan Ave. was The Country Tavern, shown here in 1935.

### The man behind Mac's Bar

With this week's cover story covering the reopening of the remodeled Mac's Bar, what better time to dig into the back story of the notorious location at 2700 E. Michigan Ave., Lansing?

Mac's Bar has been rooted in the east side's nightlife legacy for decades. And while its current owner, Chuck Mannino, has maintained the venue's punk-rock edge over the last 15-plus years with countless rock shows, the club's gritty roots go back to its original owner, the late Clare "Mac" McKenzie.



McKenzie

Originally opened as The Country Tavern, the building was initially owned by Mike and Jane Fabiano — the married couple, then newlyweds, opened up shop in 1936. The family (later known for Fabiano's Candies) and the Country Tavern management team first got into the beer business after the abolishment of prohibition. The saloon served up its bestsellers on tap: Schlitz, Eckert, Beck and Old Brew. Of course, it stocked plenty of bottled brews, as well.

Though after McKenzie bought the brick structure, he rebranded it after his nickname: "Mac." The name stuck. Decades later, it's still an institution.

But who was "Mac"? A trail of old news articles, print ads and police reports left behind tell some of his stories. McKenzie was a Grand Rapids native who moved to Lansing in the early 1930s. During the height of World War II, he managed local supply stores for the Nash-Kelvinator plant, which (during the war) produced aeronautic parts for the Arsenal of Democracy.

Though the entrepreneur inside called, and he opened The Rock Barbecue at 3100 S. Cedar. The hotspot was best known for its tasty "country style" chicken and celebrated ribs. All the

while, he started a family with his wife, Margaret. The couple had one son, Hugh. When McKenzie wasn't busy placing beer orders or raising his son, he was also an active member of Masonic groups, was the Ingham County Table Top director, and participated in outfits, such as the Knights of Templar. In 1941, he even ran as an independent candidate on the Republican ticket for the Lansing Township Clerk. He was a well-known local mover and a shaker.

After purchasing 2700 E. Michigan Ave. in the early-1940s, McKenzie made numerous Lansing State Journal headlines for Mac's ongoing "selling liquor to minors" troubles with the Liquor Control Commission. Most often, these often resulted in \$150 fines. Other press noted a long history of patron debauchery at the property, such as brawls, robberies and assorted petty crimes. In 1960, a 25-year-old was jailed following a fight. The cause? A drunken college student was refused a drink because it was 2 a.m. In protest, the man climbed on the bar and set the clock back to 1:58. A fight with another patron ensued. Police were called, and suspects were booked.

After around 20 years of operating Mac's Bar, at age 61, Clare D. McKenzie died March 27, 1962, after a Leukemia battle he'd fought since 1957. He died in Florida, where he and his wife had spent winters since 1961. Here in Greater Lansing, the McKenzies last lived on Van Atta Road, but they'd head south to Pompano Beach, Florida, to escape the cold. In December 1961, the Red Cross hosted a special blood drive for McKenzie, who underwent frequent blood transfusions during his final months. He was buried at Evergreen Cemetery. It's only right that *thee* "Mac" is laid to rest here in Lansing, where his namesake lives on.



# Events

from page 29

**Michigan State Spartans Hockey vs. Wisconsin Badgers Hockey** - Munn Ice Arena, East Lansing.

**Michigan State Spartans Women's Volleyball vs. Ohio State Buckeyes Women's Volleyball** - Jack Breslin Arena, One Birch Rd, East Lansing.

**"Dreaming Between the Lines"** - Williamston-based artist Bobbi Kilty, is now on display at The Peoples Church of East Lansing. 10 a.m.-4 p.m., 200 W. Grand River Ave., East Lansing. 517-332-5073. thepeopleschurch.com.

**Past, Present, and Future** - 7:30 p.m. Wharton Center for Performing Arts, 750 E Shaw Ln., East Lansing. 517-353-1982. lansingsymphony.org.

**Samhain Ritual** - This ritual will be at the church store. Zoom call will be open for entire time. 4-9 p.m. Weavers of the Web, ATC, 809 Center St., #7A, Lansing. 517-657-5800. weaversoftheweb.org.

**Seed Sorting Shindig** - Adult programming - sorting seeds into envelopes for the Charlotte Community Seed Share and the Seed Library. 12-3 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. charlottelibrary.org.

**Zaha Hadid Design: Untold.** 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E Circle Dr., East Lansing. bRd. museum.msu.edu.

## Nov. 6

**25th EAST LANSING FILM FESTIVAL** - Showing exclusively wonderful, interesting, provocative films at the beautiful theater. 1:30-11 p.m. Studio C, 1999 CENTRAL PARK DRIVE, Okemos. 517-381-8100. ELFF.COM.

**The Magnolia Ballet Pt. 1** - Terry Guest is a Southern Gothic fable that melds high drama, dance, poetry, and spectacle to explore 2-3:30 p.m. Williamston Theatre, 122 S Putnam St., Williamston. 517-655-7469. williamstontheatre.org.

**"Dreaming Between the Lines"** Williamston-based artist Bobbi Kilty, now on display at The Peoples Church of East Lansing. 10 a.m.-4 p.m., 200 W. Grand River Ave., East Lansing. 517-332-5073. thepeopleschurch.com.

**Prayer Powered Mastermind** - Sundays at 9:30 am, Sunday Adult Learning Time or what we call SALT. We are offering our new monthly Mastermind Groups. Unity Spiritual Center of Lansing, 2395 Washington Rd., Lansing. 517-371-3010. unitylansing.org.

**Spartan Spectacular** - Offers an exciting musical experience for the entire family. 3 p.m. Wharton Center for Performing Arts, 750 E Shaw Ln, East Lansing. 517-353-1982. whartoncenter.venue.net.

**Spartan Wellness** - Stress less at the MSU Broad Art Museum with this monthly making series. Who supports you? 2-4 p.m. Eli and Edythe Broad Art Museum, 547 E Circle Dr, East Lansing. 517-884-4800. bRd.museum.msu.edu.

**State Singers and University Chorus** - Performances featuring

works by Undine Smith Moore, Claudio Monteverdi, Georg Friedrich Handel, Johannes Brahms, and MSU alumnus. 7 p.m. Fairchild Theatre, 542 Auditorium Rd., East Lansing. 517-355-1855.

**Tai Qi Class** - Join us at 2pm every Sunday for a Tai Qi workshop led by Dr. Steven Collins. 2-2:45 p.m. Keys to Manifestation, 809 Center St., #7A, Lansing. 517-974-5540. manifestlansing.com.

**Woldumar Trails 5k** - Runners, walkers, and nature enthusiasts. You are invited to enjoy the beauty of fall on the trails at Woldumar Nature Center. 9:30 a.m., 5739 Old Lansing Rd, Lansing. 517-322-0030. runsignup.com.

**Zaha Hadid Design: Untold.** 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E Circle Dr., East Lansing. bRd. museum.msu.edu.

## Nov. 7

**25th East Lansing Film Festival** - Showing exclusively wonderful, interesting, provocative films at the beautiful theater. 3:30-11 p.m. STUDIO C, 1999 Central Park Drive, Okemos. 517-381-8100. ELFF.COM.

**50 over Fitness** - The Meridian 50 Plus Stretch and Flex Exercise group exercises at Meridian Township Central Park Pavilion (Old Farmers Market) at 9:00 a.m., 5151 Marsh Rd., Okemos. 517-853-4600. meridian50plus.com.

**Brian KM Live.** - Part of the College of Music Artist-Faculty & Guest Recital Series sponsored by WKAR. Experience a multi-sensory solo performance with electronics. 7:30 p.m. Cook Recital Hall, 333 W. Circle Dr., East Lansing. 517-353-5340.

**Fiber Circle at Charlotte Community Library** - Meets weekly at 6 p.m. as a social gathering for knitters, crocheters, and stitchers of all 6-7 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. charlottelibrary.org.

**Meaningful Mondays** - at 8 ET, we gather to nourish our spiritual selves as we send out love and prayers to the world. 8-9 p.m. Self-Realization Centre, Michigan, 7187 Drumheller Rd., Bath.

**Mighty Wurlitzer Concert Series: Phantom of the Opera** - At 7 pm will kick off the 2022 Mighty Wurlitzer Theater Organ Concert Series by welcoming Scott Smith, Lansing, organist. grpm.org.

**"Mirari, the Way of the Marys", with Lucille Olson** - Group discussion of the ideas of the book. 1:30 p.m. Unity Spiritual Center of Lansing, 2395 Washington Rd., Lansing. 517-371-3010. unitylansing.org.

**"Dreaming Between the Lines"** - Williamston-based artist Bobbi Kilty, now on display at The Peoples Church of East Lansing. 10 a.m.-4 p.m., 200 W. Grand River Ave., East Lansing. 517-332-5073. thepeopleschurch.com.

**Winter Wildlife Holiday Tree Craft** - Learn about winter wildlife from Eaton County Parks Naturalist Jackie Blanc, then craft feeders & more for your outdoor Holiday Wildlife tree. 6-7:30 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014.

## Nov. 8

**25th East Lansing Film Festival** - Showing exclusively wonderful, interesting, provocative films at the beautiful theater. 3:30-11 p.m. Studio C, 1999 CENTRAL PARK DRIVE, Okemos. 517-381-8100. ELFF.COM.

**Board Game Meet Up** - Board Game Meet Up for ages 18 & up. Everyone welcome. Every Tuesday at Spare Time Bowling Alley, 6:30 - 10:30 p.m. 6:30-8:30 p.m. Spare Time Bowling Alley, 3101 E. Grand River, Lansing.

**Career Night Open House** - Are you a motivated, self-starter considering a rewarding career in real estate or are you a top producer looking for a kick-start? 5-7 p.m. 1427 W. Saginaw St. #110, East Lansing.

**Cut the Cord Presentation** - Come and learn what it means to cut the cord, and whether getting rid of your Cable TV or Satellite subscription is the right move for you. 4-5 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. eradl.org.

**Free Tutoring for Youth 12-18** - Ever After Opportunities is a local on-Profit Organization that is hosted in the Lansing Mall. 5:30-7:30 p.m. 5330 W. Saginaw, Lansing. 517-885-5646. everafteropportunities.org.

**Minecraft Mania.** - Our Minecraft server and the laptops are ready to go-- All skill levels are welcome. 6-8 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014.

**"Dreaming Between the Lines"** - Williamston-based artist Bobbi Kilty, now on display at The Peoples Church of East Lansing. 10 a.m.-4 p.m., 200 W. Grand River Ave., East Lansing. 517-332-5073. thepeopleschurch.com.

**On the Same Page Book Club** - A book club for students in grades 7 - 12. 6-7 p.m. Charlotte Community Library, 226 South Bostwick St, Charlotte. charlottelibrary.org.

**Parent Happy Hour** - Storytime for kids and wine flight specials for parents. 5-7 p.m. Hooked, 3142 E. Michigan Ave., Lansing. 517-721-1330.

**Preschool Family Storytime** - Preschool Story Time for ages under 6, younger siblings, parents or caregivers. 11-11:30 a.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. viethconsulting.com.

**Story Hour at Charlotte**

**Community Library** - A preschool-age story time for kids ready to practice independence. 10-11 a.m. Charlotte Community Library, 226 S. Bostwick St, Charlotte. charlottelibrary.org.

## Nov. 9

**25th East Lansing Film Festival** - Showing exclusively wonderful, interesting, provocative films at the beautiful theater. 3:30-11 p.m. STUDIO C, 1999 CENTRAL PARK DRIVE, Okemos. 517-381-8100. ELFF.COM.

**50 over Fitness** - The Meridian 50 Plus Stretch and Flex Exercise group exercises at Meridian Township Central Park Pavilion (Old Farmers Market) at 9:00 a.m., 5151 Marsh Rd., Okemos. 517-853-4600. meridian50plus.com.

**Anna Tivel & Christopher Porterfield** - 8 p.m. The Robin Theatre, 1105 S Washington Ave, Lansing. bandsintown.com.

**Beginning Ukulele for the Family** - Share the "aloha spirit" in this five-week series of classes, taught by Michigan's Ukulele Ambassador Ben Hassenger. 6-7 p.m. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014.

**Galen Clark** - 8 p.m. The Robin Theatre, 1105 S. Washington Ave, Lansing. bandsintown.com.

**Meditation in the Thich Nhat Hanh tradition** - All are welcome to join our weekly practice. 7-9 p.m. Van Hanh Temple, 3015 S. MLK Jr Blvd., Lansing. lamc.info.

**"Dreaming Between the Lines"** - Williamston-based artist Bobbi Kilty, now on display at The Peoples Church of East Lansing. 10 a.m.-4 p.m., 200 W. Grand River Ave., East Lansing. 517-332-5073. thepeopleschurch.com.

**Read Across Time Book Group** - We're reading 100 years of popular books - one book per decade. All Book Group meetings are held at Mark's Place at 11 am. Mark's Place, 238 S Main St., Eaton Rapids. eradl.org.

**Wings of Fire Book Club** - Participate in a dragon-themed activity each month. The Wings of Fire book series is available at the library, on Libby and Hoopla. 5-6 p.m. Eaton Rapids Area District Library, 220 South Main St., Eaton Rapids. eradl.org.

**Zaha Hadid Design: Untold.** 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E Circle Dr., East Lansing. bRd. museum.msu.edu.

## CROSSWORD SOLUTION

From Pg. 27

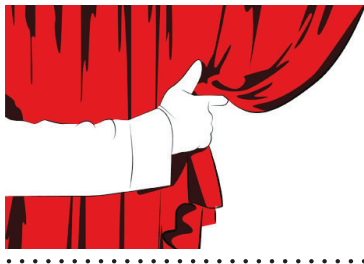
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## SUDOKU SOLUTION

From Pg. 27

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## BEHIND THE CURTAIN



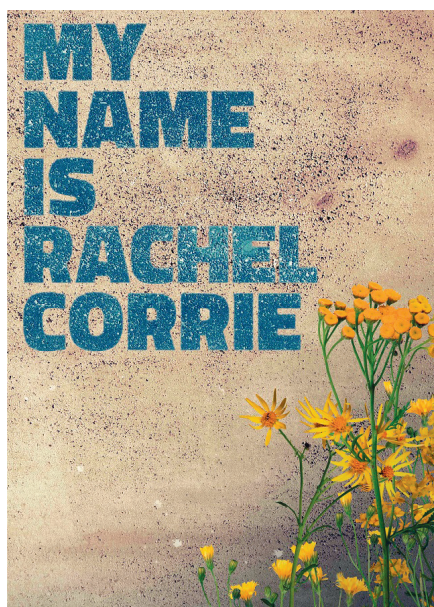
By **TODD HEYWOOD**

It seems one of the entrenched unsolvable crises of the world remains in the areas where Palestinians live.

The areas, including the occupied territories, are consistently caught in the literal crossfire of war between Palestinian extremists and the Israeli government. Each side has talking heads to explain their actions against the other, but we rarely see or hear about the average people caught between the bombs and missiles.

That's why plays like "My Name is Rachel Corrie" are important tools in creating dialog. It's a play that explores American Rachel Corrie's journey from an idealistic social justice advocate to her untimely 2003 death after a bulldozer ran her over in Gaza.

Corrie's story is that of a young woman raised by parents she describes in her writings as "average Americans — politically liberal, economically conservative, middle class." For added context, her father is an executive in the insurance industry. Corrie had gone to Gaza as part of her senior study project for Evergreen State College. She planned to establish a sister city relationship between Olympia, Washington and the city of Rafah. She'd already started a pen pal program with youth in both cities. Before leaving the U.S., she joined the group International Solidarity Movement.



# An invitation to dialogue

## Peppermint Creek hosts conversations on the controversial play 'My Name Is Rachel Corrie'



Courtesy photo

Rachel Corrie is the topic of conversation in Peppermint Creek book club conversations. It's not your typical theater experience.

It was with them that she attempted to stop the 2003 bulldozing of homes in Rafah but was run over by a bulldozer driven by an Israeli soldier. The Israeli Defense Force argued that the demotion of housing along the border with Gaza was a security move meant to destroy tunnels allegedly being used to transport weapons into Israel. Human rights activists have called those demolitions retaliation for Palestinian attacks on Israel.

An IDF investigation into Corrie's death found that the bulldozer's driver was not culpable for her death because he could not see her. Corrie's parents sued the Israeli government claiming Corrie was deliberately run over or, at the least, her death resulted from negligence. All levels of the Israeli courts dismissed that case.

Full disclosure: I directed a production of this play in 2007 to benefit the Greater Lansing Peace Team, now Meta Peace. It is part of the reason I was curious about Peppermint Creek

Theater Company's plans to host book clubs in three local library branches.

In short, it won't be a traditional piece of theater. Instead, in the book club tradition, the expectation

is that those who come will have already seen the play or have some basic knowledge of the story. The production, first produced in London, consists of emails, journal entries and other writings of Rachel Corrie, edited together by the late Alan Rickman and Katherine Viner, now the editor-in-chief of The Guardian. Some U.S. productions have been met with controversy, protests and shutdowns.

"I have actors ready to perform certain scenes," said Matt Eldred, who conceived this book club event. "Those scenes will happen in conjunction with where the audience takes us in the dialog."

Eldred said he's compiled an outline on where a conversation about the play may go, but he's also prepared to follow the audience's lead,

particularly with the issue of antisemitism leading headlines in the last week. The headlines resulted from antisemitic comments by Kayne West, who lost endorsements and other income in the backlash.

Eldred said that the play, taken from Corrie's actual journals and diaries, is sympathetic to Palestinians. It's really an opportunity to discuss world issues and the U.S. Policies that contribute to them.

"There's a difference between being antisemitic and being anti-Israeli policies, supported by the U.S.," he said.

Lansing Community College adjunct professor Benjamin Garrett will help sort through the complicated emotional basis of standing up for human rights and supporting Israel and the Jewish community. Garrett is a writing instructor, Jewish and actively engaged in global human rights work.



Courtesy photo

A young Rachel Corrie.

Eldred said this particular book club-style presentation was initially designed to discuss the difficulties and power of producing a one-person show. It provides unique challenges for the actor and the production team. Much consideration has to go into who is cast. In this case, it also requires in-depth conversations about the play and Rachel Corrie to find the person behind the diary and journal entries.

Corrie's story is much more about her "journey" to activism than just those last moments when a bulldozer ended her life.

"I am hoping to expose (the audience) to someone who grew up as they did, but somebody who chose a different path. And maybe get them to think as a United States citizen what can I do to be engaged in these policies a world away," Eldred said. "Rachel Corrie is a great way to start that conversation."

### "My Name is Rachel Corrie" events:

Peppermint Creek Theater Company Book Club will meet to discuss "My Name Is Rachel Corrie" at the Fowlerville Public Library, 130 S. Grand Ave. Fowlerville, on Nov. 8. The club also meets on Nov. 9 at the East Lansing Public Library, 950 Abbot Rd. East Lansing and Nov. 10 at the downtown branch of the Capital Area District Library, 401 S. Capitol Ave. Lansing. All meetings are at 6:30 p.m., and are free to attend.

### Other upcoming theater events:

"For the Love of" Nov. 11–Nov. 20. Michigan State University Theater Program. Arena Theater, Michigan State University Campus. More information: [whartoncenter.com](http://whartoncenter.com)

"Everybody" Nov. 16–Nov. 20. Lansing Community College Theater Program. Black Box Theater, Gannon Building, Lansing Community College Downtown Campus. More information: [lcc.edu/calendar](http://lcc.edu/calendar)

"A Very Williamston Christmas" Nov. 23–Dec. 23. Performed at the Williamston Theater, 122 S. Putnam St., Williamston. More information: [williamstontheatre.org](http://williamstontheatre.org)



# Toum time

## Exploring 'the fragrant lily'



By **ARI LEVAUX**

The recipe for toum contains only garlic, salt, lemon juice and olive oil. It's as thick and creamy as mayo and improves everything it touches. But before it's time for toum, we have to discuss the initial task: It's time to plant the garlic.

Autumn is not the usual time for planting, but garlic is the exception. As the frost prepares to blanket the garden, garlic growers of the north are tucking in their cloves beneath layers of insulating mulch.

Garlic is also exceptional because it's one of the few garden crops that doesn't begin as a seed. You plant actual garlic, the same garlic that you could just as easily slice into a pan. But that doesn't mean we simply bring home garlic from the supermarket and push it into the ground.

Commercial garlic may carry diseases that could infect your garden. It could be beaten up and bruised, making it more susceptible to rotting in the ground. Unless you do your gardening in California or China, the garlic at your local store won't be local to your region. You want garlic that can make itself at home where you plant it.

So, buying it locally from your farmers market or a farmstand in your area is better. Look for garlic you like, as it will closely resemble the next generation. You can ask the grower questions like: is it a hardneck or softneck? Hardneck garlic will sprout the edible scapes everyone loves in the late spring. Softnecks store much better and often have more intense heat. Whatever garlic you like at the farmers market is bound to grow at home. If all goes well, you won't need to buy more next year.

I use a hardneck variety called Ro-

manian red. The cloves are always big, so it's easy to peel and tastes fantastic. Some call it the stinking rose, but I prefer fragrant lily. Garlic is a member of the lily family, after all. As for stinking, I would say it smells provocatively pungent. When you cut and cook garlic, the fragrance lights up the room and makes everyone hungry.

The absolute deadline for garlic planting is when the ground freezes, after which the soil can no longer be worked. But it's better to get it in a few weeks before that point so the clove can send roots into the damp fall earth. Ideally, we would dig the earth weeks before planting on a sunny fall day.

Break the bulbs into cloves, and plant them 4-8 inches apart with the flat, scabby side facing down. I have a garlic planting tool that you push into the ground, making the perfect-sized hole for dropping a clove into. You can also dig a little trench and plant the cloves into that.

Don't cover anything until all the cloves are planted, or you might lose sight of where they are. When all the cloves are in, gently rake the dirt, then cover everything with a thick blanket of leaves, straw or mulch. In early spring, peel back some of the mulch and look for green shoots. When you find them, pull back the mulch as necessary to allow them to grow. In the meantime, here is a recipe to help us enjoy what we sow.

### Toum

This Lebanese spread is a stunning and simple way to enjoy fresh garlic and will find many ways into your mouth. On bread, atop the feast, or as an ingredient in marinade, dressing or sauce. You will need a blender, a food processor, a large mortar and pestle — and lots of elbow grease.



Garlic cloves ready to plant.

Photo by Ari LeVaux



Egg-free aioli

Courtesy of Charles Haynes

### Ingredients

- 1 cup of freshly peeled garlic with the scabs at the bottom trimmed off.
- 2 teaspoons salt
- 1/2 cup of freshly squeezed lemon juice
- 4 cups olive oil

Make sure all utensils and ingredients are dry.

Add the salt and garlic to a dry food processor and pulse four times, about five seconds per pulse. Scrape down the garlic with a spatula. Re-run the food processor until it's all stuck on the side, and scrape it down one last time.

Now, turn the processor to "on" and leave it there.

Add a half cup of oil slowly in a thin stream. Then add two teaspoons of lemon juice and another half cup of olive oil (slowly) and also in a thin stream. Then two more teaspoons of lemon juice, another half-cup of oil, another two teaspoons of lemon juice, and so on. Continue this cycle until the oil and lemon juice are done, speeding up incrementally with each pour of oil.

The toum will get progressively fluffier until the processor is nearly full of this fabulous substance. And by this point, it will be a bit warm.

Transfer the product to a container and let it cool in the fridge, uncovered or covered with a paper towel (to avoid condensation dripping down into the toum, which would cause it to separate). After it's cool, cover it, and let it sit overnight before using. It will last a month or longer in the fridge. Or it would if it weren't so habit-forming.



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# People's Kitchen serves a delicious, fresh take on a deli classic

By LIZY FERGUSON

I am not typically a breakfast person. I eat a hardboiled egg most mornings to better metabolize my supplements and caffeine, and then I tend not to think about food for many hours. Some days, however, I awake with a furious hunger that must be sated, preferably by extremely tasty means. Where to go, though?

Being a non-habitual breakfast eater, I am always drawn to places with unconventional a.m. options. Some quick Googling revealed that the quirky east side favorite The People's Kitchen now offers breakfast Wednesday through Friday (9 a.m.- 3 p.m.). I'd been operating under the misapprehension that they only served brunch Saturday and Sunday. So, naturally, I was obligated to deepen my understanding of the situation.

People's Kitchen has a notably lovely dining room and offers a vari-

ety of classics and comfort foods with a twist. The breakfast options range from the tried-and-true trinity of eggs, meat and potatoes to a cheesy penne and spicy sausage pasta. The Smoked Salmon Tart made my choice easy, with its mentions of cream cheese and "everything" dressing alluding to one of my all-time favorite noshes: a bagel with lox.

The dish is best described as a deconstructed take on the aforementioned New York deli classic. A generous serving of tender, subtly smoky salmon sits atop a perfect circle of herb cream cheese and crushed pine nuts. Beneath that, you'll find spring greens, pickled red onions and a vinaigrette with garlic, onion, poppy and sesame seeds. It has it all. Served alongside are toasted pieces of sourdough for build-a-biting your own little canapes — the task I was born to do.

The menu's description mentioned peppa-



Photo by Lizy Ferguson

The Smoked Salmon Tart at The Peoples Kitchen.

dews (small, pickled peppers), which I was sad to see missing from my plate, but the trendy-for-good-reason pickled red onions saved the day, adding a lovely zing to each bite. The greens were fresh (which should be a given but sadly isn't always) and lent a light, bright counterpart to the rich salmon and cheese.

Not pictured is the side of Crispy Yukons, which I couldn't help adding because potatoes are my favorite element on the breakfast periodic table. These were magnificent. Whole Yukon Gold

potatoes coated in salt crystals. Their creamy interior bursts through the truly crispy cracks created in the smashing and frying process. I ate them with my hands, dipping them in ketchup.

Because I'd already had my full-strength coffee at home, I enjoyed a cup of freshly brewed, perfect Craft & Mason decaf with my meal and thought, in a "Sliding Doors" or butterfly effect way, how different life might be as a breakfast-eater. I took a nap about an hour later.



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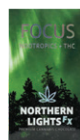
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